THE MGH HOT LINE

January 2, 1986

News Office, Bulfinch 1, Ext. 2206

## The Executive Registry

The MGH has recently teamed up with Baylor University Medical Center (Dallas), Cedars Sinai Medical Center (L.A.), Hospital of the University of Pennsylvania (Philadelphia), Northwestern Memorial Hospital (Chicago), and New York Hospital (N.Y.) to become the charter members of a new national health care network--the Executive Registry.

The Executive Registry program is a service which can be purchased by local area companies for executives and employees who travel frequently. Participating corporations select employees they wish to designate as members. The service will assist members who are traveling and need medical care or referrals to make the appropriate contacts at one of the Executive Registry hospitals or a program affiliate throughout the country. At home, the Executive Registry program will also help members coordinate routine health care services and billing questions.

The program began operation on January 1. For more information, please contact Melissa Lowry at Ext. 6970.

## *And the Winners Are...*

The MGH winners in the Patriot Tickets promotion in the vending area on Baker 1 were:

Mary Pat Fellenez--Radiation Department

John Martin--Environmental Services

Anita Wakins--Pathology Department

Also, the prize winners in the MGH Walk for Health were:

First Prize ($500)--Maureen Slater, Nursing

Second Prize (Weekend at Parker House)--Kathleen Domaszewicz, Administration

Third Prize (Dinner for two)--Katie Devlin, Medical Records

Fourth Prize (athletic shoes)--Lisa Melanson, Radiation Therapy, and Karen Nickerson, Resources and Development

## Dedication on Jan. 30

The date and time have now been set for the dedication ceremony in Chelsea honoring the late Eleanor Clark. It will be held on Thursday, January 30, at 4:00 p.m. at the MGH's Chelsea Memorial Health Center. At that time, the former Remick House will officially be renamed for the late Social Service Director. All are invited.

## Watch the Tennis Stars

See Martina Navratalova, Hana Mandlikova, Pam Shriver, Carling Basset and many other of the world's top tennis stars compete for $250,000 in New England's most exciting tournament. Matches will be held at the Centrum in Worcester. All seats are reserved. For dates and times, please check the bulletin board in Personnel Records (Bulfinch 2) or call 325-8554.

## Volunteers Needed For Study

Investigators in the Department of Dermatology are looking for volunteers with moderate to severe rosacea to participate in a study to test a new topical antibiotic formulation which they believe may be effective against this condition. Rosacea is characterized by flushing redness around the cheeks, nose, and forehead and accompanied by bumpy pimples, pustules, and small red blood vessels. The condition has no known cure. The MGH study will consist of a 12-week course, requiring outpatient hospital visits at 3-week intervals. If you have been diagnosed as having rosacea or suspect you may have it, you may call for an evaluation. Anyone interested in participating in the study or desiring more information, should call Ext. 6988.

## Dance Your Way to Fitness

DanceFit, a fitness and dance studio operated by Mary McGuire, a registered nurse on Baker 8, is offering a 15% discount to all MGH employees. This discount applies to all single classes and three-month memberships. Presentation of your MGH picture ID is required. A full schedule of day and evening classes will begin on January 13. The studio is across from Charles River Plaza at 214 Cambridge Street. For more information, please call 523-5334.

## Around MGH

Two MGH employees won red ribbons at this year's Topsfield Fair. Jackie Littlewood from Pathology earned a premium award for second place in the house plant division, and Donna Marie Weber from Chemistry won second place in the vegetable division for her tomatoes. Also participating at the Fair was Mary Stobbs of Chemistry, who played the french horn with the concert band.

Dr. William C. Wood, Director of the MGH Cancer Center, recently participated in the National Institutes of Health Consensus Development Conference on Adjuvant Chemotherapy for Breast Cancer.

A series of continuing medical education programs from the MGH are among those being field tested by 100 physicians and hospitals in Japan. This is part of a computerized telecommunications service of the American Medical Association and the GTE Telenet Medical Information Network.

## NAMES in the NEWS

Dr. Paul S. Russell, Chief of Transplantation, was interviewed live recently at the MGH for a segment on WBZ-TV's "Live on 4." He discussed the need for donated organs.

Dr. Bertram Zarins of Sports Medicine was interviewed recently by WBZ-TV (Channel 4), WCVB-TV (Channel 5), and WNEV-TV (Channel 7) regarding a knee injury to Boston Bruins forward Charlie Simmer.

Dr. Edward W. Webster, Chief of Radiation Safety, appeared recently on the ABC-TV program "NIGHTLINE" to talk about a study of the risk to World War II servicemen exposed to radiation.

Dr. Steven L. Nickman, a child psychiatrist, recently appeared on Milton Cable Television on the subject of adoption. Dr. Nickman has also just written a book for adopted children to read. The book is made up of seven short stories along with commentary.

THE MGH HOT LINE

January 9, 1986

News Office, Bulfinch 1, Ext. 2206

## MGH Department Expands to MEEI

The MGH's Speech-Language Pathology Department is joining forces with the Massachusetts Eye and Ear Infirmary (MEEI) to establish an Outpatient Speech and Language Pathology Service at MEEI. Situated on the second floor in the ENT Clinic, this MGH service offers comprehensive diagnostic evaluations and screenings of speech, language, voice, hearing, and swallowing disorders and includes individual and group treatment programs. Lisa Newman, M.A., CCC, and Joan Kelly, M.A., CCC, of the MGH Speech-Language Pathology Department, will be staffing the new unit for both adult and pediatric patients. For more information, you may contact Julie Atwood Wheelden, Director of the MGH Department of Speech-Language Pathology, at Ext. 2763.

## OVERWEIGHT?

A pilot group is being formed to study obesity in men who are at risk for medical complications. The group would be comprised of men at least 18 years old who are between 25 percent and 75 percent overweight and who suffer from hypertension, diabetes, coronary artery disease, or some other cardiopulmonary risk factor. Behavioral weight control involves methods to alter a patient's eating and exercise habits with emphasis on relapse prevention. Treatment will be in a group format and will run for six months followed by a six-month maintenance phase. The cost for the program is $30 per session, with all sessions being held late afternoons on Wednesday. For more information, please call Dr. Marilyn Zegman at Ext. 2991.

## IN THE HOSPITAL

Northeastern University's College of Pharmacy and Allied Health Professions has established the John W. Webb Visiting Professorship of Hospital Pharmacy. This professorship, the first of its kind in the country, honors the former Director of the MGH Pharmacy, who retired in 1983. Mr. Webb also served as Director of Northeastern's graduate program in hospital pharmacy from its inception in 1964 until he retired in 1984.

Dr. Stephen M. Krane, Chief of the Arthritis Unit, is one of five researchers nationwide to have received the new Devil's Bag Research Award from the Arthritis Foundation. Dr. Krane is currently directing a study of connective tissue structure in people with certain forms of arthritis. Investigators on this project at the MGH are Drs. Andrew Marks, Lee Simon, Mary Stephenson, Ben Bronstein, and at the University of Pennsylvania, Dr. Jeanne Myers.

*(continued on page 2)*

## IN THE HOSPITAL

(continued from page 1)

A one-day symposium honoring Dr. Roger W. Jeanloz, head of the MGH Laboratory for Carbohydrate Research, was held at the Eighth International Symposium on Glycoconjugates in Houston, Texas. At the symposium, former and present members of Dr. Jeanloz's lab active in academic research in Canada, Egypt, France, Germany, Italy, Japan, the Netherlands, Pakistan, Poland, South Africa, Sweden, the United Kingdom, and the United States presented their recent work.

Dr. Bernard Kliman of the Endocrine Unit has been installed as President of the Clinical Ligand Assay Society (CLAS). The group is involved with the science of clinical diagnostic tests which use immunoassay methods. The next national meeting will be held in Boston from May 6-10.

Sally Millar, Project Coordinator of the MGH patient classification system, recently received a master's degree in business administration from the Simmons College Graduate School of Management.

## NAMES in the NEWS

Dr. James T. Kurnick of the Department of Pathology was interviewed recently by WCVB-TV (Channel 5) and WLVI-TV (Channel 56), as well as the NBC Radio network and several Boston radio stations. He talked about a new NIH cancer treatment which is similar to clinical research he and Dr. Richard L. Kradin are doing at the MGH.

Dr. Jerrold F. Rosenbaum, Chief of the Psychopharmacology Unit, was a live guest on the WBZ-TV (Channel 4) program PEOPLE ARE TALKING on the subject of anxieties.

Dr. Markus Vogt of the Infectious Disease Unit appeared live recently on the WSBK-TV (Channel 38) program JOURNAL on the subject of AIDS.

Dr. Robert L. Martuza of the Department of Neurosurgery was interviewed recently by WTTP Radio on the subject of neurofibromatosis.

Dr. John M. Conte, Clinical Fellow in the Arthritis Clinic, appeared recently on Boston Cable television talking about geriatric arthritis.

Dr. Charles E. Huggins, Director of the Blood Transfusion Service, was interviewed recently by the Canadian Broadcasting Company on the MGH's use of autologous blood (taken from a patient and returned to that same patient at the time of surgery).

Dr. G. Gregory Gallico of Plastic Surgery has appeared in a segment of "Medical Marvels," telecast on WSBK-TV (Channel 38).

Dr. Joseph B. Martin, Chief of Neurology, and Dr. James F. Gusella, also of Neurology, were interviewed recently for the CBS-TV program "West 57th Street" on the subject of Huntington's Disease.

## Beauty Tips

This is another beauty tip from the MGH Beauty Shop on Phillips 1:

How do you communicate with your hairdresser?

With pictures! Collect pictures of hairstyles from magazines, newspapers, etc. You may like the front of one and the back and sides of another. This, then, becomes your personal, customized hairstyle.

THE MGH HOT LINE

January 30, 19

News Office, Bulfinch 1, Ext. 2206

## Smoking Survey

A committee made up of a group of interested hospital physicians and employees will be conducting a survey to help define the MGH's attitudes on smoking. The survey is designed to gather information on employee smoking behavior, knowledge of the health effects of smoking, and employees' opinions and suggestions about smoking at the hospital by employees, patients, and visitors. Because the committee wants to be able to conduct a follow-up survey, employees' names or unit numbers are requested. The questionnaire is confidential, and employees are encouraged to return them even if their name or unit number is withheld. The survey will be mailed to staff and department heads for distribution to their employees. The surveys should be returned by March 1 either to the department head or to the Pulmonary Unit, Bulfinch 1. If you have any questions or are interested in being a part of the committee, please contact the Pulmonary Unit at Ext. 3734.

## Help Speed Up Service

As most employees know all too well, the elevators around the MGH are frequently slow and crowded. So for many, it is particularly disturbing to find an elevator stopped by an employee holding the door to have a conservation with someone who is not on the elevator. Time is very important to staff, patients, and visi-visitors. Out of consideration for others, please don't hold up the elevators any longer than you have to. What's more, for healthy people, climbing up one flight of stairs or down two would help reduce elevator overuse that leads to delays.

A reminder that ceremonies will be held at 4:00 p.m. today (January 30) at the Chelsea Memorial Health Center renaming the Remick House in honor of the late Eleanor Clark.

## *$$$ Well Spent*

Even though the United Way campaign officially ended in November, contributions have continued to trickle in over the last couple of months. As a result, not only has the MGH reached its goal of $100,000 but has actually exceeded it by several hundred dollars. Thank you to all who donated.

And speaking of money and thanks, several MGH departments joined forces to make the Christmas holiday a bit brighter for those children hospitalized on the Burnham floors. These employees collected money to buy gifts for the children and helped distribute these presents the week before Christmas. The departments participating in this effort were O.R. Scheduling, O.R. Statistics, O.R. Anesthesia, O.R. Nursing, the Acute Care Lab, and the Department of Surgery. The kindness demonstrated by these employees was greatly appreciated.

And the jolly sounds of "Ho!, Ho!, Ho!" were heard throughout Bulfinch 2 just before Christmas as Santa visited the offices of Human Resources. "Santa's Helpers" filled his stocking with nearly $100, all of which was sent to the Children's Service.

## Arrival of the Fittest

Join the MGH fitness instructors on Saturday, February 15 for a day of fun and goodwill as they hop, skip, and jump in Aerobathon '86! This third annual event, to benefit the American Heart Association, is the largest of its kind and will take place at the Marriott--Long Wharf in Boston. Registration information is available in the employee fitness room, Ruth Sleeper Hall. For more information, please contact Kris Nelson at Ext. 1843.

Meanwhile, exercise classes continue to be offered to employees, Monday through Friday, at noon and 5:30 p.m. A 7 a.m. class will begin soon. Information concerning the employee fitness program is available in the Office of Training and Development. Please call Linda Lass-Schuhmacher at Ext. 2230.

### Announcements

The MGH Co-Ed Volleyball League will be having a cake sale on Thursday, February 13, from 8:30 a.m. to 11:30 a.m., in the Warren Lobby.

Nisanne Lowe on the violin, accompanied by Fred Wanger on the piano, will be featured in the February 5 Chapel Concert at 2 p.m.

## "Healthy Start"

Governor Michael Dukakis paid a visit to the MGH's Chelsea Memorial Health Center recently to kick off "Healthy Start." This program provides prenatal and obstetrical services for low-income women. Joining the Governor on his visit to Chelsea were his wife Kitty, Secretary of Human Services Philip Johnston, Commissioner of Public Health Bailus Walker, and other state and local officials.

## Benefits Update

The Benefits Office is pleased to announce that, effective January 1, Union Mutual TSAs will earn 11% interest guaranteed through December 31, 1986 on all deposits made to your account since October 1, 1981. Participants will receive notice of the rate change in their next quarterly statement due out this month.

## Bereavement Group

The death of a loved one represents one of the most difficult life crises. Often people benefit from sharing and support to help them through such a painful time. In response to this need the Social Service Department is offering an eight-week bereavement group in which people can share their feelings and ways of coping. If you would like more information, please call Mrs. Elsa Ramin, LICSW, at Ext. 2623.

## IN THE HOSPITAL

Dr. W. Gerald Austen, Chief of General Surgical Services, has received an honorary degree from the University of Massachusetts Medical School.

Dr. John Rutledge, who completed his residency in Internal Medicine at the MGH, has been appointed Deputy Commissioner of Health for the State of New Jersey.

Dr. Gregory S. Thomas, a Preventive Cardiology Fellow, was recently appointed to a second four-year term of membership on the National Board of Medical Examiners.

Dr. Terry Langer, a former intern and resident at the MGH, has been apointed chief of clinical cardiology at Presbyterian-University of Pennsylvania Medical Center's Mid-Atlantic Heart and Vascular Institute.

The News and Public Affairs Office has been honored by the Association of American Medical Colleges for the hospital's annual report. The Office received the award in "recognition of achievement in medical education public affairs."

February 20, 1986

# THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

## Happy 175th Birthday, MGH!

A day of activities is being planned for Tuesday, February 25, to celebrate the 175th anniversary of the MGH's founding.

It was in 1811 that the MGH and its associate institution for the mentally ill, McLean Hospital, were chartered by the Massachusetts Legislature to serve the ailing and insane among the state's poor.

The theme of the 175th anniversary festivities is "Profiles in Patient Care, 1811-1986," with presentations being made by some of the hospital's most distinguished researchers and practitioners.

The morning and afternoon program is designed to illustrate the vast resources of the MGH, where patient care, teaching, and research augment and support one another.

The February 25 festivities officially begin with a news media event at 9 a.m. in the Ether Dome. There, MGH General Director Dr. J. Robert Buchanan and McLean Hospital General Director Dr. Francis de Marneffe will deliver brief welcoming remarks.

From 9:30 to 1, in four separate presentations, researchers from the MGH and its associate institutions will discuss their findings in connection with four medical subjects.

The morning presenters will be Dr. Robert Schooley from the MGH on AIDS research; Dr. William F. Crowley from the MGH and the Vincent Research Laboratories on infertility; Dr. John H. Growdon from the MGH and Dr. Charles Marotta from McLean Hospital on Alzheimer's disease; and Dr. Edgar Haber from the MGH on cardiology research.

The afternoon program will be held at the Shriners Burns Institute. At 2 p.m. in the Auditorium, Francis H. Burr, Esq., Chairman of the MGH Board of Trustees, will introduce public officials from state and local government who will help rededicate the hospital's historic charter.

Dr. Buchanan will then talk about the mission of the MGH as it has evolved over 175 years; its emergence as a great institution, its adaptability to social, political, and economic change; and the challenges it now faces in its efforts to continue and expand its tradition of excellence.

Next will follow three MGH profiles in patient care. Presenters will be cardiologist Dr. Adolph Hutter on the treatment of heart disease, still the nation's number one killer; reconstructive plastic surgeon Dr. James May and Orthopaedic hand surgeon Dr. Richard Smith in presentations emphasizing the importance of subspecialties in improving and enhancing the quality of life for patients; and pediatric hematologist-oncologist Dr. John Truman on the successful treatments developed for child cancer.

A McLean Hospital presentation will conclude the program with Dr. de Marneffe providing an overview of that institution's accomplishments during its 175-year history. He will be joined by Dr. Alan F. Schatzberg talking about the challenges facing the hospital now and in the future.

At 5 p.m. the MGH Trustees will host a birthday reception for invited guests in the cafeteria area of the Wang Ambulatory Care Center.

*In 1986, 175 years after it was chartered, the MGH is made up of nearly 20 buildings occupying more than 13 acres.*

The nation's third oldest general, private hospital and the oldest in New England, the MGH has long held a preeminent position in American medicine. It is the original and the largest teaching hospital associated with Harvard Medical School.

The purpose of the 175th celebration is to inform the public about

*(continued on page 4)*

## *"MGH Team"* Made It to the Super Bowl, Too

For many, the New England Patriots just being in Super Bowl XX was a dream come true. But as we know all too well, the dream quickly faded into a nightmare. If New Orleans is "the city care forgot," this year's Super Bowl was the game that the Patriots wish they could forget.

Nevertheless, the fact remains that the football club exceeded almost all expectations. It was truly a team effort.

This effort was also demonstrated during the season by members of another team--those from the MGH who cared for the physical and emotional needs of the players. And several members of this team who were most directly involved with the Patriots during the course of the year were with them in New Orleans. Led by team physician Dr. Bertram Zarins of Orthopaedic Surgery, other members included

*(continued on page 3)*

### *As Did Others from Hospital*

The MGH not only was represented along the sidelines at Super Bowl XX but also--to a very small extent--in the stands.

At least two employees, known to the News Office, made the trip down to New Orleans for the championship game.

Jeff Davis, Director of Employment, and David Catalano, Jr., Senior Patient Registration Representative

*(continued on page 3)*

*Even before heading down to New Orleans, Dr. Richard Smith (right) and Dr. Bertram Zarins appeared before the news media to answer questions.*

***The next "Town Meeting" will be held on Thursday, February 27, from 6:30-7:30 a.m., in the Wang ACC Cafeteria.***

# Kidney Patient a Finalist In Writing Competition

Four years ago, Julie Cassels was a healthy, happy seven-year-old girl. Today she's not quite as healthy as she awaits another kidney transplant, her second in as many years.

But Julie Cassels remains a happy child, especially now. The sixth grader from Epson, New Hampshire has just been informed that she is a finalist in the National Kidney Foundation's writing competition and will be going to Washington D.C. in the spring. And it was Julie's disease that inspired her to write a poem and enter it into the competition.

A patient of Dr. John T. Herrin, Chief of Pediatric Nephrology at the MGH, Julie, now 11, was stricken in 1982 with Hemolytic-uremic Syndrome, a disease which results in damage to kidneys and blood cells. Two years ago, she underwent a transplant, but just recently she suffered a rejection. So now Julie is once again on dialysis as she awaits another kidney transplant.

"Her spirits are good," said her mother, Jean Cassels. "She was obviously disappointed her transplant didn't take, but she's looking forward to another one and hopes to lead a normal, active life."

And it was this desire that was expressed in her poem:

Now and Then

I was well and happy,
I did what I wanted to,
Untill that day,
Untill that sad day,
That day I was not well.
For a long time it was the same
Then a happy day came
It was like before.
Before when I was well
My life was great
I felt wonderful and free
Then it came once more
Came another sad day

I think I'll be alright again
I just don't know how soon
But I don't care.
As long as
I can be like I was before.

"It really didn't take me too long to write it," explained Julie, who despite her illness remains involved in many school activities, including sports. "I like writing, and this was actually easier than some of the assignments I usually get."

The New Hampshire student said she was surprised when she learned her poem was selected to be one of the finalists and is especially excited about her upcoming trip. "I've never been to Washington before," she said. "It should be a lot of fun."

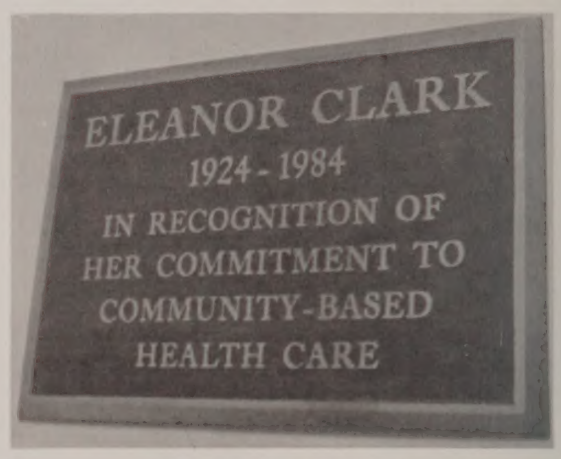
And her physician, Dr. Herrin, is almost as happy as Julie is. "I think it's great for her," he said. "She's been through so much over the last few years that it's nice something like this could happen to her."

*Chelsea Mayor Thomas Nolan (left) presenting proclamation honoring Eleanor Clark to Dr. Roger H. Sweet, Medical Director of the MGH's Neighborhood Health Center Group.*

## *A Fitting Memorial To Eleanor Clark*

Nearly 100 people paid tribute to the memory of Eleanor Clark at ceremonies dedicating a building at the MGH's Chelsea Memorial Health Center in her honor. The building, formerly the Remick House, was renamed on January 30 for the late Director of Social Service.

Among those on hand for the ceremony were MGH General Director Dr. J. Robert Buchanan, Associate General Director Lawrence E. Martin, Trustee Mrs. R. Morton Claflin, and Chelsea Mayor Thomas Nolan, who read a proclamation praising Miss Clark for her many contributions to that city.




*A permanent tribute to Eleanor Clark can now be viewed in Chelsea.*

## Nutritional Highlights

*by the Department of Dietetics*

The age of fast foods is definitely upon us. Although the hamburger remains the cornerstone of the fast food industry, the increased interest in healthier food choices has added another level and brought about the "broiled vs. fried" comparison, the multi-grain bun, and, of course, the salad bar.

A host of chicken items has also appeared recently, presumably in response to the increased use of poultry noted over the past several years. This particular effort to give consumers what they want is somewhat tainted, however, since it turns out that most of these chicken items are deep fried in an oil that is over 90% beef fat--a very saturated fat.

Aware of these guidelines, many people may enter a fast-food restaurant and order a chicken or fish sandwich or chicken nuggets thinking these are better choices than hamburgers. The truth is the deep-frying process and the type of fat used cause these items to actually be higher in calories, total fat, and saturated fat.

While most home cooking oils are made up predominantly of polyunsaturated (corn, safflower, sunflower, soybean) or monounsaturated (peanut, olive) fat, the fast food industry uses primarily a product that is 90% or more beef tallow (a very saturated fat) and 10% or less vegetable oil.

The reasons given for its use include taste, cost, and stability (lasts longer, therefore needs to be changed less often). However, some of these notions are currently being challenged by health professionals and consumer awareness groups. Dr. Frank Sacks, Assistant Professor of Medicine at Harvard Medical School, tested two restaurants that used safflower oil (very polunsaturated oil) and found no difference in stability when compared with the saturated oil.

The Center for Science in the Public Interest has recently petitioned the Food and Drug Administration to require ingredient labeling on fast-food wrappers. However in the meantime, the best rule-of-thumb is to avoid fast foods that are deep fried. If you choose to eat fast foods, a small hamburger may not be the worst choice after all, as the following chart illustrates:

| McDonald's | Calories | Fat |
|---|---|---|
| Hamburger | 255 | 10g |
| Cheeseburger | 307 | 14g |
| Quarter Pounder | 424 | 22g |
| Quarter Pounder with cheese | 524 | 31g |
| Big Mac | 563 | 33g |
| Chicken Nuggets, (6) | 314 | 19g |
| Fillet of Fish | 432 | 25g |

## New Dictation System

The Medical Record Department is pleased to announce the installation of a new computerized central dictation system.

This system incorporates the latest computer technology with the ability to more effectively manage the processing and handling of operative reports and discharge summaries. It will allow the Medical Record Department to identify dictated and undictated reports, thus alleviating many of the problems plaguing the current system and improving the level of service currently available to the medical staff.

A number of informational meetings have been scheduled through the Chiefs of Service. In addition, instructional material has been mailed to the medical staff. If you have any questions, please call Mr. Jim Braden, Associate Director of the Medical Record Department, at Ext. 2467.

## "MGH Team" (continued from page 1)

Drs. James Dineen, Internal Medicine; Adolph Hutter, Cardiology; Armand Nicholi, Psychiatry; Paul Chapman, Neurosurgery; Richard Smith, Orthopaedic Hand Surgery; Richard Marder, Orthopaedic Fellow; and Mark Colville, Orthopaedic Fellow.

"At times, it was difficult to remain goal-oriented and not get caught up with all the hype of Super Bowl Week," explained Dr. Zarins. "We were there because we had a job to do, so we tried to treat it like any other game. But we also had a responsibility to the news media to provide them with information."

It was almost as busy a week for the doctors as it was for the players, especially when the flu bug hit. Dr. Zarins appeared on all local television stations at least once a day to update conditions.

And it didn't take very long for him to go to work once the game began, as he attended to an injury to tight end Lin Dawson within a minute of the opening kickoff. He also treated assorted bruises to other Patriots during the contest.

But it was the bruised egos after the game that have become the responsibility of team psychiatrist Dr. Armand Nicholi, who has received high praise from the players and club officials because of his many contributions to the team during the past four years. He was even voted a game ball after an important Patriots win this season.

Referring to the situation that existed before Dr. Nicholi's arrival, team General Manager Patrick Sullivan was recently quoted as saying, "There were a lot of problems to be overcome within the organization. I don't think things could have been pulled together without his help."

A major part of Dr. Nicholi's job is to mentally prepare the players to perform to the best of their abilities. And this effort was put to the real test during Super Bowl week.

"After the Miami game," explained Dr. Nicholi, "the team was confident and relaxed. But when they arrived in New Orleans and had to face the enormous onslaught of the media, the attitude seemed to change. It created a state of tension and anxiety. It was difficult for these young men--many of whom just out of college--not to distort the game out of all proportion because of the enormous media buildup. One thing I did tell them to put the game into some perspective was that of the six billion people in the world, there would be five and a half billion who wouldn't even know the game was being played."

Even the relaxation and visualization techniques that had worked so well for the team during the year did not prove successful in this championship game. "I don't think it's just coincidence that no team ever appearing in the Super Bowl for the first time has ever won unless they happen to be playing another team in the game for the first time," said the psychiatrist.

*Members of the "MGH Team" take time out for a photograph prior to the Super Bowl. (Left to right) Drs. Richard Smith, James Dineen, Adolph Hutter, Bertram Zarins, Armand Nicholi, and Paul Chapman.*

While the mixed memories of Super Bowl XX will undoubtedly remain with the Patriots for a long time to come, Dr. Nicholi sees something positive coming out of the experience. "The players can use this as a way to motivate themselves for next season," he said. "Having tasted both the pleasure of being a winner as well as the bitterness of defeat, they have now developed a strong preference for the former. They've also matured emotionally enough to be sensitive to the needs of one another, and this has helped them to come together as a team."

BEARS
VS
PATRIOTS

SUPER BOWL XX
LOUISIANA SUPERDOME
NEW ORLEANS
JANUARY 26, 1986

When Dr. Nicholi was hired, he was told his job wouldn't be complete until the Patriots won the Super Bowl. Needless to say, for the psychiatrist and members of the football team, there is more work to be done.

*Support from Ann Bland of the General Store...*

## Others (continued from page 1)

in Admitting, were among the more than 75,000 fans to witness the contest in person. And despite the outcome, both said it was worth it.

"It was a pretty good experience," said Mr. Davis, a New England Patriots season's ticket holder in the regular season. "But obviously it could have been a better one if the score were different."

And for Mr. Catalano, whose mother is a season's ticket holder, the Patriots' loss did little to diminish his enthusiasm. "I've waited such a long time just to see them in the Super Bowl that I wouldn't have missed it for anything. It was something I'll never forget."

Mr. Catalano, who 13 days earlier had to wait in line at Sullivan Stadium for nearly three hours just to pick up his tickets, left for New Orleans at 6 a.m. the Sunday of the game and returned to Boston at 6 a.m. the next day. "It was a hectic 24 hours," he explained. "I saw as much as I could of New Orleans. But the highlight was definitely the game."

When he arrived at the Superdome, Mr. Catalano thought he might really be witnessing a Patriots win. And the first minute or so of the game did nothing to convince him otherwise. "When they kicked that field goal, people I didn't even know were hugging me and giving me 'high fives.'"

But the mood of the Patriots and their fans changed dramatically after that. "They weren't really in the rest of the game," remarked a disappointed Mr. Davis. "At the beginning, I thought they had a good chance to win. But the way they lost really put a damper on things."

To make matters worse, because of problems with his flight, Mr. Davis didn't arrive home until one day after he was scheduled to. "I suppose the only way it could have been worse was if the Patriots were shut out," he said. "But I really believe the team is going to get better, although I haven't made my reservations for next year's Super Bowl in Pasadena yet."

Mr. Catalano agreed, saying that he expects the team to be in other Super Bowls. However, he will always remember being there when they played in their first. "I'm proud to be a Patriots fan," he declared. "I even dressed in red, white, and blue for the game. Yet it was tough to be a fan and see your team blown away like that. But if I had known the outcome of the game before I spent all that money going down, you know I would still have gone. I really would."

*And another fan "bearing" his own name were not enough to help the Patriots cause in the Super Bowl.*

## Birthday (continued from page 1)

the hospital's role in the community and the MGH's plans for the future. The event is also a vehicle to cultivate new advocates in the corporate, cultural, and civic communities.

As most employees know, the hospital has been in the forefront of many medical breakthroughs from the first public demonstration of surgical anesthesia in 1846 to the co-development of artificial skin, as well as the discovery of a "marker" to indicate the presence of the gene for Huntington's disease, in the 1980s.

Other medical "firsts" include in 1961 the recording of the first proton beam treatment of a patient suffering a brain tumor; in 1962 the first replantation of a severed limb; in 1969 the development and use of an intra-aortic balloon pump to assist patients needing circulatory support; in 1971 the discovery of a link between the ingestion of DES (diethylstilbestrol) in pregnancy and the development years later of vaginal cancer in a small percentage of offspring of the mothers; and in 1974 the development of photochemotherapy, a treatment combining light and drugs.

Although chartered in 1811, the MGH actually opened its doors in Septem-

**"The challenge is to make certain that the future will be as good as the past and maybe even better."**

ber of 1821. Nineteen patients were admitted to the Bulfinch Building during the first four months of that year and a total of 122 patients the following year.

Today, the hospital is comprised of nearly 20 buildings on a 13 1/2-acre campus. Nearly 31,000 patients are admitted each year, and more than a half million additional patients use the ambulatory clinics on the MGH's main campus and its satellite health centers in Chelsea, Charlestown, Revere, and Logan Airport. As many as 27 languages are spoken in the MGH's corridors on any given day.

Some 80 percent of the MGH's patients live within 40 miles of Boston. The remainder come from throughout the world, attracted by the MGH's longstanding reputation for excellence in treating difficult medical challenges.

Treatment of heart disease and care for cancer patients at the MGH's Cancer Center account for many of the admissions and outpatients. But specialists of note are involved in many different areas ranging from transplantations of the heart, kidney, liver, bone, and soon the pancreas, to the operation of the world's largest medical laser research laboratory.

The hospital also has a long history of educating physicians, students, nurses, and other allied health professionals. More than 850 of the MGH's postdoctoral alumni are now in major academic and research positions in the U.S. and abroad. A recent survey of administrators of top U.S. hospitals named the MGH the nation's best hospital.

Remarked General Director Dr. J. Robert Buchanan, "We have at the MGH a symphony of talent. There are more really intelligent and directed people here per unit of space than any other place I have ever been....If the past is a predictor of the future, we have reason to be optimistic about the hospital's future. The challenge is to make certain that the future will be as good as the past and maybe even better."

Among other events being planned marking the 175th anniversary celebration is an expanded Ether Day program for employees in October.

## *Sleeper Award Winners*

*Sleeper Award recipients Ellen Fagan (far left) and Susan Sommer (third from left) being congratulated by Ruth Sleeper. Leading the applause is Linda Lass-Schuhmacher of the MGH Nursing Alumnae Association.*

Ellen Fagan and Susan Sommer were the 1985 recipients of the Ruth Sleeper Scholarship Award. Both are second-year students in the Master of Science in Nursing Program at the MGH Institute of Health Professions.

Ms. Fagan is a graduate of Holy Cross College majoring in English Literature and has been employed as a special needs teacher, a mental health worker, and a cataloguer of rare books. She plans to specialize in Gerontology.

Ms. Sommer received her bachelor's degree from the University of Massachusetts--Boston majoring in Spanish. She has worked as a bilingual family planning counselor in a Cambridge clinic. She plans to specialize in Women's Health.

The Sleeper Award, which honors the former Director of the hospital's School of Nursing, is given each year to the student or students who excel in the theory and practice of nursing. The prize was established in 1983 by the MGH School of Nursing Alumnae Association. Miss Sleeper was the School's Director from 1946 until her retirement in 1966.

*Dr. John C. Warren, the MGH's first Chief of Surgery, is best known for performing the first operation using anesthesia.*

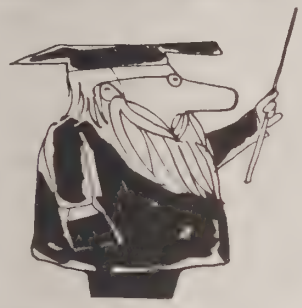
*At one point in the nineteenth century, Harvard Medical School (right) was situated next to the Bulfinch Building.*

*Dr. Richard Cabot founded the MGH Social Service Department in 1905, the first such unit in any hospital.*

THE MGH HOT LINE

February 27, 19

News Office, Bulfinch 1, Ext. 2206



# TAKE A COURSE

Heart Association certification programs in Basic Life Support are being offered the first two Tuesdays of each month, from 5-9 p.m. in Ruth Sleeper Hall. These programs are free of charge to all employees, but there is a $20 fee for nonemployees. The next class will be March 4 and 11. Also, the Health Lecture Series resumes at noon on March 18. Dr. Karen Carlson of the new Women's Health Association will speak on Women's Health Issues.

A new Basic Radiation Protection Course for laboratory and hospital personnel will be offered beginning March 5, from 3-5 p.m., in Room 320 of Ruth Sleeper Hall. This course provides basic information about radiation safety, nuclear physics, radiation biology, and nuclear instrumentation and dosimetry. Part one includes four two-hour lectures intended for those desiring a general introduction to the field and satisfies MGH Radiation Safety Committee requirements. Parts one and two combined are eight two-hour lectures intended for those desiring a permit. This satisfies the Nuclear Regulatory Commission requirement in Radiation Safety. To register, please call Dr. Frank Castronovo, Jr., Radiation Safety Officer, at Ext. 2425.

## Measles Vaccine Available

Several cases of measles have been reported within the Boston area in the past week. Anyone under the age of 29 who has not had measles or has not received a measles vaccine since 1967 may still be susceptible. The measles vaccine is being offered free of charge to all susceptible employees through the Employee Health Service. If you have any questions, please call Ext. 2217 or 2218.

### *City Books*

The spring edition of the City Book has arrived. The books are now available for 25¢ in the Personnel Records Department on Bulfinch 2.

## *Nutrition Month*

The foods that pass through your mouth every day influence your physical well-being and may affect your chances of developing major diseases such as coronary artery disease and osteoporosis. Besides impacting your future health, your eating habits play a role in your day-to-day physical and emotional health. March has been designated National Nutrition Month. During the month, the Department of Dietetics is sponsoring nutrition awareness activities around the hospital.

One feature will be a computerized nutritional analysis of your food intake. This will be available in the Wang ACC Lobby on Wednesdays, March 5, 12, 19, and 26, from 10-4. Registered dietitians will help interpret your results and direct you toward services that will help improve your eating habits without depriving your taste buds. Watch for additional activities around the MGH as the month goes by. Rejuvenate yourself as spring approaches with improved eating habits for more energy today and better health tomorrow.

## IN THE HOSPITAL

The MGH Orthopaedic Service announces the formal opening of the Harriet Klein Clinical Unit for the care of patients with Gaucher's Disease. The unit, made possible through the generosity of the Klein family, is designed to meet the needs of patients with this disease, which affects the skeletal system. The unit includes full facilities to diagnose, assess the severity of, and treat disorders of the bones and joints. It is also involved in research. An "Orthopaedic Hot Line" is maintained through the offices of Dr. Henry J. Mankin (Ext. 2943) and Dr. Samuel Doppelt (Ext. 8534).

A meeting of the Massachusetts Chapter of the National Neurofibromatosis Foundation will be held on Sunday, March 2, at 1 p.m., in the Robbins Seminar Room, Baker 2. The speaker will be Dr. Bruce Korf, Director of the NF Clinic at Children's Hospital. He will talk about "Challenges in the Care of People with NF."

Dr. Augustus Thorndike, who did his internship at the MGH and who was a pioneer in sports medicine, has died at the age of 89. For 31 years, Dr. Thorndike was chief of surgery of the Harvard University Health Service.

## NAMES in the NEWS

Dr. J. Robert Buchanan, General Director, was interviewed by WCVB-TV (Channel 5) for a three-part series on DRGs to be telecast on the 11 p.m. news.

Dr. Martin S. Hirsch of the Infectious Disease Unit appeared recently on WBZ-TV (Channel 4) on the subject of AIDS. Also, Dr. Charles Huggins, Director of the Blood Transfusion Service, appeared on Channel 4's "People Are Talking" to give information aimed at reducing public concern about AIDS and the donation of blood.

Sandie Bock, PA-C, M. Ed., Internal Medicine Physician Assistant at the Bunker Hill Health Center, was a guest recently on radio station WKOX. She spoke about careers in the medical field and about the recent changes in funding of governmental insurance programs and how medical care is affected.

Dr. Peter B. Kelsey, a member of the G.I. colonoscope team, was interviewed by both Channels 4 and 5 to explain colonoscopy procedures as a background for the recent colonoscopic exam given to President Reagan by physicians in Washington.

Dr. Michael Rosenblatt, former Chief of the MGH Endocrine Unit, is among the recipients of the 1986 Vincent du Vigneaud Awards for Young Investigators in Peptide Research. Dr. Rosenblatt was cited for his research on parathyroid hormone.

Ronald Callahan, head of radiopharmacy at the MGH, has been given a Distinguished Alumni Award by Northeastern University.

## *Beauty Tips*

Here is another tip from the MGH Beauty Shop:

Products used on the hair and skin may simply be tested by purchasing Nitrazine paper at the drug store. Dip tape into the product and match the color on the chart to the back of the Nitrazine container. The normal Ph of skin, hair, and nails is 4.5 to 5.5. Any product over or under that is too harsh to use.

THE MGH HOT LINE

March 13, 1986

News Office, Bulfinch 1, Ext. 2206

## Are You What You Eat?

If you missed the chance last Wednesday, there will be more opportunities for you to have your eating habits analyzed by computer. As part of the "Good Nutrition" campaign for National Nutrition Month, the Department of Dietetics will make computerized nutritional analysis available for MGH employees and visitors. A booth will be set up in the Wang ACC Lobby every Wednesday in March. At this booth you can receive a computer printout analyzing your food intake, including total amounts of selected vitamins and minerals, cholesterol, sodium, and calories. Take advantage of this opportunity to consider the healthfulness of the foods you are eating. When you choose GOOD NUTRITION, you can FEEL THE DIFFERENCE.

## Institute Offerings This Spring

The MGH and the MGH Institute of Health Professions Continuing Education Program are offering the following two-day conferences in April and June:

Marathon Advances in Cancer Care--Friday, April 18 and Saturday, April 19, at Shriners Burns Institute Auditorium and the Walcott Room. Conference Coordinator is Judith Lenz, R.N., B.S., Chemotherapy Specialist, MGH Cancer Center. Fee: $125 includes handout material and lunch on Friday. Open to dietitians, social workers, and nurses.

The following programs will be held in Newport, Rhode Island and are open to all interested health care professionals including orthopaedic nurses, physical therapists, physicians, and athletic trainers:

Management of Common Injuries in the Recreational Athlete--Monday, June 16 and Tuesday, June 17. Conference Coordinator is Bette Ann Harris, M.S., R.P.T., Assistant Professor, Program in Physical Therapy, MGH Institute of Health Professions and Clinical Research Associate, MGH Department of Physical Therapy. The fee is $125.

Orthopaedic Surgical Nursing: The Future is Here--Thursday, June 19 and Friday, June 20. Conference Coordinator is Mary Farrell, R.N., CNOR, CNA, Clinical Nurse Leader, Orthopaedics--MGH Operating Room. The fee is $125.

Joint Function and Dysfunction: A Clinical and Bioengineering Application--Friday, June 20 and Saturday, June 21. Conference Coordinator is Cheryl Riegger, ScD, RPT, Assistant Professor, MGH Institute of Health Professions. The fee is $125.

For more information, please call Conference Director Julie Atwood Wheelden, Ext. 8015, or Conference Assistant Nancy Bridgeman, Ext. 8010.

## *Students Do It Again!*

Congratulations to the 1986 Class of the Graduate Program in Nursing of the MGH Institute of Health Professions for the highest scores in Massachusetts (out of 49 schools) on the National Council Licensure Examination for Registered Nurses. For the second straight year, Institute students achieved a 100% pass rate on the examination.

## Around MGH

Dr. Joseph B. Martin, Chief of Neurology, has been invited by the White House to lead a group of Americans at the International Conference on Ethical Problems of Neurosciences, Neuromedicine, and Psychiatry, to be held in Jakobsberg, West Germany, April 21-25. The conference was proposed by West German Chancellor Helmut Kohl at last May's Economic Summit meeting in Bonn. The other Americans are Dr. Anna Taylor of the University of California-Los Angeles Medical School and the Veterans Hospital and Dr. Park Dietz of the University of Virginia School of Law and School of Medicine.

Dr. Charles L. Schulman, who was a Clinical and Research Fellow in Cardiology at the MGH, will deliver the keynote address at HealthFest '86, a health and fitness show to be held at the Bayside Exposition Center, April 25-27.

Dr. J. Scott Rutan, Director of the MGH Center for Group Psychotherapy, has been elected President-elect of the American Group Psychotherapy Association, the largest and most prestigious organization of group therapists in the world. Dr. Rutan, 45, will also be the youngest person to serve in that capacity in the group's 44-year history.

Dr. Robert S. Palmer, founder and former Chief of the MGH Hypertension Clinic, has died after a brief illness. He was 87. After graduating from Harvard Medical School in 1925, Dr. Palmer completed his internship at the MGH and joined the hospital staff in 1928. He retired 50 years later. His wife Edith has been an MGH volunteer for 33 years.

## NAMES in the NEWS

Kathy McKool, R.N., of the Cardiovascular Health Center and her husband were interviewed recently on WMJX Radio about their new game "CHARADE Plus." (See Dec. 19, 1985 HOT LINE.)

Dr. Richard Liberthson of Pediatric Cardiology has been interviewed by WBZ-TV (Channel 4) and WNEV-TV (Channel 7) for a story on an Ethiopian teenager's health care.

Dr. Robert Schooley of the Infectious Disease Unit was interviewed recently by WEEI on AIDS.

Dr. Linda Shafer of the Department of Psychiatry recently appeared on WNEV-TV (Channel 7) in connection with a series on dating.

March 20, 1986

# THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

## Jail Will Not Reduce Parking

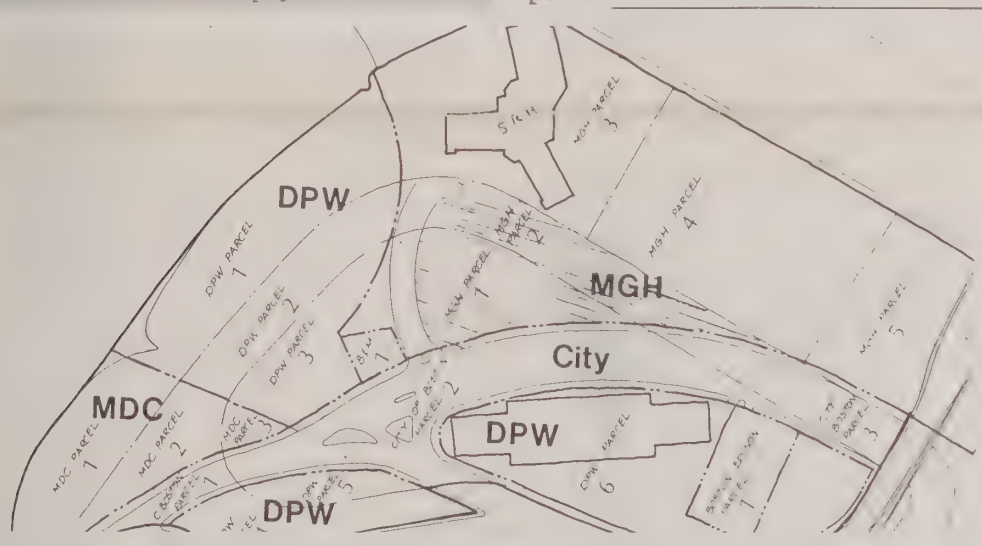
"Employees who are eligible to park in the Nashua Street lot will not be losing their parking privileges despite the construction of a new jail in that area."

With those words, Vincent Cucchiara, Director of Agency Relations at the MGH, hopes to allay concerns by employees that a new Suffolk County Jail on Nashua Street would result in a reduction in the number of parking spaces available to the hospital.

"One major part of the agreement the MGH has with the state," explained Mr. Cucchiara, "was that the state must provide us with the same number of parking spaces that would be lost, and that those spaces must be in the same general area as the Nashua Street lot and would be for the exclusive use of the hospital."

Mr. Cucchiara estimated that the new jail would mean the elimination of between 250 and 300 parking spaces from the 800-space Nashua Street Lot. (See diagram) Therefore, the Commonwealth would have

*(continued on page 3)*




*The lined area is the part of the MGH's Nashua Street lot that will be affected by the new jail construction.*

## In the Eye of the Cameras

*The cameras focus on AIDS investigators (inset) during a recent MGH news conference in the Walcott Room. Story appears on page 2.*

## "Bulfinch Building" Saved at 175th Celebration

It would have been something like Charles Bulfinch watching as his just completed MGH building was being taken down, piece by piece.

Indeed, Rowan Baptiste was all prepared for the inevitable destruction of his creative achievement... in front of hundreds of people, no less.

But it didn't happen. So the Bulfinch Building was spared at the MGH's 175th birthday party on February 25. Not the building by Charles Bulfinch, the architect, you understand, but the cake by Rowan Baptiste, the baker.

However, most of those who viewed

**Employee Fund Drive Passes $100,000 Mark. Details on page 5.**

Mr. Baptiste's work insisted that it was not quite fair to call it just a cake. Not something that weighed 140 pounds, included 40 pounds of icing (gray of course), and took two days to complete.

This Bulfinch Building was actually designed by Susan Barraclough, R.D., of the Department of Dietetics. She obtained a picture of the actual building from the Planning Office and came up with a model to scale that would be created in the oven, or in this case a rotary oven with 15 shelves. It was then up to Mr. Baptiste, a baker in the Department of Dietetics, to put it all together, windows, stairs, Ether Dome, and all. Under the supervision of Miss Barraclough and Helen

*(continued on page 6)*

## Questions Get Answers at Town Meeting

Another "Town Meeting" was held on Thursday, February 27, in the Wang ACC Cafeteria. The following are the questions asked of MGH General Director Dr. J. Robert Buchanan and his answers: (Statements in brackets [ ] indicate additional information available since the meeting.)

*Why aren't the flags taken in during the rain?*

I believe that although it used to be required that the American flag must be taken in during foul weather, that is no longer part of flag etiquette. We therefore have decided that it is correct to leave the flag up when it rains. Several people have asked why we did not put the flag at half staff immediately following the news of the Challenger tragedy. We did not because we were informed that although it appeared that the Challenger had been lost, there was yet hope that there would be survivors. As soon as we were informed that there were indeed no survivors, the American flag was put to half staff. [The MGH flag is only put at half staff on the death of a Trustee.]

*What are the current construction*

*(continued on page 3)*

*DOUBLE EXPOSURE? Not quite, but the two buildings do share a strong resemblance.*

# New System Saving MGH Energy and Money

The MGH has been able to save thousands of dollars in energy costs this winter thanks to a new cogeneration system installed last spring.

This unit works by taking natural gas with an internal combustion engine connected to an electrical generator to produce 60 kw. of power. It is the heat from this engine that is used to provide the heat to the Gray Building, including the hospitals Operating and Recovery Rooms, as well as the Intensive Care Units.

"We specifically wanted to have this system in the Gray Building to allow for better temperature control and flexibility in these patient units," said Anand Seth, Director of Facilities Engineering.

Mr. Seth explained that very often the Operating Rooms must be heated, even during the height of the summer. In previous years, this was expensive since it meant that the steam heating system for the entire Gray Building would have to be in effect all year round.

"But with this new unit," said Mr. Seth, "the heat is directed just to those areas that need it, so there is much less energy used and less money spent."

Dmitry Litvak, Project Manager for this system, estimated that since June, 1985, when the equipment was installed, the cogeneration unit has saved the MGH nearly $20,000 in heating costs, and that the system should save the hospital about $30,000 during each year of operation.

"We spent several months evaluating the equipment to make sure it was the most cost and energy efficient possible," he said. "And we definitely think it is."

*Dmitry Litvak (left) and Anand Seth with the new energy system*

Developed and manufactured by Thermo Electron of Waltham, this system is currently being used in nursing homes, hotels, and apartment buildings. However, it's believed to be the first time this particular system has been used in any hospital.

The Facilities Engineering Department is continuing to look at other ways of holding down energy costs in other MGH buildings. "We're constantly looking to make the hospital more efficient in terms of energy usage and cost," said Mr. Seth. "But we think that what has been done in the Gray Building is certainly a big step in the right direction."

# Development in AIDS Research

Investigators have for the first time detected HTLV-III, the virus that causes AIDS, in the genital secretions of women known to be at risk for AIDS.

The MGH researchers stress, however, that while the finding shows that the virus can exist in the secretions, they have not yet proved that the AIDS virus is transmitted by females to males during sexual intercourse.

"We have suspected for some time that females can sexually transmit the AIDS virus," said Dr. Markus W. Vogt, Research Fellow in the Infectious Disease Unit and principal investigator. "This finding at least provides us with a missing link; that is, that the virus can exist in the secretions and might be transmitted."

There has been some controversy among medical investigators as to whether female to male transmission actually occurs and if it does, how frequently.

"Although there appears to be much less AIDS virus in the heterosexual community in the U.S. than in the male homosexual population, we believe it is too early to make any conclusions about female to male transmission," said Dr. Martin S. Hirsch, whose laboratory in the Infectious Disease Unit isolated the virus in the genital secretions of four women who also had the virus in their blood. "I believe, however, that the heterosexual community should be concerned and prudent in their choice of sexual partners. Contact with prostitutes or anonymous sexual activity, either homosexual or heterosexual, may be playing Russian roulette."

*Carolyn Wortman, head nurse on Burnham 5 has been elected to the Board of Directors of the United Cerebral Palsy Association of the Metropolitan Area. Ms. Wortman has been associated with UCP for five years.*

# Large Grant Awarded To Institute Lab

The MGH Institute of Health Professions has received a grant of $1,750,000 from the James S. McDonnell Foundation to be used for the recently established Neurolinguistics Laboratory.

The lab, founded in 1984 and situated on Bartlett 5, conducts research on questions related to normal and abnormal speech and language communication.

"We expect to learn more about what the brain does when individuals communicate with language," said Dr. John Locke, Director of the Laboratory. "We also hope to study brain functions that are not effectively carried out in instances of neurolinguistic disorders."

Such disorders include dyslexia (a disturbance in the ability to read), aphasia (loss or impairment in the reception or use of language), and certain developmental language disorders in children. Investigators are also studying a linguistic component of Alzheimer's disease.

The grant, which will be spent over a six-year period, recognizes a promising collaboration of the staff of the Laboratory with cognitive and neuroscience investigators at the MGH. M.I.T., and Harvard Medical School.

"To understand linguistic structure and how the brain produces language is to further appreciate what it is to be human," Dr. Locke said.

# Children And Hospitals

The MGH will be turned into a teaching hospital for preschoolers on Thursday, March 27, as the sixth annual "Children and Hospitals Week" is observed.

About 50 children from local preschool and nursery schools will be spending the morning at the MGH learning about the functions of a hospital and what they might expect if they ever have to be a patient.

Personnel from Nursing, Dietetics, Pharmacy, Physical Therapy, Radiology, Recreational Therapy, and Social Service will be on hand to answer questions and to perform demonstrations.

"'Children and Hospitals Week' is part of a public education campaign to acquaint kids about the health care field," explained Kenneth Scheublin, a coordinator of this year's event. "The theme is Children's Health: Our Best Investment."

In addition to watching films and demonstrations in the Walcott Room, the three- and four-year-olds will be visiting an X-ray room, a satellite pharmacy, and two floors of the Burnham Building where they are expected to be able to talk with hospitalized patients their own age.

The children who will be visiting the MGH are from the Beacon Hill Nursery, the Advent School, as well as a group from Harvard Community Health Plan.

*Kris Nelson (right) leading patients from the Cardiac Rehab. Program through their paces. (From left) Joanne Kelly, Marion Gale, and Nelson LeClair. Not shown was Fred Epstein. (Photo by Dr. David Gastfriend)*

# Nutritional Highlights

*by the Department of Dietetics*

Since 1976 beef consumption in the U.S. has decreased by approximately 20 percent. Health-conscious consumers are trying to decrease the calories, saturated fat, and cholesterol in their diets, and cutting down on beef intake is a step in the right direction.

In addition to being advised to decrease their total intake of beef (beef is the principal red meat in the U.S. diet), consumers have been told to choose lean meats when they do eat meat. If you want to follow through on this advice, what do you do when you're in the supermarket? Which types or cuts of beef are the "leanest" choices?

There are several varieties of ground beef (hamburger) available today, and many packages include claims about leanness or information about the percentage of fat in the meat. (As you may have noticed, meats claiming to be leaner tend to be higher priced.)

Hamburger meat generally comes in three categories: ground beef, ground chuck, and ground round. Hamburger that is labeled simply "ground beef" tends to contain the most fat. Government regulations set the fat content of ground beef at a maximum of 30 percent. The next leanest type of hamburger is ground chuck, which may be labeled "lean ground beef" or include label information reporting a fat content in the neighborhood of 20 percent. Government regulations stipulate a maximum fat content of 22-23 percent. Ground round is yet a leaner type of hamburger and may be classified as "extra lean ground beef" or report a fat content of approximately 15 percent.

But what happens to the fat in these various types of hamburger once they are cooked? Is extra lean ground beef which costs more really better than regular ground beef after both have been cooked? Tests have shown that when both types of meat are cooked in a manner that allows the fat to drip out and away from the meat, the total calorie content is approximately the same, and the extra lean ground beef contains only three percent less fat than the regular ground beef. However, when hamburger is used in a manner that does not allow fat to drip off, the difference between regular and extra lean ground beef is not affected by cooking, since the extra fat in the regular ground beef remains in the finished cooked product.

In trying to select the leanest cuts of other types of beef, look for meat with little or no fat around the edges. Also look for redder cuts of meat. The white streaks in a piece of meat are streaks of fat, referred to as marbling. The less marbling a piece of meat has, the leaner it will be and the redder it will appear. Remember to trim as much visible fat as possible before cooking the meat. And like hamburger, prepare other cuts of meat in a manner that allows the fat to cook out and drain away from the meat.

| Hamburger | % Fat Raw | % Fat Cooked | Calories |
|---|---|---|---|
| Reg. Ground Beef | 24% | 20% | 211 |
| Lean Ground Beef | 21% | 18% | 206 |
| Extra Lean Grd. Beef | 18% | 17% | 207 |

## A Path to the Bulfinch

*A member of General Construction cleans up after a recent snowfall.*

# All the Right Moves

The MGH was well represented at Aerobathon '86 held February 15 at the Marriott Long Wharf in Boston.

Instructors and participants from the Employee Fitness Programs were there, as well as patients from the MGH Cardiovascular Health Center's Rehab. Program. The patients were under the supervision of Kris Nelson, R.N., and Dr. Gregory Thomas.

Employees and patients danced together in an effort to raise money for the American Heart Association. The MGH participants collected $300. The involvement of cardiac patients in this third annual event was also unprecedented, serving to provide a good example of the clinical application of funds from events such as this one.

*Representing the MGH at the Aerobathon were (from front) Mary Rose Deak, Kris Nelson, Jody Gastfriend, Marlena Suddard, Carolyn Roarke, Toshiyasu Amano, and Dan McAulliffe. (Photo by Dr. David Gastfriend)*

# Nurses Prepare to Run

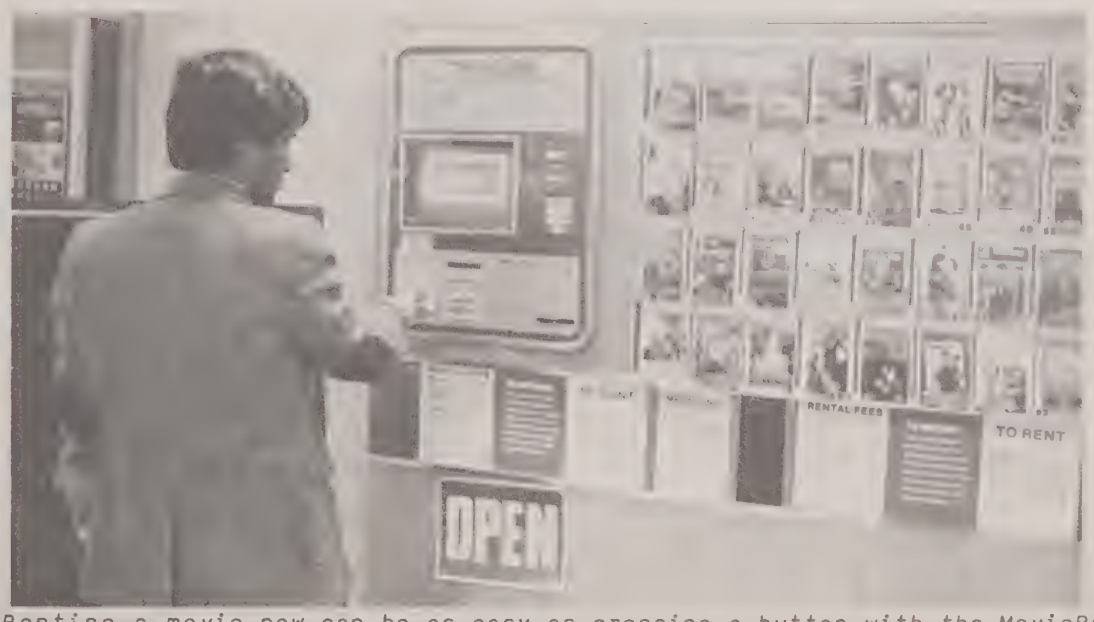
The fourth annual Parker House Run for Nurses will be held on Sunday, April 27, at noon. This four-mile run through the streets of Boston benefits the American Heart Association's programs of research, education, and community outreach.

Registration is by mail only and is limited to 500. Entry forms and the registration fee of $10 must be received by April 13.

The Parker House Hotel will treat the first 175 nurses who register, the top 25 fund raisers, and the first male and female finishers to an elegant brunch after the race.

Entry forms are available from Kris Nelson, R.N., and Kathy McKool, R.N., of the Cardiovascular Health Center (Ruth Sleeper Hall basement) and from Mary Ellen McNamara, R.N., CCU, Phillips House 2.

# Press a Button and Get a Movie




*Renting a movie now can be as easy as pressing a button with the MovieBank in the Baker 1 vending machine area.*

*Dr. Buchanan responding to question at the February Town Meeting*

## Meeting (continued from page 1)

*plans for the jail site? For other sites?*

We currently have no specific plans for the jail site. Our agreement with the city and with the state allows us to have the land appraised by appraisers of our choosing and compare that appraisal price with the value of the land we are relinquishing at Nashua Street. The price of the land will assume that only the front half of the jail must be maintained. We do anticipate the land will be useful to us, especially if we build a bridge across Fruit Street into the Clinics Building.

We have no plans to build on Parcel 4B, the area on which is located the West End House, Ruth Sleeper Hall, and several other small buildings. We now own all of Parcel 4B with the exception of the gas station.

The only other major project that is planned is the construction of a laser facility for medical research to be built on the back of the Bartlett building. This project is funded by the Office of Naval Research. The medical research community is very excited about the uses of lasers in treatment of disease. I am very pleased that this facility is going to be located at the MGH.

*What plans are there for continuing to fill beds in a financial viable way?*

I am glad you asked that question because it gives me an opportunity to discuss the hospital's financial results for this year. For the four-month period ending January 31, we were right on budget. That budget estimates that we should be running only slightly in the red, and that is where we are. As you remember, last year we had to cut out $16 million from our budget. It was a difficult thing to do, but we achieved that goal. In retrospect, it was a good thing that we did so since we would have been in serious financial trouble if we had not. I understand other hospitals in the area which did not make these cuts are now suffering.

The hospital has entered into a number of contracts with several third-party payors; HMOs, PPOs, and IMAs to direct patients to this facility. The Pediatric Service has for many years contracted with Harvard Community Health Plan. We have established contracts with MGHP, Bay State, and Hancock and have urged our physicians to sign up for all these plans. The number of patient days continues to decline, but our admissions for this year were 525 above the same period a year ago. We are continuing to look at other contracts, and I will keep you up to date as they develop.

We have been successful so far in keeping abreast of current changes in financial reimbursement, especially those imposed by the federal government. I am very worried about Gramm-Rudman and the implications of those cutbacks on our research and teaching activities.

*What is happening with the lifecare facility?*

The establishment of an MGH lifecare facility was first proposed by Eleanor Clark, former Director of Social Service. She recognized that an aging population would be interested in having a retirement community with inpatient health care facilities available nearby and a link to a major teaching hospital. She and I first looked at a site in Easton, Massachusetts, which turned out to be not suitable. Our consultants in this venture tell us that to be desirable to a large population, and therefore, economically feasible, it should be located to the north west of Boston, that is, around Belmont or Westwood. We have located such a site in Westwood and are hoping to receive town approval to build there. There has been some resistance from the communities about locating such a facility in their area, but I believe we will be able to overcome these objections. If we are to enter into such an undertaking, it will be through a joint venture with a for-profit partner.

*Do you anticipate any changes in the ambulatory practices?*

We do not have any immediate plans to change any of the ambulatory practice structures, but we are increasingly concerned that changes in reimbursement are penalizing some of these practices and therefore, some modifications may have to be made. What form those changes may take is still very much up in the air. Any changes will be discussed with the caretakers in those practices.

*What has happened to the trash problems?*

I will have to defer that question to Steve Kauffman, who has become the world expert in trash disposal.

SK: This is not a title I have sought, but let me try to answer your question. Although the publicity about the disposal problems has died down, the concern over the issue of trash is not over. There is great reluctance from current community sites to accept hospital waste. We are exploring many options, including new technologies for disposal methods, negotiating with other hospitals and the MHA for consortium arrangements for a disposal site, and continuing discussions with our current haulers to locate alternative sites in case of another crisis. [In addition, a special task force is examining the current practices within the hospital with regard to safe handling and transport methods of all forms of hospital waste.]

I would urge all of us to be most careful in the disposal of materials and patient byproducts to be sure we are conforming with hospital policy. We must be sure we are not vulnerable to charges that we are disposing of waste in a nonprescribed manner.

*The Wang ACC Cafeteria was closed for breakfast but open to questions and comments on February 27.*

*Although Environmental Service employees are only required to work two weekends out of four, I have been required to work three weekends out of four. Why is that?*

I am not familiar with the scheduling requirements of your department. Although I am extremely sympathetic to your problem, I am sorry to tell you that neither I nor any other person on White 1 is the appropriate person to share these concerns with. They must be discussed either within your own department or with the Employee Relations Reps. in Personnel. The issues of work schedules and staffing are of concern to me and to them.

## Parking (continued from page 1)

to provide the same number of spaces in a nearby state-owned lot. Furthermore, the state would be responsible for paving, fencing, and lighting the area, but it would be the MGH's responsibility to maintain it.

Under the agreement, construction of the new jail is scheduled to begin in June of 1987 and be completed by the end of March of 1990.

In addition, the arrangement also gives the MGH the option to purchase the present Charles Street Jail site. And if the hospital exercises that option, the agreement binds the MGH to preserve most of the existing structure, except for the east wing and a portion of the north wing.

"But the important thing for employees," emphasized Mr. Cucchiara, "is that there will still be MGH parking in the Nashua Street area, either in part of our own existing lot or in a parking area provided by the state. And no spaces will be lost."

And the Agency Relations Director also pointed out that the hospital is continuing to work hard at developing a plan for a more permanent solution to the MGH's parking problems. "We're exploring all possibilities," he said. "But there are certain local and state regulations with respect to parking which must be met. Nevertheless, the hospital is prepared to do everything feasible to try to ease the parking problem."

# Saying It With Balloons...And Bouquets

*After going out of her way to aid the wife of an MGH patient, Kay Dapolito of the Wang ACC Information Desk was rewarded with a Valentine's Day balloon from the grateful woman.*

*Although his fiancé sent him the balloons, Paul Batista of the Photography Lab (left) shared them at work with colleagues Kathy Grady and Robert Crivello.*

*The MGH Flower Shop had so many arrangements for its busiest day of the year that they had to be stored in one of the Dietary refrigerators.*

# This Security Officer Hits All the Notes

This scene must have been played out a hundred times in a hundred different movies. After a long day riding on the range, the cowboy would sit by the campfire and have his evening "grub." When finished, he would take out, not his trusty six-shooter, but his trusty harmonica and play the night away accompanied by the howling of wolves and coyotes on the prairie.

When Joe Johnston plays his harmonica, however, things are a bit different. Instead of the brightness of the campfire, there is the brightness of stage lights. And there are no howling coyotes, only cheering crowds of people.

Although Mr. Johnston has been playing the harmonica for about 50 years, the MGH Security Officer insists his music is just a hobby. "I do all my playing by ear," he said. "And since I don't read music, I think it would be difficult making a living at it."

And since playing the harmonica is an avocation, not an occupation, Mr. Johnston can do it whenever he wants, which happens to be fairly often. He and another harmonica player, Alfred Sirois, have formed their own group, the Hi-Los, which has performed on stages from Newburyport to Dedham in small theaters and large auditoriums. Some 100 appearances in all over the past 10 years. And attending almost every performance is Mr. Johnston's wife and number one fan Millie, a secretary on Bigelow 12 in Dr. Burke's office.

Mr. Johnston's first encounter with the harmonica was purely by accident. "I was visiting my grandfather one day," he related, "when I noticed a harmonica on his mantel. He told me not to touch it, but being seven years old and curious, of course I did."

*Joe Johnston has more than 20 harmonicas in his collection.*

After discovering he had a talent for the instrument, Mr. Johnston bought his own. Five decades later, the Security Officer has more than 20 different types of harmonicas in his collection, some bought for as little as 50 cents, while others purchased for as much as $75. Most are in different keys.

Although Mr. Johnston always felt he had a certain talent for the instrument, it wasn't until 1975 that his musical ability was recognized. That's when he was a guest on the popular television program "Community Auditions" and won the competition. One of those watching that show was Alfred Sirois, who later contacted Mr. Johnston about forming a group.

Even though they specialize in 40s and 50s type music, the Hi-Los have an extensive repertoire. "We probably know thousands of songs," said Mr. Johnston. "We love all types of music and are constantly adding to our collection."

Mr. Johnston also rejects the notion that the harmonica is simply what some may refer to as a "five and dime toy." "It's really an underrated musical instrument that, when played properly, can produce beautiful music," he said. "That image of the cowboy in front of the campfire is pretty bad...almost as bad as some of those western movies were."

## Porphyria Meeting to Be Held

An educational program for patients with porphyria will be held on Saturday, March 22, in the MGH's Warren Basement Conference Room.

Inherited with rare exceptions, the disease may appear in the bone marrow, where red blood cells form, or in cells of the liver. Depending on which of several types of porphyria an individual suffers, the effects may be severe skin disturbances or internal symptoms, including nervous system disorders.

## Fund Drive Passes Milestone

With the MGH Employee Capital Fund Drive winding to a close in the next few weeks, campaign officials report that contributions have now passed the $100,000 mark.

As of December 31, 1985, money raised in the entire campaign totaled $104,950.50, with at least another $9,000 coming in since the first of the year.

In addition, pledges made to be paid over the next two years will total $69,412.75.

The money raised has come from such activities as the International Fair, the Walk for Health, sales of the MGH Cookbook, as well as contributions made to the Direct Appeal campaign.

The hospital's health centers in Chelsea, Charlestown, Logan Airport, and Revere also have held money-raising activities of their own since the start of the campaign in April.

One of these recently took place at the Revere Health Associates, where $70 was collected through the purchase of tickets for a chance to win a doll and bassinet.

"The spirit of the MGH employees has really shown itself over the past year," remarked Maeve Blackman, Fund Drive Chairman. "We're extremely grateful to everyone who has helped make the campaign so successful."

All proceeds will go toward the MGH Capital Campaign to construct new inpatient buildings to replace the Baker, Vincent-Burnham, and Phillips House for more modern and cost-efficient patient rooms.

*Members of Revere Health Associates (left to right) Caroline Williamson, Registrar; Barbara Kelley, RN/PNP, Manager; and Barbara Santasuasso, secretary/receptionist with their prized doll before the drawing*

## Bulfinch (continued from page 1)

Doherty, Director of Dietetics, the project began Sunday, February 23, at 8 a.m. By 4 p.m. the next day, it was completed, the largest cake ever made at the MGH!

Instead of concrete and ivy, this Bulfinch Building was made of 17 7-pound cakes. The only parts that were not edible were the chimneys and the railings. It was big enough to cut into at least 500 pieces. But for once, Mr. Baptiste was not interested in what he baked being eaten, at least right away.

"I would have had to turn my back," said the baker, who has worked at the MGH for 15 years. "It would have been too painful to watch it being cut."

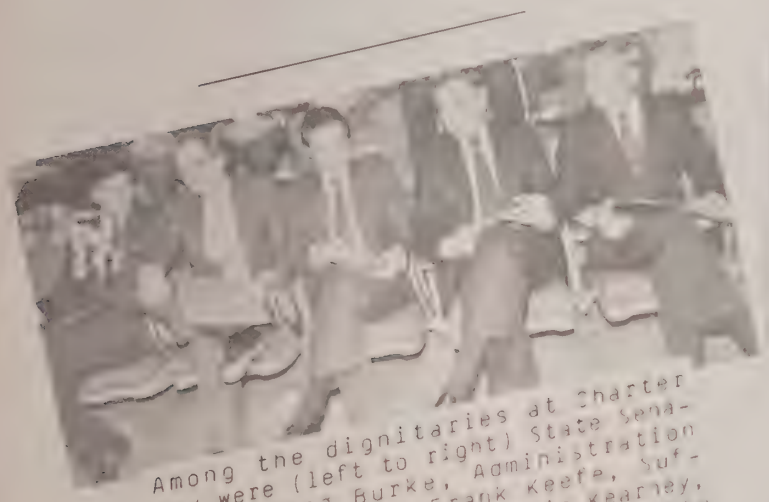
*Dietitian Susan Barraclough and baker Rowan Baptiste proudly displaying their achievement*

As it turned out, the cake and Mr. Baptiste were spared. This Bulfinch Building was cut only once right down the middle by MGH General Director Dr. J. Robert Buchanan in a symbolic gesture fitting the occasion. (Some 8,000 pieces of other cakes were given to employees and visitors throughout the day.)

But according to Mr. Baptiste, the slice in the Bulfinch cake was hardly noticeable and the structure endured no further damage.

The MGH's Charter Day celebration on February 25 was a huge success. But as some might observe, it was one of those times that you couldn't have your cake and eat it too. And for that, Rowan Baptiste left the party a very happy man.

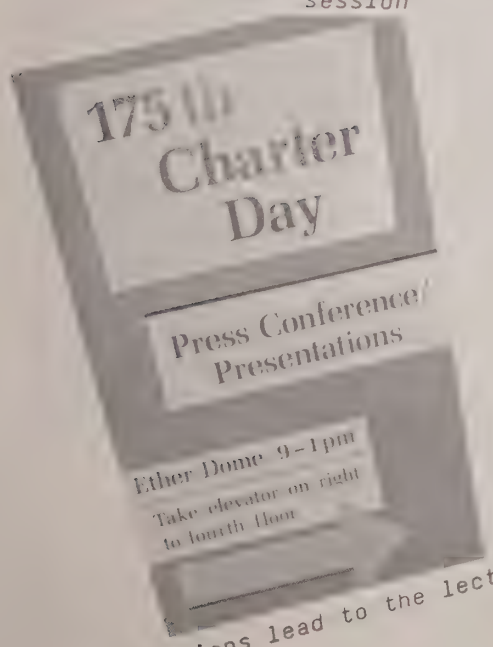
# Charter Day Activities February 25, 1986



Among the dignitaries at Charter Day were (left to right) State Senator Edward Burke, Administration and Finance Sec. Frank Keefe, Suffolk County Sheriff Dennis Kearney, Mayor Raymond Flynn, and Senate President William Bulger.

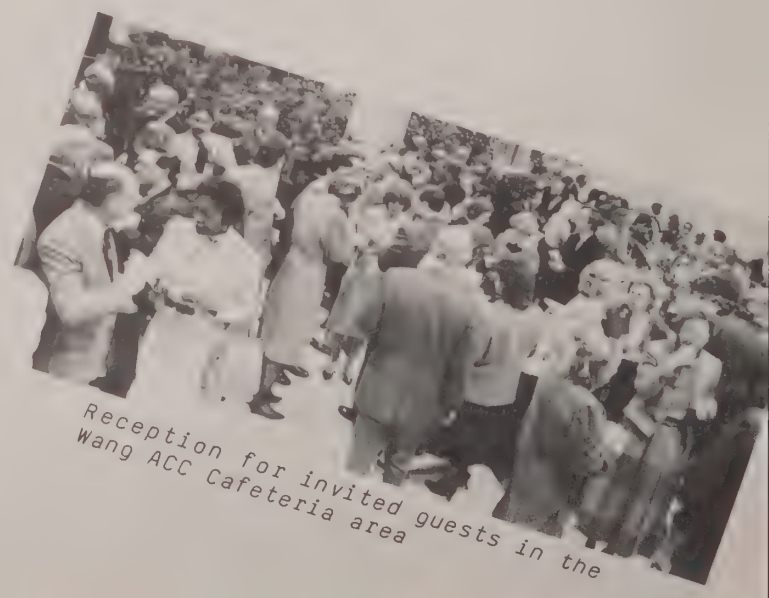
State Senator Bulger (third from left) presenting charter to (from left) Dr. Francis de Marneffe of McLean Hospital; Francis H. Burr, Chairman of the MGH Board of Trustees; and MGH General Director Dr. J. Robert Buchanan.

*Mr. Burr welcoming friends and guests during the Charter Day afternoon session*




All signs lead to the lectures

*Dr. Francis de Marneffe of McLean Hospital*



Reception for invited guests in the Wang ACC Cafeteria area

THE MGH HOT LINE

March 27, 1986

News Office, Bulfinch 1, Ext. 2206

## Trustees Medal

The MGH will be awarding the Trustees Medal at a Charter Dinner on November 13. No less than one and no more than three people will receive medals. Candidates must be American physicians or researchers who have long demonstrated an excellence in the field of biomedical science or in medicine. If you would like to nominate such a person, please contact Resources and Development at 15 River Street (Ext. 2200).

## Rehabilitation Medicine Program

The MGH's Department of Rehabilitation Medicine is sponsoring a two-day program entitled, "The Healing Connection: Ancient Insights and Modern Discoveries and Implications for the Health Professional." It will be held from April 4-6, in the Wellman Conference Center. The program will be presented by Ron Bugaj, M.S., M.A., P.T. and Betty Kozlowski, M.S., P.T. To register, please contact Ann Rhinesmith, Department of Physical Therapy, ACC 1, or call Ext. 2963.

# EDUCATION

The Office of Training and Development is pleased to announce a series of lectures especially for secretarial and office management staff. These 1 1/2-hour Office Management Update lectures are designed to increase your understanding of key departments you work with every day and their functions. The series will also address personal and professional development needs of office management staff.

All lectures are free and held from 11:30-1:00 in the Lower Amphitheatre on Clinics 1. Participants may bring their lunch. Registration is required for each session. You may attend as many as you wish. To register, please call Ext. 2230 or Ext. 2216.

Lecture series:

April 2 Secretaries Burn Out Too, Linda Lass-Schuhmacher, Health Education

April 9 The MGH Purchasing System, Richard O'Brien, Director, Purchasing

April 16 The MGH Accounting System, Edward Medeiros, Associate Director, Accounting

April 30 Compensation/Payroll Policy and Procedure, Richard Montgomery, Manager, Wage & Salary and Judy Chevrette, Supervisor, Payroll

May 7 Understanding the Organization, Martha Byington, Assistant to the General Director

May 13 Career Planning for Secretaries, Maria Greco, Training Coordinator

Over 130 MGH supervisors have learned supervisory skills. Isn't it time you did too? For more information and to register, please call Ext. 2230. Supervisory Training dates this spring:

April 8, 15, & 22--8:30-4:30
April 14, 16, & 18--8:30-4:30
May 5, 8, and 9--8:30-4:30
May 14, 21, and 28--8:30-4:30

The MGH Institute of Health Professions is offering a one-credit course entitled "Writing for Professional Publication and Presentation." Classes will be held Thursdays, April 28-June 18, from 4:30-6:20, in Room 395 of Ruth Sleeper Hall. To register, please call Debbie Mayer at Ext. 5610.

## *Hitting the Links... and the Road*

Interested in joining the MGH Twilight Golf League? Come to the informational meeting on Wednesday, April 9, at noon, in the Patio Room. This meeting is for returning members, as well as those who wish to join this year. Whether you are a beginner or a low-handicap golfer, there is a spot for you. Players compete on a handicap basis so that everyone has a chance to win. It's a great way to have fun and meet other golfers. If you are interested in joining the League but are unable to come to the meeting on April 9, please contact Glenn Siegmann, League President, at Ext. 2507 or Rich DeVoe, Vice-President, at Ext. 2510. The deadline for signing up is April 18.

The spring road race season has arrived! The MGH will organize teams for several races. All runners, regardless of ability, are invited to compete. The first race will be The Milk Run, a 10-kilometer race, on Sunday, April 13. The course is flat and fast, originating by Emmanuel College and continuing through downtown Boston. If you are interested, please call Joshua Winslow (Ext. 5169) or George MacNeil (Ext. 2451). Information on future races will be in the HOT LINE and on the Roadrunners bulletin board outside the cafeteria in the White Building basement.

## Volunteers Needed for Lithium Study

The MGH is seeking volunteers for an ongoing federally funded study evaluating the effectiveness of the drug lithium in treating manic-depressive illness. This is a severe psychiatric disorder that in almost every instance requires vigorous treatment with mood-altering medication.

In past studies of lithium treatment, a 50 percent reduction of recurrences of mania or depression was noted, and new episodes that occurred proved less severe. Investigators are looking for volunteers who have experienced at least one manic episode and are on--or need to be on--lithium. Patients who participate receive comprehensive psychological, social, and medical monitoring, and their lithium, laboratory tests, and physical checkups are free. Patients interested in participating should contact Mr. Joel Pava, Lithium Study Coordinator, at Ext. 1629 for more information.

## NAMES in the NEWS

Dr. Jonathan F. Borus of the Department of Psychiatry has been elected President of the Association for Academic Psychiatry, the national organization of teachers of Psychiatry. He has served on the Association's Executive Council since 1980. At the MGH, Dr. Borus is Director of Residency Training in Psychiatry and Chairman of the Committee on Teaching and Education.

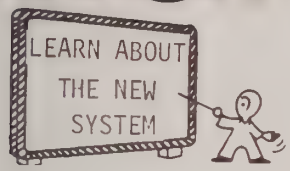
Three members of the MGH have been awarded research grants by the National Arthritis Foundation to further their studies of the rheumatic diseases. Those receiving grants were Drs. Edward Amento, Clinical Assistant in Medicine; Brian J. Awbrey, Clinical and Research Fellow in Orthopaedics; and Vicki Schwartz, Research Fellow in the Arthritis Unit.

Dr. James A. Pollack, who completed his internship and residency at the MGH, has been awarded the Medical Society of the State of New York's Albert H. Douglas Memorial Award for Excellence in clinical teaching. Dr. Pollack is clinical professor of medicine at the State University of New York.

THE MGH HOT LINE

April 3, 1986

News Office, Bulfinch 1, Ext. 2206




On May 2, the MGH will be implementing a new system for ordering and obtaining stock forms. Every department is being asked to send the person(s) responsible for ordering items to one of the orientation sessions scheduled this month:

Monday, April 7--11:00-12:30
Tuesday, April 8--1:30-3:00
Wednesday, April 9--8:30-10:00
Thursday, April 10--2:00-3:30
Friday, April 11--11:00-12:30
Tuesday, April 15--7:30-8:30
Thursday, April 17--2:00-3:30

All sessions will be held in the Lower Amphitheatre on Clinics 1. No registration is required. All information, forms, and orientation material for your cost center will be distributed at the session.

## Program on AIDS

The AIDS Educational Task Force presents a one-hour program, including a 20-minute video, on Monday, April 14, in the Bulfinch 2 Conference Room. Programs will begin at 8:00 a.m., 10:00 a.m., 1:00 p.m., and 3:00 p.m. Space at each session is limited to 30 people.

Organizers of the "Walk for Hunger" need volunteers to administer minor first aid to participants of the May 4 event. If you would like to help, please contact Helen Lynch at 227-3796.

The MGH's Bunker Hill Health Center will be sponsoring a mini health fair at the Navy Yard in Charlestown on Monday, April 7 in conjunction with World Health Day. Blood pressure testing, nutritional counseling, and cardiac risk factor screenings will be available from 8:00-10:00 a.m. Two members of the Health Center--Dr. Roger Sweet and Eileen Buckley, R.D.--will be participating in opening ceremonies.

### *None Left*

The spring City Books are all gone. But watch the HOT LINE for announcements on when the next book will be available.

## VIPs Visit Revere

Barbara Kelley, R.N., and the staff of the Revere Health Associates hosted Mrs. Kitty Dukakis and Dr. Daniel Lam, Director of the Massachusetts Office of Refugee Resettlement, on Thursday, March 6. Among those attending were Revere Mayor George Colella, MGH Trustee Mrs. R. Morton Claflin, MGH Assistant Director Dr. Thomas Durant, and Steve Greeley from the MGH Development Office.

Dr. John F. Burke, Director of the Trauma Center, was interviewed recently by Australian television for its internationally syndicated program "Beyond 2000." The show will be seen by hundreds of millions of people in Asia, Europe, the Pacific, North America, and the Middle East.

Dr. John T. Truman, Chief of Pediatric Hematology-Oncology, appeared recently on CBS-TV's "60 Minutes" and PBS-TV's "NOVA" talking about the Woburn industrial pollution case.

## MGH in the Media

(continued)

Dr. R. Rox Anderson of the laser lab was interviewed recently by ABC-TV's "Nightline" about the free electron laser.

Harold J. DeMonaco, Director of the Pharmacy, appeared recently on WBZ-TV (Channel 4) on the differences between capsules and other forms of medication.

Dr. Elizabeth C. Dooling, a pediatric neurologist, has appeared on WLVI-TV (Channel 56) on the subject of aspirin and Reye's syndrome.

Dr. John D. Stoeckle, Director of the MGH's Primary Care Training Program, was interviewed recently by WGBH-TV (Channel 2) about a new book he coauthored dealing with New Deal medicine and photography.

Dr. Martin B. Keller of the Department of Psychiatry has been interviewed by WBZ Radio on the subject of mood changes in spring.

### *Women's Softball*

The MGH Women's Softball Team is preparing for another season. If you are interested in playing, call Pam Hooley at Ext. 8036.

## Recent Retirements

Best wishes to the following employees who have retired over the past few months:

Regina A. Craffey, Human Resources, 37 years

Ralph H. Cluff, Jr., Printing Service, 36 years

Richard Rogers, Clinical Administration, 32 years

Velma Parker, Environmental Services, 31 years

Angelo DiTrapano, Jr., Fiscal Affairs, 29 years

Annie Galbraith, Institute, 29 years

George Costa, Fiscal Affairs, 28 years

Evelyn M. Mobilia, Admitting, 23 years

June Walsh, Communications, 22 years

Sylvia Barkovich, Credit and Collections, 21 years

Emeline Steven, Dietetics, 19 years

Marjorie L. Roper, Transplant/Dialysis Unit, 18 years

Ernestine Z. Bodden, Environmental Services, 15 years

Ursula Crichlow, Environmental Services, 15 years

Zisis Hatzieleftheriadis, Environmental Services, 15 years

Agnes M. Rockett-Bolduc, Operating Room Nursing, 14 years

Adelaide DeMarco, Dialysis Unit, 10 years

Mary C. Perry, O.R. Administration, 10 years

Frank E. Beatrice, Maintenance, 9 years

Ida F. Small, Baker Information, 8 years

Pembroke B. Chinn, Radiation Medicine, 5 years

## IN THE HOSPITAL

Dr. Hermes C. Grillo, Chief of General Thoracic Surgery, has been voted President-elect of the Society of Thoracic Surgery.

Dr. Earl W. Davie, a former fellow of the National Foundation for Infantile Paralysis at the MGH, has been appointed to the National Heart, Lung, and Blood Advisory Council of the U.S. Department of Health and Human Services' National Heart, Lung, and Blood Institute.

April 24, 1986

# THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

## *Learning About Medicine at a Young Age*

*WHERE'S THE O.R.? These future surgeons got a first-hand look at some of the workings of medicine at the MGH during "Children and Hospitals Day" on March 27. Other photos appear on page 2.*

## The Trip That Almost Wasn't

When Shakespeare wrote, "All's Well That Ends Well," he was not writing about Linda Baltes. But he might just as well have been.

A recent series of events experienced by the MGH clinical social worker indeed qualifies as its own Shakespearean novel, combining the fantasy of "A Midsummer Night's Dream" with the emotion of a "Hamlet."

But the story of Linda Baltes was not "Much Ado About Nothing." Best of all, it had a happy ending, although that was in doubt for a while.

First things first, however. Let's start this tale at the beginning.

It is 6:30 a.m. on a cold Thursday morning in February. Ms. Baltes and her husband Mike are awakened at their home in Marlboro to the sound of the clock radio going on to station WROR and voices announcing that a trip for two to Acapulco is about to be given away to the 98th person to call the program. All that is required is for the lucky winners to be prepared to leave for Mexico in a mere THREE HOURS!

Still half asleep, the Balteses decide to give it a shot. They had never tried to win a radio contest before. What do they have to lose, they think. And besides, they won't win anyway.

*(continued on page 2)*

## The Changing Face of Some Traditional Roles

The heads still turn but not quite as much as they used to.

Jeannette Cyr, for example, still catches a few surprised glances in her direction from time-to-time when she reads meters, as does Fred Solomos when he takes dictation.

It is almost inevitable. But so too is change.

"Things do not change," Henry David Thoreau once wrote. "We do." And one area where this has been especially evident in recent years is in the jobs we hold.

The days of positions being designated by one's sex may not be gone but certainly are at least on the way out. And the incidence of men crossing over to jobs once exclusively held by women and vice versa appears to be on the way in.

At the MGH there is a female Security officer (Linda Sarno, featured in the May 24, 1984 HOT LINE), some male secretaries, and Ms. Cyr, who is a Preventive Maintenance Coordinator in the Maintenance Department.

"I like doing mechanical work," she explained, "and have always been good at fixing things. So when Harold Gregory [from the Personnel Department] told me about this job, I jumped at the chance."

Ms. Cyr is responsible for seeing to it that the mechanical equipment in the hospital is in good working order to prevent problems from happening. A lot of information about the equipment is on computer. But there is other data that can only be obtained by going to the source.

"I spend some time with the equipment," said Ms. Cyr. "And part of my job requires that I climb ladders and get a little dirty."

The Preventive Maintenance Coordinator still smiles when she thinks of one incident when she climbed a ladder to check a machine. "I had just climbed to the top," she recalled, "when I heard this person yell, 'What are you doing up there? Don't you know you could get hurt.' He didn't expect to see a woman doing it, I guess."

Nor did employees expect to see a woman dressed in a blue maintenance uniform walking around the hospital. "When I first began in Maintenance, I did wear a uniform," she related. "A lot of people stared, and one woman even stopped me to say how great she thought it was that I was doing this kind of work."

Male secretaries like Fred Solomos

*(continued on page 4)*

## *A Unit That's Really (Re)Producing*

One thing you can say about members of the Reproductive Endocrine Unit on Vincent 1...they definitely practice what they preach.

While the United States is experiencing a baby boom, for the Reproductive Unit it has been something more resembling an epidemic!

Ten employees of that office (or their wives) have either delivered babies in the past four months or are scheduled to do so in the next four. This is out of a 30-person unit having a total of 11 married women.

Those who have already had babies are Carolyn Albers, a girl, (Jan. 23); Wendy Boepple, wife of Dr. Paul Boepple, a boy, (Feb. 19); Lou Baker, wife of Bill Baker, a girl, (Feb. 23); Dr. Joan Mansfield, a girl, (March 1); and Dr. Nanette Santoro, a girl, (March 5). In addition, Rhonda Watler is on maternity leave.

"It's really a coincidence," emphasized Jan Campbell, an L.P.N. who is due on July 1. "None of us discussed it beforehand. It's just something that happened at the same time."

Others in the unit thought it might

*(continued on page 4)*

*While Dr. Nanette Santoro (second from left) had her baby shortly after this photo was taken, for Jayne Dorfman (left), Jan Campbell (center), Nancy Delaney Perry, and Jeanne Siegmann (far right) it won't be too much longer.*

Trip (continued from page 1)

Mike Baltes does the dialing while his wife is still fighting the urge to fall back asleep under the electric blanket. Ten times the number is dialed, and ten times the line is busy. One more try.

This time, the phone rings. "I really thought he had the wrong number," recalled Ms. Baltes, "especially when it rang so many times."

Finally, a voice on the other end begins to speak. In seconds, Mike Baltes realized he had the right number, and incredibly he is also the right caller. "Can you be at the airport in three hours?" he is asked. "You better believe I can" is the response.

*It took a while, but Mike and Linda Baltes finally were able to be together in Acapulco.*

For a brief moment, the Balteses were so high with excitement they almost didn't need a plane to fly south. But for Linda, reality quickly grounded the ecstacy. While Mike, a planning and administration manager at Stratus Computer, would have little trouble taking off on such short notice, Linda was in a more sensitive position. Being a social worker in Pediatrics, she has a commitment to many patients every day. Not only that, but two others from her six-person unit were going to be away that same week. She knew leaving on three hours' warning would be difficult to arrange. She also knew she had to try.

"Mike and I had just been talking about going to Cancun for our wedding anniversary in May," said the MGH social worker. "We hadn't had a real vacation for three years. So this was like a dream come true. A once-in-a-lifetime opportunity. How could we pass it up?"

While Mike was hastily throwing things into a large suitcase (both toothbrushes but no toothpaste, for example), it was Linda's turn to be on the telephone, frantically making calls to her colleagues, like social worker Ellen Feldman, in an effort to assure that her patients would be taken care of in her absence. Another call was made to Kenneth Scheublin, her supervisor.

"He had definite reservations about my leaving," she said. "Under different circumstances I knew he would want me to go, but he told me he just couldn't. There was not enough time for me to get things in order. To say I was upset would be a big understatement. But I also knew he was trying to be objective."

Tears of excitement that had been in Linda's eyes earlier were quickly replaced by tears of disappointment. Her husband offered to stay home, but she pleaded with him to go, maybe even call one of his buddies to take her place.

While timing had been on their side a short time ago, timing was no friend now. It was shortly after 8:30. Linda again insisted that Mike go without her. Reluctantly, he agreed. Having just $24 in his pocket and more of Linda's clothes than his own in his suitcase, Mike barely made it to the airport in time to catch the flight.

*Ms. Baltes (third from left) back on the job after her trip*

At the same time her husband was departing, Linda Baltes was arriving...at work. "I was trying hard to keep from crying," she recalled. "I never realized the power of the media. So many people in the hospital had heard the radio program and were very supportive. Even my patients were sending me their sympathy. I knew I couldn't go. But it was hard to be left behind, too."

Ms. Baltes again spoke with Mr. Scheublin and to Evelyn Bonander, the Director of Social Service, to see if something could be worked out. "Everyone wanted to find a compromise," she said. She knew Ken Scheublin was in a difficult position. Everything had to be balanced with the responsibility of patient care. That was the important thing. Emotions did run pretty high.

By 3 p.m., the elusive compromise was indeed found. Through the efforts of several people, including Melissa Quimby, Gerry Raper, Ruth Paris, Lailey Roudebush, and Alane Adams from Social Service, along with the support of the Burnham 5 staff, coverage of Linda Baltes' caseload was assured.

On Saturday morning--two days late--Linda Baltes was on her way to Mexico to meet her husband, who by this time had just $2 left in his pocket. She had to pay for her own airfare, but the hotel accommodations were still free.

After a wonderful five days together, Mike and Linda Baltes returned to Boston at 3 a.m. that next Friday. Six hours later, the social worker was in her MGH office, having brought back a tan as well as a new sense of appreciation.

"I was truly impressed by what the hospital did for me," said Ms. Baltes, an MGH social worker for nearly three years. "It was not easy to juggle schedules, especially in an institution the size of this one. But the people in my department, especially Ken Scheublin, really came through. And the best thing was there was absolutely no animosity on the part of anyone. The people here were genuinely happy that I could go. If I had felt otherwise, I never would have left."

So normalcy has once again returned to the lives of Linda and Mike Baltes. The clock radio still goes on at 6:30 a.m., and the dial is still set to WROR. "The station is now offering a free trip to the Carribean on Friday mornings," related Ms. Baltes. "But no one has to worry. We won't be calling."

# Activities Planned for Better Speech and Hearing Month

For more than 50 years, May has been designated as National Better Hearing and Speech Month. This year the Speech-Language Pathology Department units at the MGH, MEEI, MGH's Bunker Hill Health Center, the Revere Health Associates, and the Chelsea Memorial Health Center will be conducting special programs throughout the month of May to increase community awareness of speech, language, and hearing disorders.

Speaking, hearing, and understanding are essential to human communication. A disorder in one or more of these abilities can interfere with a person's capacity to function adequately in our society. One out of every ten people has a speech, hearing, or language problem.

*Speech-Language Pathologist Karen Price demonstrating different sounds to a group of children*

*Speech-Language Pathologist JoEllen Cumpata testing the pitch and intensity of patient's voice with the Visi-Pitch machine*

Here are some common characteristics of communication disorders:

LANGUAGE DISORDERS--
Delayed Language: Marked slowness in the onset and development of language skills necessary for expressing ideas and for understanding the thoughts and ideas one hears and reads.

Learning Disabilities: Something interfering with an individual's ability to understand the message that his eyes and ears receive.

Aphasia: Loss of speech and language abilities following brain damage resulting sometimes from a stroke or head injury.

SPEECH DISORDERS--
Articulation: Difficulties with the way sounds are formed and strung together; often characterized by substituting one sound for another, omitting a sound, or distorting a sound.
Stuttering: Interruptions in the flow or rhythm of speech; characterized by hesitations, repetitions, or prolongations of a sound, word, or phrase.
Voice: Inappropriate pitch, loudness, or quality (hoarse, harsh, or breathy).

Professionals who identify, evaluate, and treat communication disorders in individuals have a minimum of a Master's degree in the field of Speech-Language Pathology and/or Audiology. A Speech-Language Pathologist is educated and trained in the study of human communication, its normal development, and its disorders. By evaluating the speech and language skills of children and adults, the Speech-Language Pathologist determines if communication problems exist and decides the best way to treat these problems.

During the month of May, brochures, posters, and displays will be distributed and placed throughout the hospital and health centers to give MGH staff and visitors a better understanding of communicative disorders and current information on diagnosis, treatment, research, and technology.

The following special events are scheduled for the month of May:

Wang Ambulatory Care Center
May 1 & 28, 11:00-3:00--Information table in the lobby with posters and handouts. Speech-Language Pathologists will be available to answer your questions. Hearing, speech, and voice screening will be available for staff and patients during this time at no charge.

May 17, 10:00-12:00--Lecture by Phillip Lieberman of Brown University. "Maybe They Can't Read It, Write It, Or Say It Right Because They Can't Hear It Right--Phonetic Speech Perception Deficits in Dyslexia." To be held in the Walcott Room, ACC 1.

Bunker Hill Health Center
May 8, 10:00-3:00. Open house with equipment, materials, and test displays. Videotapes, audiotapes, posters, and brochures. Handouts and posters will be displayed throughout the health center during the month. Speech and hearing screenings are scheduled for June. Date to be announced. For further information, call 242-5748.

Chelsea Memorial Health Center
The Speech-Language Pathology Department is planning community in-services for parents, nursing homes, schools, day care centers, and preschool programs.

Revere Health Associates
May 21, 6:00-7:30 p.m. Jill Curatolo, Speech-Language Pathologist, will give a presentation about normal language development and techniques to encourage language learning. This presentation is open to all interested parents and professionals.

# Nutritional Highlights

*by the Department of Dietetics*

Spring is noted for many things, not the least of which is getting into shape after the winter months have taken their toll. It seems fitting that the Boston Marathon be run in April since the race inspires some folks into action.

While skeptics have labeled exercise as a fad, it has become a necessity in many people's lives. However, there are still those who can't seem to get going. Excuses for not exercising range from "too busy," "too lazy," "too old," "too tired," "exercise is boring," and "I get enough exercise at home (or work.")

One does not need to be a marathon runner to enjoy the benefits of exercise, such as cardiovascular conditioning and weight control. Other benefits include improved muscle strength and flexibility, bone density, control of chronic diseases (e.g. diabetes, hypertension, high cholesterol and/or triglycerides), sleep patterns, stress management, and overall self-image.

A study was recently published in the New England Journal of Medicine by Dr. Ralph Paffenbarger, visiting professor at the Harvard School of Public Health. He examined the relationship between exercise and longevity. It was found that those who engaged in even moderate exercise tended to live longer than their sedentary counterparts.

If you're still not convinced to become an exerciser, think about the "Yo Yo Syndrome," which is the tendency to lose and gain the same 10 or more pounds over and over again. The problem is that weight lost is partly fat, muscle, and fluid. However, weight regained is primarily fat. That means, every time one starts over, there is a larger proportion of fat which is more difficult to lose. Regular exercise can help in two ways: 1) easier to maintain appropriate weight; 2) reduce the proportion of fat and increase muscle which burns more calories.

Now that you're ready to go, why not try walking. The only equipment you need is a good pair of walking shoes with low heels and good support. A running sneaker is ideal. A reasonable goal is to work up to 30-40 minutes (or more) of continuous walking. Start with three days per week and increase to four or five days.

## *Trainers Sought for Program*

The Office of Training and Development is pleased to announce the addition of "Frontline Leadership" to its management training programs. This program offers a wide variety of applications for middle management as well as supervisors and potential supervisors.

The core program covers such topics as Basic Principles, Giving Constructive Feedback, Getting Good Information From Others, Getting Your Ideas Across, Dealing With Emotional Behavior, and Recognizing Positive Results. In addition, there are topics which relate to developing team performance, managing change and innovation, managing individual performance, and making organizational impact.

In order to make these programs widely available, Training and Development will be training supervisory personnel to be trainers. If you are interested in being a trainer, please contact Maria Greco, Coordinator of Management Education, at Ext. 2230.

## Roles (continued from page 1)

and Clay Van Batenburg also get a few curious glances. But so far a lot of the words they hear are the result of mistaken identity.

"People sometimes think I'm the doctor," explained Mr. Van Batenburg, a secretary/receptionist in the Psychiatry Ambulatory Care Unit. "They're not used to seeing a man working in this type of job."

But for Mr. Van Batenburg, who has been at the MGH only since last year, the job of a secretary fulfills his needs in the working world. "I'm a detail-oriented person," he remarked, "and I like to spend time working on efficiency. Being a secretary allows me to do this, and it also gives me the opportunity to interact with people."

*Fred Solomos is secretary to three radiation therapists.*

Mr. Van Batenburg added that his mother was a secretary, too, so that, in a sense, he is following in his mother's footsteps. "But the job has changed so much since she began," he said. "It has evolved from being strictly a lot of manual skills to a position that requires more managerial and time-management skills."

Fred Solomos would certainly agree. As senior secretary to three radiation therapists in the MGH Cancer Center, he is responsible for a variety of managerial/secretarial tasks. "Typing letters is just a small part of my job," he explained. "I also coordinate activities and set up meetings and lectures."

And Mr. Solomos bristles when people refer to him as being "just" a secretary. "I really think it takes away from the responsibility of the work," he responded. "I don't feel any less of a person because I'm in a supportive role. I know that the doctors I work for respect me and trust me. And this makes me feel good about what I do."

Mr. Solomos, who has been at the MGH for nearly five years, was quick to point out, however, that he doesn't see himself being a secretary for the rest of his life. "I'm open to other opportunities that would utilize my secretarial experience and organizational skills," he said.

One former secretary who did just that is Robert Andrews. When he came to the MGH more than five years ago, he was hired as a secretary in the Ambulatory Screening Clinic (now the Walk-In Clinic). Eventually, he worked his way up to his present position as Assistant Unit Manager in Ambulatory Psychiatry.

"That's the good thing about working at the MGH," he explained.

*Jeannette Cyr checking equipment in the Gray Building subbasement*

"Hard work is rewarded. I happen to enjoy staying busy. If you work hard, you can move up."

Mr. Andrews readily admitted that he used his secretarial job as a stepping stone. But he said he has no regrets about going into the field. "It's one of the best ways of learning about an organization," he stated. "I don't think I could do the job I have now without that secretarial experience."

Nancy Dignan of the MGH Personnel Department reports that slightly more men are now applying for clerical positions at the hospital than in past years. "Secretaries are in such demand," she explained. "There is a critical shortage of qualified secretaries, especially in the health care field." She also pointed out that the changing attitudes of many bosses has resulted in a growing number of men coming into the field that was once considered exclusively a woman's.

"It's a good, honest way to make a living," remarked Mr. Solomos. "It may not be the best paying job, but it meets all my expenses."

And as for one sex choosing to work in a field dominated by another, Mr. Van Batenburg believes it may all be a matter of semantics. "When men first became stewardesses, the title was changed to 'flight attendants.' And people used to say 'male nurses.' Now they're just called nurses. It seems language often accommodates all circumstances."

*Clay Van Batenburg's job as a secretary utilizes his managerial and time-management skills.*

## Don't Forget! This is National Secretaries Week.

## (Re)Producing (continued from page 1)

be contagious. Each week, it seemed, another employee would announce she was pregnant. "It got to be pretty funny," remarked Nancy Delaney Perry, an executive office assistant, who is expecting her second child this month.

But not everyone may have been smiling. For one thing, there would be several maternity leaves at the same time putting a strain on staffing. (But the women reported that Dr. William F. Crowley, Chief of the unit, has taken the situation very well.) However, perhaps more important, the expectant mothers had to be sensitive to the feelings of their patients, couples having a difficult time conceiving.

"Working here we have learned that pregnancy isn't the 'next rite of passage,'" said Jayne Dorfman, a physician's assistant, who is expected to give birth this month. "Having a baby is something that none of us has ever taken for granted. One of our patients has even told us that she's encouraged to know that people do get pregnant. It gave her hope."

Having so many pregnancies at once, the women obviously have formed their own support network during the nine months. "Just being able to talk with each other about different questions and concerns has been very helpful emotionally," remarked Ms. Campbell, who added that each woman knew she would be having a baby very early in her pregnancy.

But according to Jeanne Siegmann, a research technologist, whose baby is expected in August, "It's all right to compare pregnancies, but it's probably not a good idea for us to compare children after they are born. I think we realize that no two children develop in quite the same way at the same time."

So the wait continues for Nancy Delaney Perry, Jayne Dorfman, Jan Campbell, and Jeanne Siegmann, while their coworkers watch the shape of things to come. "The unit began a lottery to try and guess when the babies would be born and their sex," related Ms. Perry. "But I guess there were just too many of us to keep track of. Instead, they came up with a sign."

It was a very simple one that seemed to sum up the situation perfectly. It read "BABIES, BABIES, BABIES!"

*Alan Cohen reading with one his students, Sefton Parnell*

# Making the Grade While in the Hospital

Most of the time, Alan Cohen is in a hurry. Although he may see only about 8 to 10 patients a day, he is likely to spend about an hour with each. That often makes for a pretty full schedule.

So in Mr. Cohen's line of work, there is never any time to waste. There is always so much catching up to do. Not for him, you understand, but for his patients, or in this case, his students.

Mr. Cohen is a school teacher, and the patients' rooms on the Burnham floors are his classrooms.

Mr. Cohen has been tutoring pediatric patients at the MGH for the last five years, somewhat longer than he ever imagined.

"When I came here in 1981," he explained, "I did it with the intention of staying maybe a couple of years. But here I am today."

Although he is not an employee of the MGH, the school teacher has often spent up to 40 hours a week at the hospital, tutoring those children whose illnesses or injuries have kept them out of school for long periods of time.

Mr. Cohen came to the MGH from the State Department of Education at a time when cuts were being made in school budgets as a result of Proposition 2 1/2. "Before Proposition 2 1/2," said the school teacher, "Boston had school teachers based in the hospital to teach children from the city as well as other communities. But with budget cuts, those positions were eliminated. So there was a need for someone to do the tutoring for everybody."

And Alan Cohen fit the bill.

Since he must contract with each school system, those communities pay Mr. Cohen's salary. It is a very flexible arrangement, which the school teacher admits has its good and bad features.

"It's an unpredictable kind of job," he said. "Some days I can be teaching for eight hours, while other days I'm here for just a couple of hours. But I still have to prepare my lessons. I guess I never have to worry about falling into a routine. The income obviously varies, too. But it's difficult to make other plans since I must adjust my schedule to the needs of the kids."

But teaching certainly keeps Mr. Cohen on his toes. At 9 a.m., for example, he can be on Burnham 4 teaching a high school senior how to write French, and an hour later he can find himself on Burnham 5 teaching a first grader how to write his name.

"I'm required to know a lot about almost everything," pointed out the school teacher, who states that math is his strongest subject. "And what I am not all that familiar with--such as Physics--I'll have someone else come in to teach."

Although the students are not physically in school, that doesn't mean they can get out of doing homework. "Their teachers give me the assignments," Mr. Cohen explained. "I try to tell the kids that the more they can do while in the hospital, the easier their adjustment will be when they return to school. But that philosophy doesn't always work, especially when you're not feeling well to begin with."

Therefore, the teacher must tailor his lessons to the individual needs and physical capabilities of each child. "Some kids just can't seem to focus their attention on school work," he remarked. "Being in the hospital, there are so many distractions. Many kids have tubes or are attached to equipment. And then there are people coming in and out, including family members. But we do the best we can."

Some children, according to Mr. Cohen, take the attitude that being in the hospital is like being on vacation from school. Others work just as hard as if they were in their own classrooms. And there are a few who surprisingly do even better.

"One girl who has been here for more than a month is actually way ahead of her class," the tutor reported. "Some kids really seem to thrive on a one-to-one basis. Having the individual attention is probably the best thing that could happen to them academically."

Such was the case of 16-year-old José, a cancer patient who was hospitalized at the MGH a few years ago. As Mr. Cohen described, José was not interested in school work and had no real career aspirations when he got out of school. "But after working with him for a while on an individual basis," said the teacher, "his attitude changed so much that when he left here, he had plans to use his artistic skills in a career. He just seemed to thrive by learning on an individual basis."

It is memories such as these from among the 400 or so students he has tutored at the MGH that Alan Cohen says make his job worthwhile. "You can't really make a career out of it," he remarked, "but it's something that I still enjoy doing. And it keeps me learning."

Which is, after all, what one might expect from a "teaching hospital."

# Experiences of Widows Examined in New Book

Dr. Phyllis R. Silverman, Professor in the Social Work in Health Program of the MGH Institute of Health Professions, has written a new book. It's entitled WIDOW-TO-WIDOW, and it describes the theory and experience behind the growth of mutual help programs for widowed women.

Among the topics discussed are Grief as a Transition, The Transition from Wife to Widow, Ways of Helping, and Widowhood and Mutual Help.

Dr. Silverman has served as a consultant to several task forces on bereavement and primary prevention convened by the National Institute of Mental Health and has consulted with agencies across the country on issues of bereavement, mutual help, and prevention.

Dr. Silverman holds a social work degree from Smith College, an M.S. from the Harvard School of Public Health, and a Ph.D from Brandeis University.

The Institute Professor was recently quoted in THE NEW YORK TIMES, and a story about Dr. Silverman's experiences with groups of widows appeared in the May 1982 MGH NEWS.

*Dr. Silverman (right) with Elizabeth Wilson (left) and Mary Pettipas. It was the work of Ms. Wilson and Ms. Pettipas that was the basis for Dr. Silverman's book.*

## A Silver Year for Chest P.T.

The Chest Physical Therapy Department celebrated its 25th anniversary year recently with a reception at the Kennedy Library.

It was in 1960 that Dr. Clem Hiebert, a surgical resident at the MGH, went to England to do a fellowship in thoracic surgery. While there, he noted the benefit of physical therapy in decreasing postoperative pulmonary complications and felt that the MGH should initiate a similar program.

So it was that Marica (Mica) Rie was asked to come to the MGH to start a pulmonary Physical Therapy Service under the auspices of the Department of Anesthesia. Dr. Henning Pontoppidan became Medical Director of the service, a position he held until Dr. Roger Wilson assumed the post.

Many of the first patients to be seen had polio. But the focus quickly shifted to management of the postoperative patient.

Today, under the direction of Colleen Kigin, the Chest Physical Therapy Department treats acutely ill patients on medical, pediatric, and surgical services and runs an outpatient pulmonary rehabilitation service in conjunction with the Pulmonary Department.

Among those who attended the anniversary reception were Dr. Hiebert, now a cardiovascular thoracic surgeon in Portland, Maine, and three former directors of the department--Mica Rie, Alice Gross, and Mary Martin, all of whom still work at the MGH.

In February, Chest Physical Therapy sponsored a two-day conference entitled "Management of Cardiac and Pulmonary Diseased: Decreasing Hospitalization." The guest speaker was Diana Gaskell, an internationally known physiotherapist who is the Superintendent of the Physiotherapy Department of Brompton Hospital in London.

*Among those attending Chest Physical Therapy's 25th anniversary party at the JFK Library were (left to right) Colleen Kigin, Mica Rie, and Alice Gross.*

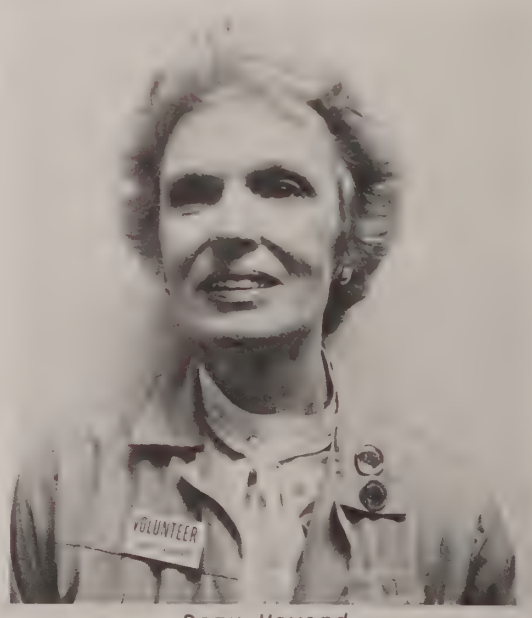
*For many who attended the party, it was the first time they had seen each other in several years.*

## MGH Volunteer Honored by United Way

Dory Howard, an MGH volunteer for the past seven years, has been selected as one of ten outstanding volunteers for 1986 by the Voluntary Action Center of the United Way of Massachusetts Bay.

Mrs. Howard has donated more than 2,000 hours of service to the MGH. Her primary focus has been the Emergency Ward, where she has been available to patients and staff. She has also made a significant contribution as a volunteer in the Family Waiting Area in the Gray Building Lobby.

This past year, Mrs. Howard was selected to serve as a trainer for all new E.W. volunteers. "Dory has a tremendous capacity to extend herself," remarked Pat Rowell, Acting Director of the Volunteer Department, "and to accept the responsibility as a role model for others."




*Dory Howard*

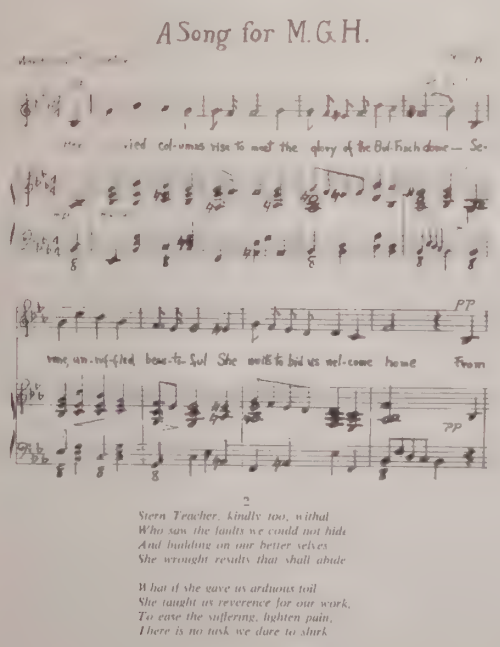
## *"A Song for MGH"*

The year was 1916. MGH nursing student Margaret Dieter found herself in France serving in a hospital during the height of World War I. She was part of a group that came to be known as "the Bourdeaux Belles."

Thousands of miles from home, Margaret reminisced about the life she left behind and the hospital where she trained. Inspired, she decided to put her thoughts into words and the words into song.

Through the years, this song was sung at every School of Nursing graduation from 1922 until the School closed in 1981.

Margaret Dieter and the School of Nursing (in its original form) may be gone, but "A Song for MGH" lives on.


A Song for M.G.H.
Stern Teacher, Kindly too, withal
Who saw the faults we could not hide
And building on our better selves
She wrought results that shall abide
What if she gave us arduous toil
She taught us reverence for our work,
To ease the suffering, lighten pain,
There is no task we dare to shirk
Where life and death are side by side
And creeds and races strangely blend,
To share these things from day to day
She helped us each to find a friend
Oh, Gracious Guardian of our past,
This children rise to honor thee
God bless and keep you MGH,
Secure through all the years to be

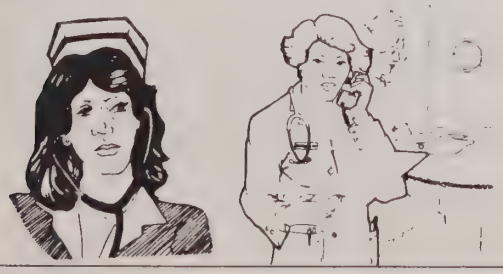
THE MGH HOT LINE

May 1, 1986

News Office, Bulfinch 1, Ext. 2206

## *In Recognition of Nurses*

Nurse Recognition Day is Tuesday, May 6. A breakfast honoring MGH nurses will be held from 7:30-9:30 a.m. in the East Cafeteria, and a dinner will take place from 4:30-6:30 p.m. in the Walcott Room. This year, a contest is being held asking nurses to describe "What Nursing Means To You." A photograph, poem, essay, poster, or drawing may be submitted for consideration. The winners will be announced by Yvonne Munn, Director of Nursing and Associate General Director, at the nursing breakfast.



## End Your Search

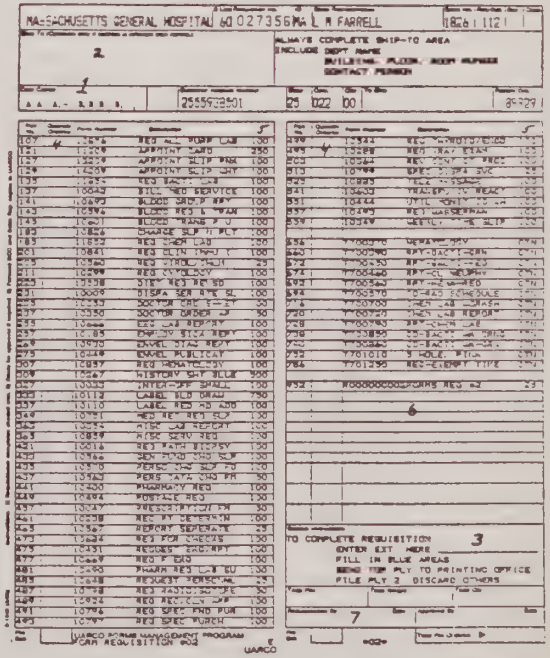
There will be a Security Systems Fair on Thursday, May 8, from noon to 4:00 p.m., in the Walcott Room. The Fair, which is being sponsored under the auspices of the Security Task Force, is being held in response to an increase in the incidence of property loss in the research laboratories. It will be an opportunity for vendors to display state-of-the-art security systems reasonably priced and suitable to the needs of the hospital and research community. Also on hand will be representatives from the MGH Insurance office, Security, Biomedical Engineering, and Purchasing to discuss related issues and policy.

### *Volunteers for Study Needed*

The Psychopharamcology Unit of the MGH has recently begun a study examining the effects of a new antidepressant drug in the depressed, geriatric population. All participants receiving the drug will be followed by a physician throughout the study without cost. If you know of a person over 64 years of age who may benefit from this investigation, or if you would like more information, please contact Laura Pill, the research assistant, at Ext. 3488.

## New Forms

A new forms system goes into effect tomorrow (May 2) at the MGH designed to standardize and simplify the process of forms acquisition, improve the level of service, and reduce costs. (See sample below.) Orientation sessions have taken place to aquaint employees with the new system. If you have any questions, please contact Materials Management at Ext. 8209 or 8210.



MASSACHUSETTS GENERAL HOSPITAL 60 027356 MA L M FARRELL 1826 1112

ALWAYS COMPLETE SHIP-TO AREA
INCLUDE DEPT NAME
BUILDING, FLOOR, ROOM NUMBER
CONTACT PERSON

TO COMPLETE REQUISITION 3
ENTER EXT HERE
FILL IN BLUE AREAS
SEND TOP FLY TO PRINTING OFFICE
FILE FLY 2 DISCARD OTHERS

WARCO FORMS MANAGEMENT PROGRAM
FORM REQUISITION 802
WARCO

1. Cost Center
AAA =3 digit cost center
BBBB = 4 digit fund number (If required)
2. Ship to - Must include:
Department name
Building, floor, room number
Contact person
3. Requesting location phone extension
4. Number of units of issue requisitioned
5. Unit of issue
6. Write in Form Number and Description
If form needed does not appear on Preprinted Requisition.
7. Requisitioned by, Date
8. Send Fly 1 to the printing office
9. Retain Fly 2 for your records

## Programs for Your Health and Well-Being

The Office of Training and Development is offering the following health and wellness programs free of charge to employees:

Sixty Minutes with Workplace Posture and Pain--The Occupational Health Team has designed this program to provide basic knowledge to prevent postural strain and stress commonly found in "desk jobs." The program is in two one-hour sessions, May 6 and 20, and July 1 and 22, 12-1 p.m., Ruth Sleeper Hall Room 080. Advanced registration is required.

Let's Quit--A one-hour support and educational program for those kicking the smoking habit. It is being offered May 7, June 11, and July 2, 1-2 p.m., Ruth Sleeper Hall Room 080. No advance registration needed.

Parenting Can Be Frighteningly Wonderful--A weekly support and information group for soon-to-be parents, new parents, and even those not-so-new parents. Part of each class will be devoted to growth and development and parenting. Program meets every Monday. May 5 and June 2 sessions in the Patio Room. All others in Ruth Sleeper Hall Room 080, 12:30-1:30 p.m. No advance registration needed.

Eating Right--A diet support group meeting weekly. Part of each session will be educational information on basic nutrition. Program meets every Friday, 12:30-1:30 p.m., May 9 and June 6 sessions in Patio Room. All others in Ruth Sleeper Hall Room 080. No advance registration needed.

Back Care Management: What You Can Do--Four one-hour sessions designed to provide knowledge in back care management for activities at home, work, and at leisure. June 3, 10, 17, and 24, 12-1:00 p.m., Ruth Sleeper Hall Room 080. Advance registration required.

We All Can Burn Out: Care for the Caregivers--Three-hour program offered on May 2, May 23, June 27, and July 25, 8:30-11:30 a.m., Ruth Sleeper Hall Room 080. Advance registration required.

For more information on any of these programs, please contact Linda Lass-Schuhmacher, Training and Development, Bulfinch 2, Ext. 2230.

## Institute Courses

The following evening graduate courses are being offered to special students by the MGH Institute of Health Professions:

Cardiopulmonary Anatomy, Physiology, and Pathophysiology

Cognitive and Behavioral Concepts in Health Assessment and Treatment

Epidemiological Approaches in Professional Health Care Practice

Ethical Issues in Health Care

Leadership Skills for Clinical Specialists

Writing for Professional Publication

Biomedical Instrumentation for Study of Human Movement

Issues in Ambulatory Care Nutrition

Manual Therapy--Spine

Tuition is $255 per credit, and deferred payment plans are available. For more information or to register, contact Nancy Bridgeman at Ext. 8010.

*A reminder that a memorial service will be held today (May 1) at 12:15 in the Chapel for Adell Corkum.*

May 22, 1986

# THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

## MGH Performs First Successful Pancreas Transplant in New England

A 32-year-old Raymond, New Hampshire man walked out of the MGH last month with a new kidney, a new pancreas, and definitely a new lease on life.

David Campbell thus became New England's first successful pancreas transplantation recipient. As a result of the surgery, Mr. Campbell was also essentially cured of diabetes, a disease he has had for the past 20 years.

By performing New England's first successful pancreas transplant, the MGH also became the first hospital in New England and one of the few in the world to successfully transplant five different organs--the heart, kidney, liver, bone, and now pancreas.

On a sugar-restricted diet since he was 12, Mr. Campbell had begun to develop complications from his diabetes in the past few years. Although his twice daily insulin shots compensated for his nonfunctioning pancreas and kept his elevated blood sugar levels under reasonable control, secondary complications began to develop about five years ago.

Gradual deterioration of his kidneys led to dialysis and ultimately

*(continued on page 4)*

*Nelson LeClair is all smiles as he crosses the finish line in the Boston Marathon. Just behind him is Kris Nelson of the MGH.*

## *Marathon Winners Without Finishing First*

The last time Kris Nelson ran in the Boston Marathon was in 1982. Her time was a very respectable four hours and eight minutes. She was pleased. Although like all runners, she knew she could do better.

This year Ms. Nelson, a nurse in the MGH's Cardiovascular Health Center, ran again. She crossed the Copley Square finish line with a time of five hours and thirty minutes. Her reaction? She was ecstatic. "It was one of the highlights of my life," she exclaimed. "No glory could parallel this."

Why would a runner be so thrilled about finishing an hour and a half slower than the last time? The reason is a man by the name of Nelson LeClair with whom she ran the entire 26 miles, 385 yards.

Five years ago, Mr. LeClair suffered a cardiac arrest and eventually had to have open heart surgery. Recognizing he was overweight and out of shape, the Winthrop resident joined the MGH's Cardiac Rehab. program at the Harvard track. It was there that he met Ms. Nelson.

"When I first saw him, he was very overweight and had never really exerted himself physically," related the nurse.

But gradually, under the supervision of Ms. Nelson and the Cardiac Rehab. staff, Mr. LeClair participated in exercises designed to firm

*(continued on page 3)*

## *Volunteers Honored for Their Talent and Commitment*

Nineteen volunteers and the manager of the MGH Warren Library were honored at Volunteer Recognition Day ceremonies held on April 22.

The 1986 Jessie Harding Awards were presented to Barbara Adams and Ann Fournier.

Ms. Adams began her volunteer service at the MGH in 1978. Since that time she has contributed more than 2,200 hours of service, mainly as a Spanish interpreter. In that capacity, she has been involved in many aspects of patient care from assisting in the Admitting Department to interacting with patients, nursing staff, and physicians.

Ms. Fournier this year celebrated her tenth anniversary as an MGH volunteer. During the past decade she has contributed more than 3,000 hours of service, all of it in the Gray Building Admitting Area.

The Trustees' Award was presented to Nancy Kessner, who as librarian and manager of the Warren Library, has utilized the services of volunteers in a variety of ways, including distributing books and magazines to patients and assisting with duties at the circulation desk.

In addressing the gathering of volunteers, employees, and guests, MGH General Director Dr. J. Robert Buchanan noted that volunteers play a significant role in the operation of the hospital, and he thanked those who have contributed their time and talents.

*(continued on page 2)*

*Harding Award winners Barbara Adams and Ann Fournier with Board of Trustees Chairman Francis Burr*

## Employees Who Pay Off

For most of the week, they work in relative obscurity. In their world of figures, these figures are hardly ever noticed.

Except on Thursday.

That's when much of the MGH comes to their door. You might say it's the day when their efforts during the week really pay off.

But being seen one minute and almost nonexistent the next is the price you pay if you work in the Weekly Payroll office.

"We really do keep a rather low profile around here," remarked Judy Chevrette, who has worked in Weekly Payroll for 20 years, the last 10 as its supervisor. "I guess some people think the only time we're busy is when we distribute the paychecks on Thursday."

*(continued on page 5)*

# Nurse Answers the Call

Although the seed may have been planted years earlier, Elizabeth Gomes recalls that it was in 1979 when the idea seemed to bud and actually blossom.

"A colleague on Baker 11--Alma Temple--had just died of a brain tumor," explained Ms. Gomes, administrative supervisor of the Day Surgery Unit now situated on ACC 3. "I was asked to give the sermon at her memorial service in the Chapel. It was during the ceremony that I recognized I had a calling...one that would incorporate my experiences as a nurse but something that would extend beyond the profes-

*Liz Gomes with a Bible given to her as a gift from her colleagues*

sion."

Today, seven years later, Ms. Gomes has exchanged her surgical gown for a robe. A woman of the cloth in the heartland of the country.

After 25 years in nursing at the MGH, Elizabeth Gomes left the hospital earlier this month to train as a hospital chaplain in Iowa City, Iowa. Massachusetts and Iowa are miles apart. But, as Ms. Gomes explains, nursing and the ministry are relatively close in a number of respects.

"It's really a question of semantics," she remarked. "Caring and ethics predominate both. Each uses a different language and system to carry out its objectives. But there are the same psychological and spiritual aspects."

A part-time student at the Episcopal Divinity School (an affiliate of the Harvard Divinity School) since 1982 and returning as a full-time student in the fall, Ms. Gomes said that when she was a child, she had thoughts of becoming a missionary. Instead, she went to college and studied nursing. "Nursing was a good foundation on which to grow as a professional and as a person," she declared. "The MGH allowed me to exhibit compassion. This hospital cares for people as much as the church does."

And yet for the administrative supervisor, something was missing. "It's hard to explain, but I just knew that, for me, there was something beyond nursing. A calling, I guess. Maybe a voice within myself telling me to be a priest."

The road from the operating room to the pulpit, however, is a long one. In Massachusetts, Ms. Gomes will continue her studies as a student in a local church. Upon graduation from divinity school next year, she will begin the process of ordination as a generalist priest, and finally a specialist priest in the Episcopal Church. Currently, there are about 14,000 Episcopal priests in the United States, but only some 500 of them are women.

"I don't think a woman has to compromise herself to want to be a priest," Ms. Gomes remarked. "As a Christian feminist, it's your manner. It's how you come across as a person that's important in whether or not you'll be accepted."

On that score, the nurse doesn't anticipate any problems, at least on her part. "I like people," she declared. "I accept people for what they are without passing judgment."

Acknowledging that the MGH gave her the basis for going to divinity school, Ms. Gomes has no regrets about waiting several years before taking this new direction in her life. "I don't think I was ready 10 years ago," she said. "I know I am now. My work at the MGH is done. I just want to utilize the gifts I have in a new and meaningful way."

## Volunteers (continued from page 1)

Mr. Francis H. Burr, Chairman of the MGH Board of Trustees, presented Picture Awards to the following volunteers:

Camille Albano, Ron Becker, Gertrude Campbell, Cathleen Corbett, Joan DeGuglielmo, Susan Ellison, Dorothy and Alex Jarvie, Joyce Killingsworth, Beth Lewinger, Katherine Mootz, Mary Murphy, Paula O'Keeffe, Diana Richardson, Joe Scully, Alice Smith, and Rose Zizzo.

In addition, Mr. Burr presented volunteer Louis Filadoro with the 1986 Interpreter Award for distinguished service to the welfare of Italian patients and their families.

Under the direction of Acting Director Patricia Rowell, 900 volunteers, ranging in age from 16-92, contributed more than 96,000 hours of service to the MGH in the past year. Volunteers can be found in the Emergency Ward, the Research Labs, the Family Waiting Area, the Phillips House Reception Desk, the Cox Center Hospitality Service, Information Desks, the General Store and the Flower Shop, and in the Patient Care Representative's Office. They also serve in the Interpreter Service, the Recreational Therapy Program, and are Chaplaincy Visitors.

*Dr. Buchanan addressing the MGH's volunteers*

*The Pediatric Nursing Service won first prize in this year's Patient Teaching Fair. With the winning exhibit are nurses Diana Grobman (left) and Anne Fiore. Others who contributed were nurses Lisa Donovan, Mary McLaughlin, Mary Steele, and patient Robert Silva.*

## *Number One on the Best Seller List in the General Store*

If recent statistics are any indication, chocoholics are coming out of the closet in vast numbers. And at the MGH, they're heading straight for the General Store and ACC Shop.

The latest figures show that of all the items sold in the two MGH shops, candy bars are far and away the number one seller. It accounts for more than 20 percent of all the sales in the shops. Some 9,000 bars are sold in the two stores each week, with the busiest selling period being between the hours of 11 a.m. and 2 p.m.

"We get about 11,000 candy bars delivered weekly and sell approximately 100 different kinds," said Lesley Kaufman, Director of the Ladies' Visiting Committee Shops. "And even with that, sometimes it's difficult to keep up with the demand."

April 10 was a good example. On that Thursday alone 2,067 candy bars were bought by 1,364 customers between the hours of 9:30 a.m. and 7:00 p.m. It's believed to be a new record for the MGH stores.

And just in case you were wondering what the number one selling candy bar sold at the MGH is, it's the Hershey bar.

So make no mistake about it. At the MGH, candy is definitely dandy and at the General store and ACC shop certainly very handy.

*A rare moment in the General Store when there was no big crowd at the candy counter.*

## Marathon (continued from page 1)

up muscles while losing weight. This included walking and eventually jogging.

"I would run around the track," said Mr. LeClair, "and do some running on my own. Eventually, I was up to several miles at a time."

But Mr. LeClair was still not thinking about any marathon until last year when he noticed a photograph in a newspaper of a heart transplant recipient who had competed in the Boston Marathon. He cut out the picture and put it on the wall.

By December, he was running up to 20 miles at a time. Mentally, he knew he was ready to do it on Patriots' Day. The question was could he withstand the grueling competition physically.

"We checked him out thoroughly to make sure his heart was able to take the pressure of the race," said Ms. Nelson. "We were satisfied he was in good physical condition, but we still wanted to be careful because of his past problems. So even though I had only about a month to train, I decided to run with Nelson to keep an eye on him."

Before the race it was decided that Mr. LeClair would not be allowed to run faster than 12 minutes a mile. At that controlled pace, he would finish the race in about five and a half hours.

"I didn't enter the race with the intention of breaking any records," he explained. "I just wanted to finish. I wouldn't have cared if I hadn't crossed the finish line until Wednesday."

Along the route from Hopkinton to Boston, Ms. Nelson made sure Mr. LeClair had no problems. She would talk with him, make sure he took his pulse, and was not distracted by the crowds.

"Kris warned me that the crowd might actually be the worst thing for me by encouraging me to run faster than I should," remarked the Cardiac Rehab. patient. "They really get your adrenelin flowing. I especially remember getting a surge of energy running past the Wellesley College girls. But Kris kept me in check."

*Kris Nelson and Nelson LeClair making their way through Natick during the early part of the Marathon*

Ms. Nelson and Mr. LeClair were joined for the last ten miles by Christie Kuo, another nurse in the Cardiovascular Health Center. Dr. Greg Thomas, although not running, was always close by.

At 5:30 p.m. with a light rain falling and nearly three and a half hours after Rob de Castella had crossed the finish line, Nelson LeClair, with Kris Nelson at his side, completed his mission. The crowds and television cameras were gone, but a loyal cheering section

**"I just wanted to finish. I wouldn't have cared if I hadn't crossed the finish line until Wednesday."**

comprised of Mr. LeClair's family and friends were on hand to clap their hands. The tears also flowed.

Nelson LeClair was so appreciative of Kris Nelson's help that he surprised her on Channel 5's "Chronicle" that night with $1,200 in pledges he raised for the Cardiovascular Health Center.

"I couldn't have done it without her," he declared. "I feel like I'm at the top of the mountain, and I haven't come down yet. It's something I'll never forget no matter how many other times I run. As far as I'm concerned, in the Marathon I came in first. I just didn't win the money or the car."

And for Ms. Nelson, running a slower race than she was capable of in order to help a patient's dream become a reality was no sacrifice at all. As she put it, "I wouldn't have wanted to be anywhere else but with him, not even if I could have been the first person to have crossed the finish line myself."

*While appearing on Channel 5's "Chronicle," Mr. LeClair surprised Ms. Nelson with $1,200 to the Cardiovascular Health Center. At right is program host Mary Richardson.*

In addition to Nelson LeClair and Kris Nelson, others from the MGH ran in the Marathon. Two who called the News and Public Affairs Office with their times were:

John Bump, Materials Mgt., 3:04

Dr. Jordan Garber, Psych., 3:35

# You'll Jump for Joy Over New Floor in the Employee Exercise Room

You've heard many times how exercise won't kill you. Now if you exercise at the MGH, it won't kill your feet either.

A new aerobic floor has just been installed in the Employee's Exercise Room in the basement of Ruth Sleeper Hall. It is specially designed to cushion one's feet and knees during the constant pressure to arches, soles, and toes that normally occurs during strenuous aerobic exercise.

Instead of simply exercising on a carpet over a concrete floor, employees can now put their feet on new carpet which is over a thick layer of soft padding.

"We've wanted to have an aerobic floor for some time," explained Linda Lass-Schuhmacher, coordinator in the Office of Training and Development, "and we're thrilled to finally be able to get one. It should be a big improvement. I'm sure our employees will feel the difference."

*The new aerobic floor being put down*

*And being put through its first test a short time later*

# Computers Solve Acute Problem in the Acute Care Lab

The MGH Acute Care Laboratory, which was founded in 1965 to rapidly perform repeated blood analyses on critically ill patients, is the highest volume laboratory of its type in the world.

Five years ago, the lab appeared to be in danger of collapsing under the weight of its increasing sample load. In response, Dr. Edward Lowenstein, the lab's director, and Mr. Domenic R. Misiano, the technical director, in concert with the supervisory and technical staff, came up with a new plan to allow the laboratory to continue to fulfill its functions without utilizing increased resources.

*Responsible for the new computer system in the Acute Care Lab were (left to right) Domenic Misiano, Dr. Daniel Souder, Dr. Edward Lowenstein, and Maria Pirone.*

One component was to develop a computer system to decrease paper work and transmission errors, permit automated "on line" reporting to replace the telephone system in use, improve turnaround time, and supply an easily readable report for the permanent patient record. Another important goal was to decrease technician stress and "burnout," since the job of a clinical laboratory technician is ranked third on the OSHA list of most stressful occupations.

In June 1982, an agreement was reached with the MGH Laboratory of Computer Science to develop a system specifically addressing the needs of the Acute Care Laboratory and the physician and patient population it serves. This effort was headed by Dr. Daniel E. Souder, associate director of the Laboratory of Computer Science, and Maria Pirone, senior programmer/analyst in that lab.

On March 24, 1985, the new system went on line. And this past March--on the new system's first anniversary--there was indeed cause for celebration. During the past year, 154,000 samples have been processed. That's an average of 422 samples per day, the highest number in the Acute Care Laboratory's history!

## Pancreas (continued from page 1)

to the need for a transplant. Partial eyesight loss and a loss of feeling in his extremities made him unable to work at his job as an assembler at Raytheon in Manchester, New Hampshire, since last August.

Since December Mr. Campbell had been waiting for a suitable kidney/pancreas donor, but because he encountered difficulties while on kidney dialysis during that time, he had to be taken off the waiting list a number of times while his physicians stabilized his condition.

On April 2, Mr. Campbell's wait ended when a suitable donor was found. Late that evening, Dr. A. Benedict Cosimi, Chief of Clinical Transplant Surgery at the MGH, and Transplant Surgeon Francis L. Delmonico traveled to the donor hospital to remove both the kidney and pancreas. In an MGH operating room, Dr. Hugh Auchincloss, Jr., and his team were preparing Mr. Campbell for surgery. Others involved in the transplant were: Transplant Surgeons John D. Hughes and Mary F. Boyle; Transplant Anesthesiologist Charles E. Cook; and Beth Bragdon, R.N. Dr. Nina E. Rubin of the MGH Dialysis Unit and Dr. David M. Nathan, Director of the MGH Diabetes Research Center, have followed Mr. Campbell throughout his treatment at the MGH.

"Because pancreas transplantation is such a new and evolving field," said Dr. Paul S. Russell, Chief of the MGH Transplant Unit, "we will carefully evaluate our approach over the next several months to determine the best course."

*Answering questions at the MGH news conference announcing the pancreas transplant were (left to right) Dr. David Nathan, David Campbell, Dr. A. Benedict Cosimi, and Dr. Nina Rubin.*

As for Mr. Campbell, his postoperative recovery has been smooth with no evidence of rejection of either organ. A kidney, in fact, tends to be rejected a little more often than a pancreas. It is expected that he should be able to resume normal activities and return to work within two months.

"I feel better than I have in years," said Mr. Campbell at an April 28 news conference. He reported that he celebrated by eating his first piece of pie since he developed juvenile-onset diabetes. "It tasted great," he remarked with a smile."

# Nutritional Highlights

*by the Department of Dietetics*

The goal of last month's Nutritional Highlights was to motivate nonexercisers to begin an exercise program by describing the benefits including cardiovascular conditioning and weight control. An exercise plan is also an important part of nutritional therapy for a variety of medical conditions: obesity, hypertension, diabetes, and hypercholesterolemia.

When starting an aerobic program, there are many considerations in choosing the appropriate exercise. It must be BRISK (raising both heart and breathing rates), SUSTAINED (at least 15-30 minutes of uninterrupted exercise), and FREQUENT (at least three times per week for maintaining fitness). Exercise which is nonaerobic usually involves stop-and-go action, short duration, or low intensity. Examples of each are listed below:

| Aerobic | Nonaerobic |
|---|---|
| Brisk Walking | Tennis |
| Jogging | Golf |
| Swimming | Weight Lifting |
| Biking | Most Team Sports |

How hard should you exercise? For most people beginning a program, the goal is to achieve 60-75% of your maximum heart rate. Your heart rate reaches a maximum for your age at which it cannot beat any faster no matter how much harder you exercise. This is estimated simply by subtracting your age in years from 220. You then take 60-75% of this value to find your appropriate "target" heart rate for exercise. It is important to begin your exercise program at a rate suitable for you. If you start at a rate below 60%, don't be discouraged. You can gradually work up to your target rate.

You can check your heart rate by finding your pulse while exercising, count it for 10 seconds, and multiply by 6 to get your rate. You may be surprised to find that it doesn't take much to reach your desired heart rate.

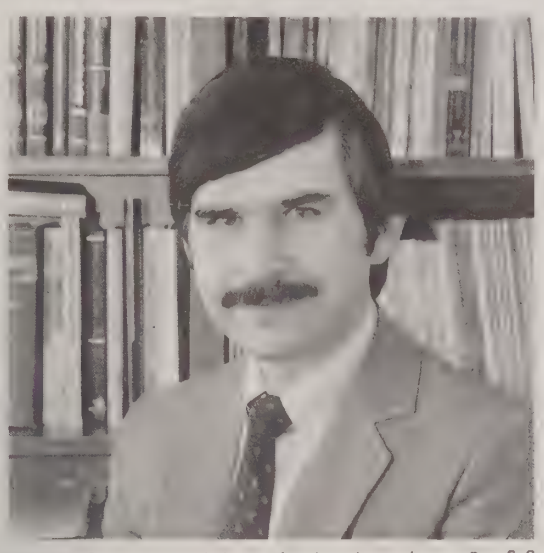
Another consideration is the specific components of an exercise program. A warm-up period of at least five minutes is essential to prevent pain and injury. This can be done by stretching and slow walking. Following this warm-up period is your choice of a sustained aerobic exercise. Even if you are out of shape, try to work up to the appropriate heart rate for a duration of 15 minutes. You are encouraged to extend the duration to 30 minutes as you improve. Finally, a cool-down period at the end of your exercise is also important to prevent injury and stiffness. Again, light stretching and slow walking can bring your heart rate, breathing, and muscles back to baseline.

Sample Exercise Prescription:
5 minute warm-up
15-30 minute aerobic exercise
5 minute cool-down

# Alan Jette Named Director of Institute's P.T. Program

Dr. Alan Jette, R.P.T., has been appointed Director of the Graduate Program in Physical Therapy at the MGH Institute of Health Professions.

An Associate Professor at the Institute, Dr. Jette holds an appointment in the Department of Social Medicine and Health Policy at Harvard Medical School and is a member of the Harvard Division on Aging.



*Dr. Alan Jette (Photo by Jeff Thiebauth)*

He is also involved in several ongoing research projects, including being Director of a $650,000 Dept. of Social Service project on coordinated care for the frail elderly funded by the Robert Wood Johnson Foundation. In addition, Dr. Jette is coinvestigator of a $380,000 project on a computer-based system for long-term care funded by the National Center for Health Services Research and is principal investigator of a $150,000 Robert Wood Johnson project involving elderly patients with hip fractures.

The Graduate Program in Physical Therapy offers experienced physical therapists advanced skills and knowledge in cardiopulmonary, neurologic, and orthopaedic/sports-medicine physical therapy leading to a Master of Science degree. Dr. Jette is currenty developing a specialty in geriatric physical therapy.

Dr. Jette studied physical therapy at the State University of New York at Buffalo, received an M.P.H. in gerontology from the School of Public Health at the University of Michigan, and holds a Ph.D. in Public Health Behavior and Health Education from the University of Michigan.

## Pay (continued from page 1)

But in reality, Thursdays may actually be somewhat quieter than the rest of the week.

On Mondays and Tuesdays, for example, the six Weekly Payroll employees--Ms. Chevrette, Nicole Bolduc, Aggie Knight, Deidre Long, Donna Deshaies, and Cecily Connolly--must process timesheets for approximately 7,000 people in 288 different departments. That's one Payroll person responsible for more than 1,000 employees!

"We have to go through every timesheet to calculate changes in vacation time, as well as to make the necessary adjustments because of overtime or deductions," explained Ms. Chevrette. "This process must be completed by the end of Tuesday so the computer center can process the paychecks Tuesday night."

On Wednesday, all checks come back to Payroll, where they are folded and stuffed into envelopes. "On a good day," reported the supervisor, "this takes a few hours. But when the machine stuffing the envelopes has problems, this can take most of the day to complete."

After the envelopes are stuffed, they must be separated by cost center number so they will be ready for distribution at 7:30 Thursday morning, including the paychecks for the neighborhood health centers in Chelsea, Charlestown, Revere, and Logan Airport.

And while one might think that Payroll employees can get their paychecks sooner than anyone else, this does not turn out to be the case at all. As a matter of fact, they usually don't have the chance to even cash their checks until everyone else's have been distributed.

The rest of Thursday and Friday is spent doing a variety of jobs, including sending out as many as 60 mortgage letters a week to lending institutions requesting financial information on employees. In addition, Payroll must handle accident forms submitted by insurance companies when money issues are involved. Also, prepaid savings to the Boston Five and the Harvard Credit Union must be deducted and MBTA passes distributed.

Thursday afternoons and Fridays are also spent either deleting or adding the names of people to the payroll, making changes in names, salary, and job description, and occasionally reissuing new checks.

It's a schedule that makes you wish for a nice three-day weekend, right? WRONG!

"When we have a four-day week," Ms. Chevrette pointed out, "we have to do the same amount of work in one less day. This means that we have to work through lunches, as well as some evenings, or even a Saturday in order to get the payroll out by Tuesday afternoon."

Despite the pressures of the job, Ms. Chevrette considers herself very fortunate in one important respect. "The people in this office work very, very hard. Every time I've asked them to stay late, they've done so willingly. They've been just great."

However, the Weekly Payroll office does have a few suggestions for the employees.

"Obviously, the sooner we can receive the timesheets, the better it is for us," said Aggie Knight, a 16-year Payroll member. "Most departments are very good about it, but there are a few that we still have to go after every week."

Ms. Knight also pointed out that those responsible for time sheets should be careful about how they complete them to make sure the hours correspond to those the employee is entitled to.

But perhaps the most common problem faced by Payroll personnel involves employees who lose or misplace their paychecks. "When people report that their checks are missing," explained Ms. Chevrette, "we automatically put a 'Stop Payment' on those checks. We tell the employees to let us know immediately if they happen to find them."

The problem comes when a missing check is found, and the employee doesn't notify Payroll. The result is that the employee cashes the check only to find that subsequent checks written are returned due to insufficient funds. "They never told us to lift the 'Stop Payment,'" said Ms. Chevrette. "They come into Payroll to ask us what WE did."

Despite the constant pressure and occasional aggravation, however, the employees say they enjoy what they do. "It's always interesting," remarked Nicole Bolduc, Assistant Supervisor. "It's basically the same type of work every week, and yet every week seems to be a little different."

Like the time a new employee walked into Payroll on a Thursday morning to pick up the checks for her de-department. "Budget?" she was asked, as in budget number for her department. The employee thought for a couple of seconds and replied, "I usually spend about $200 a week."

"Some days," concluded Ms. Chevrette, "you've just got to laugh."

*Members of Weekly Payroll (left to right) Aggie Knight; Nicole Bolduc, Assistant Supervisor; Judy Chevrette, Supervisor; Donna Deshaies; Deidre Long (seated); and Cecily Connolly.*

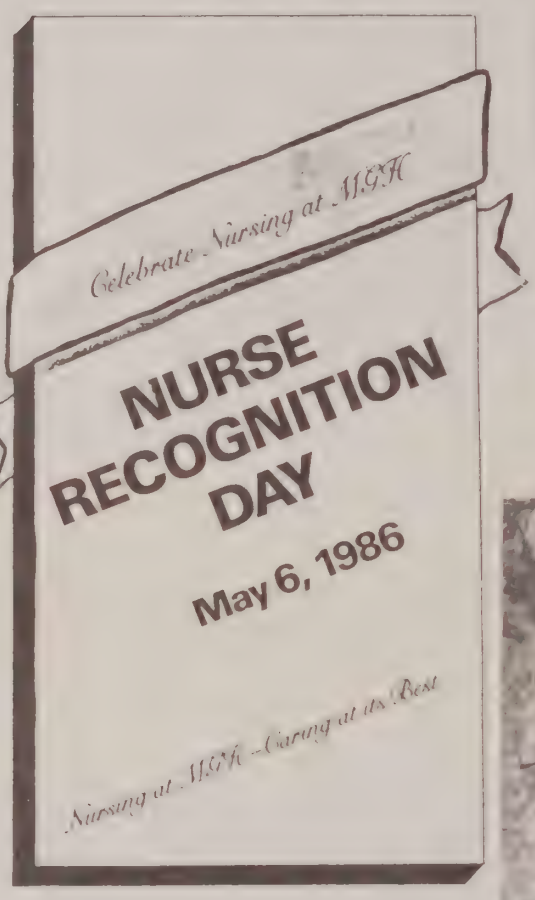
## *Children's Service Symposium*

On Thursday, May 29, from 10 a.m. to 6 p.m., the Children's Service will hold its annual Research Symposium in the Walcott Room.

The symposium will provide an opportunity for members of the Children's Service to share their latest research findings. Presentations will focus on the fields of genetics, growth, neurologic control, mucosal function, and stress and gastrointestinal function in burns.

A highlight of the symposium will be presentations by house officers and fellows, chaired by Dr. Donald N. Medearis, Chief of the Children's Service.

A dinner will be held that evening honoring Dr. John Crawford, Chief of the Endocrine-Metabolic Unit, for his many contributions to MGH research activities. For more information and reservations, please call Ext. 2930.


Celebrate Nursing at MGH
NURSE RECOGNITION DAY
May 6, 1986
Nursing at MGH – Caring at its Best

THE MGH HOT LINE

June 19, 1986

News Office, Bulfinch 1, Ext. 2206

# New Laser Procedure Announced at MGH News Conference

MGH researchers have developed a way to break up kidney stones lodged in the ureter. Dr. Stephen P. Dretler, an MGH urologist, and Dr. John A. Parrish, Director of the Wellman Research Laboratories, began the experimental procedure last October.

The laser procedure employs pulses of light from a tunable dye laser, which has been specially modified for the stone treatment. The laser fragments the stone into pieces which are either removed through a tiny basket or are passed in the urine. This is done without causing injury to surrounding tissue. Up until now, stones lodged deep in this narrow tubular passageway between the kidney and the bladder often have had to be surgically removed or removed with large instruments which could cause injury.

Thirty-four patients have been treated with this laser technique. Only one procedure was unsuccessful. Researchers say the procedure has a potential ultimately to treat an estimated 100,000 Americans each year.

For the past two years MGH urologists have been able to almost totally avoid surgical removal of stones in the kidney and upper ureter by using a lithotripter, a device employing shock waves to crumble the stone. Stones in the lower half of the ureter (below the waist), however, are not appropriate for lithotripsy because of their location deep behind the bones of the pelvis.

## *Polo and Tennis Discounts*

Discounts for MGH employees are available for the high-speed excitement of Myopia Polo. Leading national and international stars will compete at Myopia this summer in top polo competition. Matches begin at 3:00 p.m. on the following Sunday afternoons: July 6, August 24, and September 7.

Boris Becker, Yannick Noah, Jimmy Arias, Guillermo Vilas, Jose-Luis Clerc, Aaron Krickstein, and more of the world's best players will be competing in New England's top tennis tournament beginning July 18. The U.S. Pro Tennis Championships at Longwood is pleased to extend a special ticket offer to MGH employees.

For additional information on these events, check the bulletin board in Personnel Records, Bulfinch 2.

The new City Books have arrived and are available for 25¢ in Personnel Records on Bulfinch 2.

## He Will Be Missed

It is with sadness that we have learned of the death of Steve Corsaro on April 29, at the age of 86.

For more than 50 years, Steve served thousands of members of the hospital staff, their patients, and visitors as "the barber." Like other professionals at the hospital Steve, in addition to his skills as a barber, had talent in making his customers feel good.

Dr. William Sweet, who first went to him as a house officer in 1936, recalled that "he always had a smile and cheery greeting. He also had interesting vignettes about prominent members of the staff."

Dr. George Richardson, another long-time regular customer in Steve's barber chair, remembered that the hospital staff was like his family to Steve. "He took pictures of many of us and displayed them on his shop wall," said Dr. Richardson. "He also loved music and frequently one heard notes of his flute or clarinet as you approached his shop if he happened not to have a customer for a few moments. A haircut was not infrequently interrupted by one of Steve's pet sea gulls pecking on the window looking for a handout."

Dr. Daniel Ellis, another long-time customer and Steve's physician, added that the barber was a sensitive and compassionate person who felt a close relationship to everyone and everything in the MGH. "The MGH was truly Steve's life," he said. "He will be missed by many."

## IN THE HOSPITAL

Dr. John T. Potts Jr., Chief of General Medical Services at the MGH, has been elected to the Institute of Medicine. New members are elected from among candidates chosen for major contributions to health and medicine. In addition, Dr. Walter Guralnick and Dr. William H. Sweet also of the MGH have been elected to the Institute's senior membership.

Dr. Robert H. Rubin of the Infectious Disease Unit has been appointed to the Immunization Subcommittee of the American College of Physicians. The appointment was conferred at this year's annual session held in San Francisco.

Dr. Leonard J. Marcus, assistant professor and chairman of the faculty in the Social Work in Health Care Program at the Institute of Health Professions, is among 40 professionals named to Group VII of the W.K. Kellogg Foundation's Kellogg National Fellowship Program.

## NAMES in the NEWS

Dr. Phillip C. Amrein, an MGH Cancer specialist, was recently interviewed by WNEV-TV (Channel 7), WLVI-TV (Channel 56), and WEEI radio about the FDA's approval of alpha interferon in fighting hairy cell leukemia. Dr. David C. Harmon, also of the MGH Cancer Center, appeared on WCVB-TV (Channel 5) on the same subject.

Dr. Kurt J. Isselbacher, Chief of the Gastrointestinal Unit, was interviewed recently by WBZ-TV (Channel 4) on his colon cancer research grant.

Dr. Najmosama Nikrui of the Vincent Memorial Hospital, recently appeared on Channel 5's "Good Day" show to talk about hysterectomies.

Cable News Network from Atlanta recently taped a segment in the Wang Ambulatory Care Center as part of a feature on Dr. An Wang.

"Spenser for Hire," the ABC television series shown locally on Channel 5, recently mentioned the MGH during one of its shows.

June 26, 1986

# THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

*Mark Reutter as he set out May 31 on his 700-mile bicycle trip through Massachusetts to raise money for the MGH Hematology-Oncology Unit*

## *Bicyclist Completes His Trip Today With Stop Here*

From Worcester to Brewster, from Sturbridge to Stockbridge, and from Middleton to Middleboro he pedaled his way across Massachusetts. More than 700 miles in all.

And at noon today (June 26) Mark Reutter completes his four-week trip arriving in front of the Bulfinch Building.

While MGH researchers continue along the road toward cures for some types of cancer, Mr. Reutter took to the road by bicycle to raise money for research in the disease.

At last count, the 29-year-old Danvers man had collected thousands of dollars for the MGH Hematology-Oncology Unit.

He did it not just for the hospital, however, but for his sister.

Kimberly Ann Reutter died of bone cancer at the MGH last October. She was only 21 years old. A few weeks before her death, Mr. Reutter made a promise to his sister to raise money for cancer research.

And this past month he kept that promise. Given a rousing send-off from his hometown of Danvers on May 31, he traveled north through Gloucester, then to the central and western part of the state, down to Cape Cod, and finally up to Boston by way of the South Shore.

In addition to receiving pledges,

**Cancer Protocol Office is dedicated. Story on page 4.**

Mr. Reutter's bicycle trip served an educational purpose. The electronics technician distributed literature all along his route to help people learn more about prevention, early detection, and proper treatment for cancer.

Helping the bicyclist to coordinate his trip were Kim's oncologist Dr. David Harmon and one of her MGH nurses, Linda Melanson.

They will lead the MGH this afternoon on the Bulfinch Lawn in welcoming Mark Reutter home. All employees are invited to share in the occasion.

## Talk of the Town Meeting

At the June 2 Town Meeting, General Director Dr. J. Robert Buchanan discussed the Theobald patio outside the Wang ACC Cafeteria, increases in room charges, construction of the Bartlett extension, the library, Determination of Need, the 1986 and 1987 budgets, the rumor about layoffs, Westwood Lifecare, and the organ procurement program. He also thanked the employees who participated in the Capital Campaign. The following questions were raised after his initial comments:

*I see significant delays in patients being transported from one part of the hospital to another. I think the Transport Service is doing a good job, but I think they do not have enough personnel to cover the demands for their services.*

I have had many letters from pa-

*Dr. Buchanan sharing a light moment at the June 2 Town Meeting*

tients making the same observation. I do not know whether the Transport Service is currently fully staffed, but I do know that it is an area of high turnover, and vacancies may

*(continued on page 3)*

## *Oh Baby, What a Night!*

The MGH turned out to be both the wrong place and the right place for a young woman visiting Boston from Toronto.

It all began a few weeks ago when Elinor Powicke, seven months pregnant, came to Boston to visit her boyfriend.

A short time after having dinner,

*Elinor Powicke and new son Victor*

Ms. Powicke suddenly experienced what she described as an "uncomfortable feeling." Thinking it may have been indigestion, she and her boyfriend decided to take a walk. But the feeling persisted and intensified. It was then that she determined she was actually in labor.

Although her boyfriend--William Teskey--had lived in the Boston area for a couple of years, he was not familiar with maternity hospitals. But he had heard good things about the MGH, and he knew how to find it. So they came.

When they arrived in the Emergency Ward, they were informed that the MGH did not have an obstetrics unit and that they should go to another hospital that delivers babies.

However, there was no time to go anywhere else. "When I examined her," reported General Surgical Resident Dr. John Steichen, "she was completely dilated, and the baby was already starting to show."

Fortunately, Dr. Steichen had done an obstetrics rotation in Boston. Nevertheless, he tried to get in touch with the MGH's senior OB-GYN

*(continued on page 2)*

## New Device Helps Doctors Learn How Joints Function

A first-of-a-kind device embedded in the hip implant which replaced the ball of the hip joint of a 75-year-old woman is teaching orthopedic surgeons and mechanical engineers about the functioning of joints, including the first measurements of pressure in the hip joint ever made in a human being.

Information gleaned from the instrumented hip endoprosthesis promises to change rehabilitation programs for elderly patients recovering from this common surgery. It already has allowed orthopedic surgeons at the MGH to improve their surgical approach and technique for artificial hip implant surgery. One result is expected to be that the 50,000 people under-

*(continued on page 3)*

# A Camp for Body and Mind

For 15 years, the MGH's Bunker Hill Health Center has operated a summer day camp for emotionally troubled boys and girls between the ages of 5 and 15. (See September 10, 1981 HOT LINE.)

Situated in Westwood, Camp Bunker Hill offers a variety of activities for 85 children from Charlestown and Chelsea during July and August.

*Camp Bunker Hill, among other things, helps children relate to each other.*

In this supportive outdoor environment, the camp attempts to respond to the needs of each child and to support his or her growth and development by providing a recreational and therapeutic program.

Like any camp, Camp Bunker Hill has swimming, boating, and arts and crafts. But this camp also has activities to help children emotionally. These include programs in anger control, self-esteem, depression, and special learning disabilities. Also a program called "Stop Think and Act" teaches children to slow down and think things through before acting. Last year over 80 percent of the children were better at solving problems than they were when the camp began.

It is expected that as a result of attending the camp, these children will be better able to function at school and at home and should need fewer clinical and special services in the future.

The camp, under the direction of Thomas Panowicz, has helped thousands of children over the years. But now it needs help from others, including those of us in the MGH community.

With expenses such as staff salaries, transportation costs, and supplies on the increase, the camp must depend on outside contributions. The parents of the children who attend are able to pay only a small portion of the total annual cost.

*Like other summer camps, Camp Bunker Hill offers many activities.*

Therefore, the camp needs all the help it can get in order to survive and grow. This year's goal is $60,000.

If you are interested in becoming involved in Camp Bunker Hill, please contact Tom Panowicz at the Bunker Hill Health Center, 242-5760. Or if you would like to make a tax deductible contribution, please make the check payable to Friends of Camp Bunker Hill, and send it to the Bunker Hill Health Center, 73 High Street, Charlestown, Massachusetts 02129.

## Baby (continued from page 1)

resident. But there was not enough time for the doctor to arrive.

So in one of the E.W. treatment rooms late on a Sunday night, about 10 minutes later, Dr. Steichen delivered Elinor Powicke's baby--a three pound, ten ounce boy, nearly eight weeks premature.

Since he was so premature, the infant (named Victor) was immediately admitted to the Neonatal Intensive Care Unit on Burnham 6, where he was a patient for several weeks before being discharged earlier this month.

"I certainly didn't expect it [the birth] to happen so soon," said Ms. Powicke. "But I'm lucky I had the baby in a hospital that has a unit to care for premature newborns. I'm also glad Bill was here. If I had the baby in Canada as we planned, he might not have been with me."

As it was, the birth happened so quickly that Mr. Teskey was completing forms outside the exam room just as his son was entering the world. However, he did see him minutes later.

"It was exciting," remarked Dr. Steichen, whose specialty is Neurosurgery. "You know, it's funny. A lot of us in the past have said that we hope something like this doesn't happen on our night on. But I guess now I can say I'm glad it did."

# Nutritional Highlights

*by the Department of Dietetics*

Fiber. With all we've heard about it recently, it seems like fiber may be the "health food of the 80s." Knowledge about its health benefits is not unique to the 20th century, however. Our grandmothers extolled the benefits of "roughage" or "bulk" generations ago, and Hippocrates, the father of medicine, praised fiber "for its salutary effects on the bowels." Time has shown that grandmother (and Hippocrates) was right about fiber... and recent evidence suggests that fiber may do a lot more for us than they ever imagined!

WHAT IS FIBER?

Fiber is the portion of plant foods that human beings cannot digest. It is found in whole (unrefined) grains (whole wheat, oats, rye, barley, corn, brown rice, etc.) legumes (dried beans and peas), and fruits and vegetables. There are at least six different types of fiber, and each has different health effects.

WHAT ARE FIBER'S HEALTH BENEFITS?

Fiber is probably best known for its laxative effect. Fiber provides the bulk necessary for normal elimination of solid wastes and also absorbs water, thereby softening the stool and making it easier to pass. This helps prevent constipation, and by decreasing the strain and pressure put on the bowel and its blood vessels, may also help prevent hemorrhoids and diverticulosis. Certain types of fiber, particularly those found in oat bran (the outer layer of the oat grain) and legumes, have been shown to decrease levels of fat and cholesterol in the bloodstream. They do this by binding fats and cholesterol in the intestinal tract and carrying them out in the stools.

Fiber can also assist with appetite control and weight loss. Fiber-rich foods generally take longer to eat and take up more space in the digestive tract. You feel full and satisfied while eating fewer calories. High fiber meals also tend to be digested more slowly and therefore can help you feel fuller longer. Perhaps the most exciting benefit of a diet high in fiber is potential prevention of cancer of the colon and other cancers. Diets high in fiber are thought to reduce exposure of intestinal tissues to cancer-causing toxins because they enable the stool to move more quickly through the intestinal tract. Cancer is a multi-faceted disease, however, and despite advertising claims, there is no conclusive evidence that high fiber diets in and of themselves can prevent cancer. The best advice is to select a diet that is high in fiber and low in fat, particularly saturated fat.

*The Celtics aren't the only basketball champions. The Diabetes Unit Generals are the 1986 champs of the MGH Basketball League. Receiving trophies were team members (left to right) Ryan Gunsalus, David Nathan, Forest Mixon, Matt Fitzgibbon, Tom Vaughn, Wally Spencer, and Jun Dennis.*

## Town Mtg. (continued from page 1)

not be able to be filled in a timely fashion. I agree that this is an area which needs to be looked at as far as maintaining a level of staffing adequate to fill the demands for its services. (A subsequent review of PRC records indicates that no positions in Transport have been eliminated.)

*Why are patients transported in the same elevators as employees and visitors?*

We endeavor to segregate our patients from the general elevator population whenever possible, but as you know, the slowness of the elevators is a difficult problem. There are constant complaints about long waits for elevator service. Often it is necessary to put patients on the same elevators as everyone else in the interest of expediting their travel to their

*Employees listen intently to the questions and answers.*

destination. In the new towers, the situation will be much improved.

*We hear that there will be no pay raises. Is that true?*

No decision has been made about whether there will be pay increases or what the level of pay increases would be for the next year. It appears at this time that the hospital may again face another significant shortfall between revenues and expenses. There are still too many uncertainties about the magnitude of this anticipated shortfall, and therefore, decisions on how to contend with this problem, whether through reductions in programs or changes in wages and salaries, have not been made. If a decision is made not to increase salaries, I will hold a special Town Meeting to discuss the reasons behind that decision.

*Is there someone at the GLOBE who doesn't like us? The MGH gets so much unfavorable publicity about its activities and not enough about the good things it does.*

I know that the owners of the GLOBE like the MGH very much: indeed, members of the Taylor family are members of the MGH Corporation. I do feel, however, that some of the writers for the GLOBE often do not give us a fair shake, despite the good work that Martin Bander does on our behalf. We do get some very good coverage on many events, but I think the Boston papers could do a better job in the way they cover health care issues.

*You indicated at the Town Meeting last fall that the issue of direct deposit for all paychecks, no matter which bank is used, was an issue that would be looked into. Do you have any updated information on that proposal?*

I do know that the feasibility of this proposal is still being examined. It is not a dead issue, but I do not believe it is close to resolution at this time.

*I have many employees under my supervision who have accumulated large amounts of vacation time. If they were all to use this vacation time, it would create such an absence in my workforce that the work could not be completed. Why don't we allow our employees to accrue vacation time above the current maximum of one times their annual limit?*

I know that it is difficult for supervisors to give employees the vacation time to which they are entitled, while at the same time producing the same amount of work with a reduced staff. I am in favor of taking vacation in blocks of a week to ten days rather than two or three days at a time, but I understand that often it is not possible. Employees are not allowed to accrue vacation time above the current maximum of one times their annual limit in order to help the hospital reduce a significant expense of carrying the cost of unused vacation time. Therefore, a permanent, forty-hour-a-week employee may accrue 120, 160, or 200 hours of vacation time based on the years of service. Permanent part-time employees will similarly accrue vacation time on a prorated basis, providing they regularly work 20 or more hours per week. (This issue was discussed by Dr. Buchanan with the Human Resources, Fiscal, and Computer Services Departments following the Town Meeting. They are researching this question and the inherent situation it raises.)

*Why don't we have a dental health plan?*

The Human Resources Department has priced out dental plans for the last several years. The biggest problem involved is the cost of putting a meaningful plan into effect. With our limited resources, we have opted to put available dollars in wage increases. We will continue to look at the possibility of a dental plan.

*Have you thought about creating incentives for people not to use sick time?*

The earned time concept has been studied on several different occasions. The Human Resources Department has been asked to study again the feasibility of going to this type of program.

*What will the jail site be used for?*

We do not have specific plans for the jail site. I understand that if we take the site, we will be able to reduce the wings to their original, much shorter length. As you know, the deal has not been completed, and the MGH must approve several interim steps, including an acceptance of the appraisal price for our Nashua Street location, before both parties sign off. I prefer not to speculate until all those steps occur as we hope they will.

*Is vacation time accrued while you are out sick?*

I do not know the answer to that question, but I will find out. (Subsequent to the Town Meeting, it was learned from the Weekly Payroll office that vacation time continues to accrue as long as an employee remains in Status 1, that is, Active Employee Status. During this period, an employee may be out sick for a short period of time and accrues vacation and sick time during that short-term illness. If an employee is classified Status 8, that is, on disability, sick and vacation time no longer accrue, although the employee is entitled to the sick and vacation time accrued to that point.)

*If employees cannot use up their vacation time because they are needed by their supervisors, have you considered paying them for the unused vacation time?*

*(continued on page 4)*

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## Device (continued from page 1)

going the procedure each year can look forward, on the average, to artificial joints of significantly longer duration.

A collaboration that culminated in June 1984 with the implantation of a telemetered instrument into the hip joint of Mrs. Helen Flint actually began 20 years ago between Professor Robert W. Mann at the Massachusetts Institute of Technology and Dr. William H. Harris, Chief of the Hip and Implant Unit at the MGH, out of a shared interest in better understanding osteoarthritis, a degenerative joint disease that affects 16 million elderly Americans. The cause of osteoarthritis is unknown despite decades of medical, biochemical, and cellular research.

Data collected from Mrs. Flint's prosthesis has contributed greatly to the doctors' understanding of how the hip muscles and cartilage recuperate after an implant. They are already better tailoring their patients' rehabilitation programs with the information.

The MIT and MGH researchers hope to implant five or six more prostheses in patients of differing body sizes and levels of activity. "It may be that a physically active 55-year-old male may show even higher pressures on the cartilage than Mrs. Flint does just because the muscle function and body build are different," said Dr. W. Andrew Hodge, the MGH orthopedic surgeon who implanted the device in Mrs. Flint and is Clinical Director of the MGH Biomotion Laboratory.

*Dr. W. Andrew Hodge (standing) explaining about the instrumented hip endoprosthesis to members of the news media*

## Office Named in Patient's Memory

The MGH Cancer Center's Protocol Office has been renamed for a former patient who died of the disease five years ago.

The office is now known as the "Sandra Cotton Cancer Protocol Office."

"We're very grateful to the Cotton family for their generous contribution to the Cancer Center which made this all possible," said Dr. Robert W. Carey, an oncologist and Mrs. Cotton's physician. "Sandra was a very special person, and this is a very appropriate way of remembering her."

The Protocol Office, situated on Cox 2, is responsible for centralizing information on cancer studies.

*The Sandra Cotton Cancer Protocol Office was officially dedicated at a recent reception on Cox 2.*

## *She Found Her Prince To be More Than Charming*

To Tricia Cook-Pagliuca, "Prince" is the king of music.

So one can imagine how excited she was when she heard that "Prince" and his band, "The Revolution," were going to be making a surprise appearance for one night only at the Metro in Boston.

A coworker in the Clinical Immunology Lab on Bulfinch 4 told Ms. Cook-Pagliuca that she had heard an announcement on the radio that tickets were about to be sold at a downtown Boston location for the "Prince" concert that night.

Fortunately, it was approaching the medical lab assistant's lunch hour. So before you could say "Purple Rain," she was out the door hoping to have the opportunity to see her idol in person that evening.

"When I got there, I was about the 100th person in line," related Ms. Cook-Pagliuca, "so I thought I had a good chance. But when I actually had the tickets in my hand, I still couldn't believe it!"

Nor did she have an easy time believing that a few hours later, she was standing within three feet of "Prince" as he was performing before more than a thousand adoring rock fans.

"I go to lots of concerts every year," she explained. "But I've never been to anything like this. It was like a dream come true."

*Tricia Cook-Pagliuca keeps her concert ticket as a souvenir.*

*Helen Zingarelli (right) sharing a joke with Dr. Reginald Greene at a party held in honor of her 45 years at the MGH. Ms. Zingarelli is a film librarian in Radiology.*

## New Group Holds Meeting

Hundreds of physicians from across the country and the world gathered in Boston earlier this month for the first meeting of the newly created American Academy of Clinical Neurophysiology.

The Academy was founded last year by Dr. Bhagwan T. Shahani, Director of the MGH's EMG and Motor Control Unit of the Clinical Neurophysiology Laboratory.

"The field of Neurophysiology is so wide and covers so many aspects that I felt it would be good if all these groups of physicians could come together to hear about subjects of mutual interest," said Dr. Shahani.

The President of the Academy is Dr. Robert R. Young of the MGH.

*A graduation was held recently for students in the MGH's Clinical Pastoral Education Program. This year's graduates with Chaplain Phil King (far left) are (left to right) Robert Gamble, Dan Handshey, Susan Rolfe-Boutwell, Williamson Taylor, and Linda Knight.*

## Town Meeting (continued from page 3)

First, I feel very strongly that vacation time is very important for people to take. We all need some time away from the pressures of the job. If, however, it is not possible for employees to use all their vacation because of work obligations, they should be paid for their unused vacation. I will ask Human Resources and the Fiscal department to look into this.

*The Mount Auburn Hospital offers its employees payment of $4.00 and four hours off each time they donate blood. Why doesn't the MGH initiate this plan?*

Your idea is an interesting one, and I will suggest that our Personnel Office look into it and report back to me. (Dr. Charles Huggins, Director of the Blood Bank, has examined this issue. Several incentives have been explored, but for various reasons, each has had to be rejected. It remains an issue which Dr. Huggins is very interested in pursuing.)

*Why do employees hired on September 29 get the same pay increase that the rest of us receive on October 1? That way they get an increase after one day, while we have to wait a whole year. I don't think that's fair.*

I don't, either. I believe those raises should be limited to employees already on the payroll in recognition of the work they have done during the past year. (Subsequent to the Town Meeting, it was learned from the Wage and Salary office that this occurs only in conjunction with a general wage increase, when pay ranges are being adjusted. When an employee is being hired close to the occasion of a general increase, the employing department may exercise one of two options: one option is to offer a lower starting rate and allow the general increase to apply; the other option is to offer a higher starting rate and not allow the general increase to apply. Either option would insure that an employee is not hired below the new range minimum and also to insure that a new employee does not get the same raise that an existing employee receives.)

*What will happen to the parking at North Station?*

We have been assured that the state will replace space by space each space that we will lose as a result of the swap for a period of four years. Beyond that, the MGH must develop long-term alternatives.

THE MGH HOT LINE

July 3, 1986

News Office, Bulfinch 1, Ext. 2206

## Shake, Rattle, and Roll

Swing into summer with the MGH Aerobic Fitness Program. Morning, midday, and evening classes are held in the basement of Ruth Sleeper Hall. Class cards may be purchased at the class or through the Office of Training and Development (Bulfinch 2). For more information about classes and schedules, please contact Linda Lass-Schuhmacher at Ext. 2230.

## New Consult Service

A Pain Consultation Service, dealing with acute, chronic, benign, and cancerous pain, has been established at the MGH to help expedite in-hospital pain consultations and to help refer inpatients to the most appropriate specialist. Five departments are participating in the service: Neurosurgery, Neurology, Psychiatry, Anesthesia, and Oral Surgery. Physicians who would like to avail themselves of this new service can call Ext. 8586. The referring physicians themselves are requested to call.

# Medical Research

Investigators at the MGH and Biogen recently reported that they have been able to produce by genetic engineering a human protein that will be tried against several types of female reproductive tract cancer.

The protein is called Mullerian Inhibiting Substance. or MIS. Until now, research has been difficult because only small amounts of MIS were available. The successful recombinant production of MIS by the MGH-Biogen team headed by Dr. Patricia K. Donahoe, Chief of Pediatric Surgery at the MGH, and Dr. Richard Cate of Biogen, however, will greatly accelerate this process.

Because MIS suppresses the growth of embryonic, female reproductive system cells, it may also inhibit tumor growth in the body in mature cells of Mullerian duct origin. Therefore, MIS may eventually prove useful in the treatment of ovarian, cervical, endometrial, fallopian tube, and vaginal cancers.

The researchers warn, however, that "it's a long way from success in the laboratory to success in fighting human cancer" and that "substantial testing must be completed before we have clinical evidence that MIS is effective in treating disease."

## IN THE HOSPITAL

Dr. Thomas P. Stossel, Chief of the Hematology-Oncology Unit, is the new President of the American Society for Clinical Investigation. He succeeds Dr. Joseph L. Goldstein, a former MGH Resident in Medicine and 1985 Nobel Laureate in Physiology and Medicine. Founded in 1908, the Society promotes "the cultivation of research by the methods of the natural sciences; the correlation of science with the art of medical practice; and the encouragement of scientific investigation by the medical practitioner." Since 1924, the Society has published the prestigious Journal of Clinical Investigation of which Dr. Stossel has been the Editor since 1982.

Drs. Michael Funderburk, a first-year resident in Surgery, and John Pawlowski, a fellow in Anesthesia, were both recently elected to offices in the Massachusetts Medical Society.

Dr. Allan Ropper of Neurology recently participated in the National Institutes of Health Consensus Development Conference on the Utility of Therapeutic Plasmapheresis for Neurological Disorders.

## NAMES in the NEWS

Dr. Adolph M. Hutter, Jr. of Cardiology was a live guest on Channel 5's noon and 6 p.m. newscasts and "Chronicle" program on the subject of heart disease that causes young athletes to die suddenly. He was also interviewed on this same subject by WGBH-TV (Channel 2).

Vincent Cucchiara of Administration was interviewed recently by WBUR Radio on the subject of the hospital's Determination of Need for the new inpatient towers.

Several MGH psychiatrists have been interviewed by TIME magazine on psychiatric treatment for cardiac patients.

Dr. John D. Constable, an MGH Plastic Surgeon, has been named Chairman of the Commonwealth of Massachusetts Agent Orange Program's Medical Science Advisory Board.

Congratulations to Alexandra Chrzanowski, R.N., staff nurse in the Cardiac Catheterization Unit, who has received her M.B.A. degree from Suffolk University.

The CBS Morning News recently came to the MGH to do a live interview with a young adopted Greater Boston woman who received a kidney donated by her biological mother whom the recipient had never met. The story also appeared in the BOSTON GLOBE and is scheduled to appear in other publications.

## Laura Patterson Remembered

Laura M. Patterson, a retired administrative assistant to the Director of Research Administration at the MGH, died on April 14 at a Belmont nursing home. She was 87.

At the MGH she was assistant to Dr. Ralph Meader from 1960 until her retirement in 1973. She also had been the office manager at the Research Office and assistant secretary for the Committee on Research.

"She was a remarkable woman," said Dr. Meader, now retired from the hospital. "I know a lot of people whose lives she touched."

After retiring from the MGH, Miss Patterson served as a volunteer with the Telecall Service at Symmes Hospital in Arlington, which calls shut-ins daily.

THE MGH HOT LINE

July 31, 1986

News Office, Bulfinch 1, Ext. 2206

## *Announcing...*

George Levesque has been appointed the MGH's new Director of Communications. Mr. Levesque has served as Director of Management Engineering at the MGH and prior to that was Director of Management Services and the Vice-President of Management Services at the Memorial Hospital in Pawtucket, Rhode Island. Mr. Levesque's office is on White 13, and he can be reached by calling Ext. 2086.

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Patricia O'B. Rowell has been named Director of the Volunteer Department. A summa cum laude graduate of Regis College, Ms. Rowell came to the MGH in 1984 as Assistant Director of the Volunteer Department. She has also served as Director of Volunteer Services at New England Baptist Hospital and at Providence Hospital in Holyoke.

## Radiologic Technology Program

The MGH this year is again offering a 24-month program in Radiologic Technology. Fully accredited, the program prepares students to take the American Registry examination to become a Registered Radiologic Technologist. If you would like more information on this program, please call Ext. 8390.

## *Clarification*

In the June 26 HOT LINE story regarding the June 2 Town Meeting, there was a reference to the Transport Service which said:

"A subsequent review of PRC records indicates that no positions in Transport have been eliminated."

That information, while correct as far as loss of positions through the Position Review Committee, turns out to be misleading. In fact since 1982, the Transport Service itself has cut back on hours during a period when the duties have increased. These cutbacks occurred through a restructuring of the Service to make it more efficient.

Today (July 31) is the last day employees can park in the G-S-A lot. Unused coupons are refundable at the MGH Parking Office.

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The summer edition of the "City Book" is now sold out. Watch for an announcement in a future HOT LINE on when the fall edition will be available through Personnel Records.

A memorial service was held earlier this month in the MGH Chapel for Arnold Chouinard, a 30-year-employee of the Medical Records Department, who died suddenly. For many years, Mr. Chouinard was supervisor of the Patient Index.

## IN THE HOSPITAL

Dr. Martin S. Hirsch of the Infectious Disease Unit has been recognized by the Commonwealth of Massachusetts for his outstanding contributions in the fight against AIDS. Dr. Hirsch was cited by Governor Dukakis on July 15 in a ceremony at the State House. Dr. Hirsch received the "Governor's Recognition Award."

Dr. Eun-Chung Park of the MGH's Department of Molecular Biology was among several local leukemia researchers recently honored at the Leukemia Society's First Annual Appreciation Night. At the event, Dr. Park received a three-year fellowship of $70,500.

Eileen M. Leah, a nurse at the MGH, has received a bachelor of science in nursing degree at the Massachusetts College of Pharmacy and Allied Health Sciences 118th commencement on June 8. Dr. G. Timothy Johnson, on the staff of the MGH and medical editor of ABC TV, addressed the graduates and received an honorary doctor of science degree in pharmacy.

Dr. Daniel S. Ellis, an MGH internist and executive director of the hospital's Quality Assurance Board, has been named chairman of the gastroenterology subcommittee for the American College of Physicians' (ACP) project on delineating clinical privileges. This subcommittee will develop guidelines on the qualifications a physician needs to perform certain procedures.

## NAMES in the NEWS

Dr. Peter L. Slavin, a senior medical resident in the Emergency Ward, was interviewed by WCVB-TV (Channel 5) about coping with a heat wave.

Drs. Peter J. Halperin and Andrew B. Littman, psychiatrists associated with the MGH Cardiovascular Health Center, will appear August 12 on South Shore Cable TV to talk about Type A behavior. They were also interviewed on the same subject by the CLEVELAND PLAIN DEALER.

Dr. Paul S. Russell, Director of Organ Transplantation, has been interviewed by THE WALL STREET JOURNAL on organ transplants, by the CHICAGO TRIBUNE on the use of monoclonal antibodies in transplantation surgery, and by the Boston PHOENIX on organ sharing for transplantation.

Cathy Wrotny and Barbara Willson, Assistant Professors in Nursing at the MGH Institute of Health Professions, were interviewed recently by WNTN Radio about the gerontological nursing (pertaining to the elderly) curriculum at the Institute.

Dr. Richard A. Mosicki of the MGH Allergy Unit appeared recently on Channel 5 regarding the Food and Drug Administration's ban on the use of sulfites in certain foods.

Dr. Charles E. Huggins, Director of the MGH Blood Transfusion Service, has been interviewed by NEWSWEEK magazine on how hospitals take extensive precautions to make blood transfusions safe.

AIDS research at the MGH was featured in a program recently telecast on WSBK-TV (Channel 38). The program was also telecast in Atlanta, San Diego, Cleveland, Detroit, Milwaukee, and Toledo.

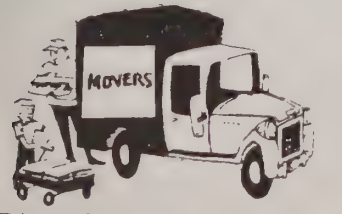
THE MGH HOT LINE

August 14, 1986

News Office, Bulfinch 1, Ext. 2206

MGH CANCER CENTER
PATIENT & FAMILY
NEWSLETTER
SUMMER 1986

The MGH Cancer Center has just published the first issue of an informal brochure for cancer patients and their families. The publication includes information on services within the hospital as well as activities in the Boston area. The idea grew from a resource list compiled by Ellen Fitzgerald, a receptionist in the Cox Building. The brochure, to be published four times a year, was produced by Beth King of the Cancer Center Administrative Office, with input from Jane Calhoun of Social Service.



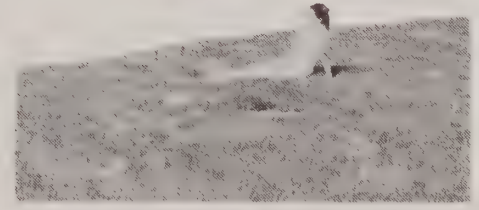

## On the Move

The Registrar's Office has moved to Vincent 2. The telephone number is the same, Ext. 2119.

## *Announcing*

Materials Management has announced it has an overstock of used furniture that is being made available to employees for hospital use only on a first come, first served basis. These items include: 20 assorted chairs, 1 7' x 3' table, 3 5-drawer black lateral shelves, and 9 5' x 5' L-shape desks. For more information, please contact Rick LaCivita at Ext. 1806.

## *Dry Grass*



"Lawn Lovers," your voices have been heard!

In response to some recent comments to General Director Dr. J. Robert Buchanan, the Bulfinch Lawn area will no longer be watered and fed at lunch time.

## Around MGH

Dr. Joseph B. Martin, Chief of Neurology, has been selected by the Royal Society of Medicine Foundation Incorporated to be a Burroughs-Wellcome Visiting Professor for 1987-88.

## In Memoriam

A memorial service was held recently for Ida Walker, a 22-year MGH employee, who died suddenly on July 24. She was 66. A graduate of the Trade High School for Girls Practical Nursing Program, Mrs. Walker had for many years worked in the Family Waiting Area in the lobby of the Gray Building. She retired from the MGH in December of 1984.

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The MGH Chapel was the setting of a recent memorial service for Bob Bergeron, a former member of the Hematology Laboratory. The long-time MGH employee died in June after a long illness. Most recently, he had been living in the state of Washington.

# MGH in the Media

Dr. Thomas B. Fitzpatrick, Chief of Dermatology, has been interviewed along with other MGH dermatologists for a story on skin problems scheduled to be published in the October issue of VOGUE magazine.

Dr. Charles J. McCabe, Assistant Chief of Emergency Services, was interviewed recently by WEEI for a story on emergency care.

Dr. Jeffrey B. Weilburg of the Department of Psychiatry was a guest recently on the WNEV-TV (Channel 7) program "Morning Live" talking about sleep disorders.

Dr. Patricia K. Donahoe, Chief of Pediatric Surgery, has been interviewed by the London SUNDAY MIRROR on her research on Mullerian Inhibiting Substance.

Dr. Peter C. Block, Director of the Cardiac Catheterization Lab, has been interviewed for a future segment of the ABC-TV program "20/20." The subject of the segment is balloon angioplasty. Dr. Block has also appeared as a live guest on the WBZ-TV (Channel 4) program "Live on 4," talking about advances in cardiology.

Mary Kay Fox, Nutrition Service Manager in the Department of Dietetics, recently appeared on "Morning Live," telecast on WNEV-TV (Channel 7). She discussed nutrition for women. Ms. Fox was also interviewed about calcium in soft drinks for Channel 7's 6 p.m. news.

Dr. Martin S. Hirsch and Dr. Robert T. Schooley of the Infectious Disease Unit have both been interviewed by DISCOVER magazine for separate articles about AIDS.

Kurt Westerman, Director of Benefits and Training and Development, has been interviewed by FORTUNE magazine in connection with the state Welfare Department's training program.

Dr. Anthony J. Bouckoms of the Department of Psychiatry was interviewed recently by WGBH-TV (Channel 2) on phantom pain.

Dr. Stephen P. Dretler of Urology was interviewed recently by READER'S DIGEST on the subject of kidney stones.

Dr. Peter L. Gross, Associate Chief of Emergency Services, has appeared on the ABC-TV program "Good Morning America" talking about how a heat wave can affect one's health.

Dr. Madhukar A. Pathak of the Department of Dermatology has been interviewed by WJAR-TV (Channel 10, Providence) on the effects of a pill which promotes tanning.

THE MGH HOT LINE

August 21, 19

News Office, Bulfinch 1, Ext. 2206

## You Don't Have to be a Student to Attend Harvard!

The MGH and Harvard University. These two venerable institutions have been joined in many ways through the years, including physically by a river.

And it is this river that will be the setting when Harvard University celebrates its 350th anniversary on Wednesday, September 3, with a "Floating Birthday Party" along the banks of the Charles. (The rain date is September 5.)

The event, which is free and open to the public, will be held between the Weeks and Anderson bridges, from 7:00 p.m. to 10:30 p.m.

It will feature a laser Aqua Mirage, a 600-foot inflatable rainbow sculpture connecting the river banks, an electronic "oracle," musicians, jugglers, dancers, a stilt-walker, clowns, decorated barges, and a larger-than-life John Harvard marionette, who will greet the crowd.

Among the musical groups scheduled to perform on the banks of the Charles and from barges anchored in the river are the Cambridge Harmonica Orchestra, the Batucada Belles (a 23-piece women's samba band), the Cambridge Symphonic Brass Ensemble, and the Copley Brass. Gospel singer Ruth Hamilton will bring the festivities to a grand finale leading the crowd in singing "Happy Birthday."

In addition, 70 former members of the Harvard Band, the Yale Russian Chorus, and Harvard and Radcliffe student musical groups will participate.

The celebration is being coordinated by Clara Wainwright, founder of the Great Boston Kite Festival, the Boston Street Olympics, and First Night.

## Eat Healthy

"Eating for the Health of It" will begin Thursday, Sept. 4. Enrollment is limited, so call the Nutrition Service today at Ext. 2779 to reserve a space. (Discounts are available for MGH employees.) COME DINE WITH US, and join in this unique, enjoyable, (and delicious) learning experience!

The Office of Training and Development begins its fall term with the popular four-session EFFECTIVE WRITING course September 3, 4, 10, and 11. from 5:15 to 8:30. Writer and journalist Jim Delay takes the anxiety out of writing while helping employees develop a stronger, clearer writing style.

On the health education front, you'll want to look into some of the new workshops: PARENTING CAN BE FRIGHTENINGLY WONDERFUL for new (and used) parents. It's an eight-week, one-hour per week program beginning September 8. BACK CARE MANAGEMENT, four one-hour sessions beginning September 9. And the one session video-based stress workshop, CARE FOR THE CAREGIVER will be held on September 10. Health education continues the lunchtime lecture series on September 2 with a no-smoking lecture and video "Death in the West." It

*(continued on page 2)*

Season (continued from page 1)

is hoped that this will motivate you to sign-up for the LET'S QUIT--FRESH START program scheduled over eight weeks beginning September 22.

Also coming up in the fall term is the new three-day supervisory training program, FRONTLINE LEADERSHIP on September 11, 18, and 25. Another session is scheduled for October.

Developing secretarial and clerical skills gets full attention with new fall programs. The new 16-week MEDICAL TERMINOLOGY evening course begins September 17 (tuition free). This course will prepare students for the ICD-9-CM course beginning January, 1987. WHO'S CALLING PLEASE is a three-hour workshop to help employees manage busy phones with courtesy and increased efficiency. It premiers on September 10, from 8 to 11 a.m.

Another addition, the three-session workshop, NUMBER SKILLS, will improve your ability to read and transfer numbers with speed and accuracy. It begins October 7. And PROOFAMATICS, the three-session proofreading and grammar review program, begins September 23.

For more information and registration material, please call Training and Development at Ext. 2230, or drop by the office on Bulfinch 2.

## Recent Retirements

The HOT LINE extends best wishes to the following employees who have recently retired:

George M. MacKinnon, Maintenance, 35 years

Mary E. Smith, Nursing, 35 years

Scott E. White, Computer Center, 31 years

Estelle Cruthird, Environmental Services, 25 years

Lizzie Hicks, Environmental Services, 22 years

Mary E. Baltusis, Amb. Care Business Office, 20 years

H. George Hamacher, Chemistry Lab, 20 years

Eleanor M. Pelrine, Pharmacy, 20 years

John J. Stanlake, Clinical Admin., 20 years

Mary L. Kelley, Environmental Services, 19 years

Irvin A. Orcutt, Fiscal Affairs, 19 years

Evelyn M. Litvack, Social Service, 18 years

John Tsohantaridis, Environmental Services, 18 years

Antonio S. Yero, Environmental Services, 18 years

Ethel Baronian, Radiology, 15 years

Gladys Eunis, Environmental Services, 14 years

Anthony J. Cedrone, Pharmacy, 13 years

Mary C. Clark, Cardiac Ultrasound Lab, 13 years

Patricia A. Farris, Resources and Development, 13 years

Arthur C. Kennedy, Maintenance, 13 years

Irini Panush, Linen Control, 13 years

Pauline D. Corley, Ambulatory Care Business Office, 12 years

Anne R. Giovanelli, Radiology, 11 years

Marion E. Shea, Surgical Associates, 11 years

Catherine M. Gardner, Environmental Services, 7 years

Phyllis Kapolis, PH Adm. Services, 7 years

Agusta M. Trainor, Bunker Hill Health Center, 7 years

August 28, 1986

# THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

*Employees walking along the Bulfinch Patio this summer have gotten a lot of practice avoiding the rain drops.*

## New Communication System Going Into Operation

BAPERN has arrived, and it is expected to greatly improve communication inside, as well as outside, the MGH.

BAPERN stands for Boston Area Police Emergency Radio Network. It has been in existence since 1978. The MGH has become the newest member and the first hospital in Massachusetts to be allowed to join the group.

The MGH took the action because of problems the Security Department has had with its existing system of communication.

"For the past 12 years or so, our officers have had a two-way communication system assigned to an emergency frequency," explained Joseph Gately, Director of Police and Security. "But in recent years, that frequency has become very crowded with ambulance services, helicopters, and other emergency services. It has taken us a lot longer to get through. We've had a problem communicating with other parts of the hospital and with our health centers. The quality of the transmission also has been inconsistent."

Since the MGH is a nongovernmental agency, the hospital could only join BAPERN by obtaining a Permitted User Permit from an agency already in the system. Since MGH Police officers are deputy sheriffs of Suffolk County, the MGH applied to the Federal Communications Commission through the Suffolk County Sheriff's Office.

*(continued on page 3)*

## *Sculpture for Bulfinch Lawn*

Mary Clark likes to tell the story of the time she and her husband were at an airport.

"He noticed this woman holding a baby in one arm and several diaper bags in another," she related. "Well, he couldn't wait to rush over to her to see if he could help. He just loved babies."

W. Van Alan Clark's love for babies

*Sculpture in memory of W. Van Alan Clark*

and his appreciation for the care he received while a patient at the MGH are the basis of a sculpture donated to the MGH to be placed on the Bulfinch Lawn in his memory.

Entitled "Mother and Child," this representational piece is the creation of Ann Leaves of Acton, a longtime friend of the Clark family.

*(continued on page 4)*

## William Walch Named VP for Development And Public Affairs

William E. Walch has been appointed Vice-President for Development and Public Affairs at the MGH effective August 1. This was announced by Dr. J. Robert Buchanan, General Director.

Mr. Walch will be responsible for a corporate development and public affairs program that includes the existing Capital Campaign and News and Public Affairs Office activities and that serves the General Hospital, the MGH Institute of Health Professions, and the Spaulding Rehabilitation Hospital. Herbert P. Dane will continue as director of the Campaign and Martin S. Bander as director of the News and Public Affairs Office.

Mr. Walch comes to the MGH from the University of Chicago Medical

*(continued on page 2)*

*William E. Walch*

## *A Summer Vacation She Will Never Forget*

*EDITOR'S NOTE--Patricia Rowell, Director of the Volunteer Department, has just returned from a two-week trip to the People's Republic of China. Here are some of her impressions from that experience:*

In July I had the opportunity to travel to the People's Republic of China. It was my first experience in the Orient and one that was filled with sights and sounds that were new to me. I traveled with my husband in a college almunae group of 14 that included my college professor of several years ago. He had spent this past year teaching in China and met us in Beijing.

I saw a country that is decades behind the western world but working very hard to "catch up." In some areas televisions were nonexistent. In most areas they were in short supply. I saw very few neon signs, and the billboards that randomly lined the roadways explained government policy, such as one child per family or a dangerous traffic intersection ahead, rather than advertised products.

Traffic sounds were different too. Crowds were the norm. Any stroll along a sidewalk seemed more like being part of the wave of humanity

*(continued on page 2)*

*China is not the place to visit if you want to avoid crowded streets.*

## Vacation (continued from page 1)

exiting the Boston Garden after a Celtics game. People were always everywhere! Congestion on the streets was a mix of city buses, hundreds of people on bicycles, with their bicycle bells ringing continually, and a sprinkling of taxis with drivers battling their way through the wall of bicycle riders. Once or twice I had a taxi driver who spoke a little English, and both times these young men explained to me that after driving in Beijing, they were able to drive in New York City! I had to agree.

My trip covered much of the eastern part of China, and I traveled by plane roughly from the north to the south to five cities, approximating a distance from New York to Cuba. My China experience began with a four-hour flight from Tokyo to Beijing, the capital. My time in Beijing included a trip to the Great Wall and the Forbidden City, along with my first experience of the Chinese people.

Tourism is rapidly growing in China today, but round-eyed Westerners continue to be a great curiosity to the Chinese people. People often stared at me. Sometimes I found it uncomfortable, but I tried to cooperate and smile back. Often people would come up to me, as they would to all western tourists, and stare from head to toe, not in disbelief, as much as in an attempt to understand who we are. On the other hand, the Chinese people were usually willing and cooperative when I wanted to take their pictures. In fact, they made a special effort to include their children in the pictures.

My plane trips between cities in China departed from small military airports on small jets--both commercial and military aircraft. Travel time ranged from one hour to two and a half hours. I presume I was safe, but it was unsettling to be brought to small airports, fly on small OLD aircraft where the familiar scenario of the stewardess demonstrating the use of oxygen mask and life vest was missing! Most times, however, the planes were full of tourists and took off on schedule--so much so that a few times when some passengers had a little difficulty locating their seats, they found the aircraft taxiing down the runway ready for take-off before they were.

All my experiences were memorable. However, there is one woman in one village I think I will remember for a long, long time. In a small village outside the city of Guilin I spent part of a morning. I arrived about 10:30 when most of the men of working age were already out in the rice fields. The sun was shining, the temperature was already above 90 degrees, and the humidity was high. To reach the village I had to cross a low stone bridge that spanned a small river. There were about eight people with me as I walked across. The children of the village spotted us and apparently alerted the rest of the village of our impending arrival. As we got to the village side of the river, the children were all lined up at a careful distance, but able to get a good view of each of us. They were shy but curious. We smiled and waved and stooped down to make better eye contact with them. One by one they inched toward us and eventually waved back to us.

With their welcome, we began to make our way through the tiny village's muddy pathways. Housing looked to be one- or two-room row house buildings, all one-story structures with dirt floors and no windows. There was no running water in the village, and only recently had they gotten electricity, though I could see little evidence of it.

As I walked up and down the pathways, the doors to all the homes were wide open. Women, old men, children, chickens, and dogs were randomly wandering in and out, keeping a curious eye on the tourists. On one of the back pathways I came across a doorway where I saw a tiny, roughly made baby's crib just inside the door. The crib made me linger, and as I stood outside, a woman with a baby tied to her back came to the door, smiled, and waved

*This woman invited Pat Rowell into her home.*

for me to come inside. I hesitated for a second and walked in. The room was so dark; it was hard for me to see, but I remember walking carefully on the uneven dirt floor. The woman pulled out a tiny bench for me. I sat down and felt like I was back in kindergarten on a tiny little seat low to the ground.

The room was sparsely furnished, with cooking pots on the floor in the corner. The woman walked toward the back of the room and flipped a switch on the side wall. I couldn't believe my eyes. Above my head was a large overhead fan that started to turn. I felt very special to be a guest in this woman's home and see her extend to me the special comfort of resting and cooling off from the heat of the day in her home. We shared no common language but could only smile at each other, and my visit lasted perhaps only 10 minutes or so. Yet when I got up to leave, I felt very lucky to have met her. We held each other's hands for a few seconds, and then I left, waving back to her as I walked back down the pathway to join the group.

My trip was a wonderful experience that exceeded my expectations. Yet it was a hard trip too. China is struggling to modernize, and it is making considerable strides. Yet, they still have much left to do, and as tourists from the West begin to arrive in great numbers, we realize that we have to make some adjustments too in our own immediate expectations: hotels are adequate, usually, but not as clean as Americans might expect. Food was fair. I had a few extraordinary meals, but most times, I wasn't too sure of what we were being served. Therefore, we all had to plan a little bit more carefully and eat big breakfasts when rolls or bread was always served--an adaptation I was happy to make to have the opportunity to see this extraordinary country and meet her people.

# Doctors Cited Nationally

It is often said that the greatest honors are those that come from our peers.

Several physicians from the MGH are regularly so honored each year by being selected presidents of prestigious medical societies locally, nationally, and internationally.

These nationally prominent doctors are recognized by their colleagues for their continuing achievements in the field of medicine.

The following are some of the MGH physicians who have recently served or are currently serving as presidents of medical organizations:

Dr. W. Gerald Austen, President of the American Surgical Association

Dr. Jonathan F. Borus, President of the Association for Academic Psychiatry

Dr. Hermes C. Grillo, President-elect of the Society of Thoracic Surgery

Dr. Bernard Kliman, President of the Clinical Ligand Assay Society

Dr. Edwin P. Maynard, Chairman of the Board of Regents of the American College of Physicians

Dr. Robert G. Ojemann, President of the American Association of Neurological surgeons.

Dr. John T. Potts, President-elect of the Endocrine Society

Dr. J. Scott Rutan, President-elect of the American Group Psychotherapy Association

Dr. Thomas P. Stossel, President of the American Society for Clinical Investigation

## Walch (continued from page 1)

Center where, since 1983, he was Associate Vice-President for development, public affairs, and marketing communications. Prior to Chicago, he spent eight years on the staff of the Robert Wood Johnson Foundation in Princeton as Communications Officer and Assistant Vice-President.

Between 1970 and 1974 he worked in development and public relations at the Johns Hopkins Medical Institutions in Baltimore. He has a degree in science journalism from Iowa State University and spent three years as a reporter in Fargo, North Dakota, before turning to development and public affairs.

Mr. Walch's office is in the Resident Physician's House, and he can be reached at Ext. 6836. He and his wife Marlene have three children and have made their home in Charlestown.

*Kristen Wiltse from the Registrar's Office continues to work even as her desk is being moved to its new location on Vincent 2.*

*MGH OFFICIALS GO TO CAMP. Dr. Mike Cauley (far left) and Tom Panowicz (far right) of Camp Bunker Hill taking Tom Rothwell, Director of Human Resources; Dr. J. Robert Buchanan, General Director; and Mary Farrell of Ambulatory Care on a recent tour of the Westwood facility*

## *MGH Physician Rides Wave to Success*

Dr. Philip C. Amrein of the Hematology-Oncology Unit has won a silver medal for finishing second in the Windsurfer Division of the Bay State Games, held recently on Carson Beach in South Boston.

Dr. Amrein, who has been windsurfing for the past four years, also won a gold medal for being the top finisher in the 35-year-old and older category.

And he also finished second in a recent competition on Buzzards Bay.

*Dr. Amrein battles the wind and the surf in a recent competition.*

## Nutritional Highlights

*by the Department of Dietetics*

In late 1986 we may begin to see irradiated foods in our local supermarkets. The Food and Drug Administration (FDA) recently approved the use of radiation to treat fresh pork, fresh fruits and vegetables, and grains. The use of this technology in food processing is still somewhat controversial, however, and a bill to block the FDA ruling has been introduced in the House of Representatives.

What is irradiation, and why do food processors want to use it? A food that has been irradiated has been treated with a low dose of radiation in order to retard spoilage and increase shelf life. Foods that have been irradiated are not radioactive. Radiant energy passes through foods and "disinfects" them by killing most fungi, insects, and microorganisms.

Proponents of irradiation argue that it is an effective alternative to pesticides and that it will provide consumers with a safer, cleaner, and more varied food supply. They acknowledge that irradiation can cause chemical changes in foods, producing new compounds referred to as "radiolytic products," but assure us that these chemical changes are minute and safe and are essentially no different from the changes that occur naturally in ripening and cooking.

There are numerous opponents, however, including several major consumer-interest groups. Their concerns include the danger of a decrease in the overall nutritional quality of the food supply. Irradiation destroys some vitamins and may alter amino acids and fats. While these changes are comparable to those produced in cooking, many irradiated foods will suffer additional nutrient loss during subsequent food processing steps, including canning and/or cooking. Opponents also point out that large-scale use of irradiation will have a significant impact on the cost of foods. (The cost of building an irradiation facility has been conservatively estimated at $10 million.) Issues of long-term safety are also at the center of the controversy. There have been many animal-feeding studies over the past 30 years designed to assess the safety of food irradiation. Irradiation opponents disagree with the FDA's evaluation of these studies and contend that the results are inconclusive and do not adequately address the issue of long-term side effects from regular ingestion of irradiated foods and the "unique radiolytic products" they contain. Finally, irradiation opponents cite environmental concerns about the potential dangers involved in transporting, using, and disposing of the radioactive materials necessary for the irradiation process.

Both proponents and opponents agree that consumers will make the ultimate decision about the use of irradiation. You will be able to make an informed decision about the use of irradiated foods by carefully watching product labels.

FDA regulations require that irradiated foods be clearly marked with the word "irradiated" or a phrase that incorporates the word. The tulip symbol pictured below has been recognized as the international irradiation logo and will also be used in labeling. Labels for fresh produce must be prominently displayed in a poster at the point of purchase or in a sticker that will be placed on the product itself or the package in which it is sold.

*Despite the hot weather outside, thoughts recently turned to hockey inside the MGH with a visit by Boston Bruins Frank Simonetti, Rick Middleton, and Mike Milbury to patients on Burnham 4.*

## Communication (continued from page 1)

As a member of the Greater Boston Police Council, the MGH can now communicate instantly with approximately 75 police departments north, south, and west of Boston, and also has its own separate frequency. In addition, the MGH Security Department can talk by two-way radio with members of the health centers in Charlestown, Chelsea, Revere, and Logan Airport, and to Spaulding Rehabilitation Hospital in any emergency if telephone service were disrupted.

Special antennae have been installed on the roofs of the Cox and White Buildings, and a new control panel is in the Security Office on Tilton 1. The new system went into operation the middle of August.

"The important thing is that now we have our own frequency," said Mr. Gately. "If there is an emergency, we won't have to wait to get through."

*MGH Police Officers Rich Meehan (seated) and Win Riley in front of new communication system*

What do you do when balloons are delivered to a patient who is not here?

*For members of the White Information Desk, the answer was simple. Just give them away to children coming into the hospital. Most of the balloons were gone within a few hours, and at least one was gone from a child's hand sooner than that. Above Herb Henderson of the Chemistry Lab attempts to bring it down from the ceiling, but to no avail.*

## Poetic Tribute

## To the "Girls" of Baker 6

Editor's Note--The following poem was written by Aaron J. Bell of Marblehead in appreciation of the special care he received while a patient recently at the MGH:

The girls of Baker 6 M'Bhoy
Are a special breed of mix
You've never met a crew like this
The beautiful girls of Baker 6

Soft and gentle, really caring
Reaching out to the frightened, panicked
Victim to feel they are really sharing
All his fears and woes so brutally scary
His world all struck with sudden blight
His manhood split asunder
The ego plunge, the fearful guilt
The future bleak and hairy
They understand. They really do
The girls of Baker 6
They reach gently out and spread
Their warmth, and love and tender feeling
Soothe the troubled mind and soul
As they begin the body healing.
A very special breed of mix
The wonderful girls of Baker 6

Don't let them fool you these gentle souls
So pretty and endearing
Beneath those lovely cheery smiles
Are minds of trained and sharpened skills
Alert and quick and fast to move
Should there be signs of danger nearing

The bells are ringing, the lights are flashing
The resident is charging down the hall
The interns close behind.
The girls are there, a team alert
Precision trained to move
A group in action to save a life
One eye, one hand, one mind.

The portables come rumbling down the halls
Battered wrecks of ancient mix
But contained within every modern aid
And healing fix
Within seconds all means of body healing
Are gathered in that room
The doctor barks out his commands, instantly
Fulfilled.
The team in action moves as one.
No Rockette line ever kicked with such tight
Precision.

The girls of Baker 6 M'Bhoy, a special
Breed of mix.
The crisis over, a life saved, the ward is
Back to normal,
But should there be the need again
You know that they are ready
Trained, alert to instant action
Calm and sure, rock steady.

I Love You all you wonderful girls
Who helped me through my crisis
I'll never forget this beautiful crew
I give my thanks and love to all of you.

*Some of the Baker 6 "girls" fondly remembered by former patient Aaron Bell. (Front row, left to right) Diane Burnham, Hannah Chatillon, Barbara Gorman, Lorrie Isaac, and Nancy Dorris. (Back row, left to right) Elizabeth Courtney, Lynne Brown, Brenda Delaney, Gina Caballaro, and Debbie Schaeffer.*

## New Method for Ordering Office Supplies

On September 9, the MGH will implement a new system for ordering office supplies. This system will be similar to the one for forms that began a few months ago.

It is imperative that a representative from each department who is directly involved in the ordering of office supplies attend one of the orientation sessions in order to receive information on the new policy and the materials needed to place orders.

Orientation sessions will be held in the Lower Outpatient Amphitheatre on Clinics 1:

September 2--8 a.m.-9 a.m.
3 p.m.-4 p.m.
September 3--8 a.m.-9 a.m.
3 p.m.-4 p.m.
September 4--11 a.m.-12 noon
1 p.m.-2 p.m.
September 5--8 a.m.--9 a.m.
3 p.m.-4 p.m.

## Sculpture (continued from page 1)

W. Van Alan Clark, businessman, philanthropist, and a benefactor of the MGH, died at the hospital in July of 1983, at the age of 63.

"My husband was very deeply moved by the wonderful way he was treated, especially by the nurses," explained Mrs. Clark. "Our family was very anxious to do something that expressed the way he felt. We wanted it to be a very warm kind of image to enhance the landscape. And we think it is."

The sculpture is the first work of any kind to be so prominently displayed on the Bulfinch Lawn.

Ms. Leaves, whose works have been exhibited in Boston, New York, and throughout New England, was awarded the Louis B. Comfort Tiffany Scholarship for Sculpture and is a member of The National Sculpture Society.

The father of seven children, Mr. Clark donated $200,000 to the MGH Institute in 1982 as an unrestricted endowment.

"He cared so much about children," said Mrs. Clark. "We felt it only fitting that any work of art in his memory should be a very tender scene...and of course have at least one baby in it."

THE MGH HOT LINE

September 18, 1986

News Office, Bulfinch 1, Ext. 2206

## AIDS

***Where we've been***

***What we're doing***

***Where we're going***

MGH and the MGH Institute of Health Professions are sponsoring a two-day conference entitled, "AIDS: Where We've Been, What We're Doing, Where We're Going." This conference is being held September 26 and 27, at the Meltzer Auditorium, MEEI, and the Walcott Rooms in the Wang ACC Building. Scheduled to address the conference on September 26, at 4:00, in the Meltzer Auditorium is Senator Edward Kennedy. This conference is open to all health care professionals including nurses, social workers, rehabilitation clinicians, and physicians. The fee is $50 for MGH employees. For more information and schedule of workshops and lectures, please call Conference Director Julie Atwood Wheelden, Ext. 8015, or Conference Assistant Nancy Bridgeman, Ext. 8010.

TOWN MEETINGS--SEPT. 18, 3:00, BULFINCH PATIO

SEPT. 26, NOON, CHELSEA HEALTH CENTER

## *We're Counting on You... To be Prepared*

In order to conduct a physical inventory for the end of the fiscal year, Supply Services (formerly the Upper Store) and CSR will be closed on Tuesday, September 30. All departments should plan ahead to make sure they have all the supplies they need. If an unanticipated situation arises requiring Materials support at any time prior to 3:30 p.m. on that date, you should contact your Materials Coordinator, or call Douglas Barry, Inventory Manager, at Ext. 8209 or 8210. Until 3:30 p.m., CSR will honor requests for supplies on an emergency basis only. All supply areas will resume normal operations on Wednesday, October 1.

## Support Groups

The death of a loved one represents one of the most difficult life crises. Often people benefit from sharing and support to help them through such a painful time. In response to this need, the Social Service Department offers an eight-week bereavement group in which people share their feelings and ways of coping. If you are interested in further information, please contact Mrs. Elsa Ramin, LICSW, at Ext. 2623.

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Just a reminder that the Patient/Family Cancer Discussion Group meets every Monday, from 4:00-5:00, on Baker 5. If you would like more information, please call Ext. 3256.

## New Appointment

Dr. James Flood has been appointed Director of the Chemistry Laboratory. For the past year he has served as Acting Director, making significant improvements in laboratory operations, including expansion of general chemistry tests to 15 hours a day, 7 days a week; in-house testing for selective toxicologies/drug monitoring tests; and providing additional Chemistry "ward" reports for all inpatient units each night. Further improvements in service are planned for this fall.

Dr. Flood holds a doctorate degree in analytical chemistry from Lehigh University, and

*(continued on page 2)*

## Appointment

*(continued from page 1)*

his postdoctoral clinical training was done at Hartford Hospital in Connecticut. He is certified by the American Board of Clinical Chemistry.

## Around MGH

Jennifer M. Bottomley has been appointed a lecturer in Geriatric Physical Therapy at the MGH Institute of Health Professions. Ms. Bottomley holds an M.S. in Orthopaedic Physical Therapy/Geriatric Specialty from the MGH Institute of Health Professions and a B.S. in Physical Therapy from the University of Wisconsin, Madison. She will be involved with the new, developing specialty in Geriatric Physical Therapy.

Lois J. Filocamo of the MGH Beauty Service has successfully completed a five-day advanced cosmetology conference at the University of Connecticut.

## MGH in the Media

A profile of Dr. J. Robert Buchanan, General Director, appears in the September issue of BOSTON Magazine. As an example of what is happening in hospitals today, the story shows how external governmental bodies have forced the MGH to make a variety of fiscal cutbacks. And it also shows how difficult this has been for Dr. Buchanan and the administration.

Dr. Nancy L. Sprince, Codirector of the MGH Occupational Disease Unit, Dr. John D. Stoeckle, Medical Director of Internal Medicine Associates, and Dr. Harriet L. Hardy, retired MGH occupational disease pioneer, were interviewed by KNBC-TV, Los Angeles, for a story about the element beryllium, which can cause illness to workers.

Dr. Stephen P. Dretler of Urology was interviewed recently by Self Magazine on laser treatment of kidney stones.

Dr. John A. Parrish of the Department of Dermatology was interviewed recently by U.S. Air, a flight magazine, about lasers.

## In Appreciation

The MGH frequently receives letters from former patients praising the staff for the care received here. This is one such letter sent to Dr. Samuel D. Gerber, Chief Resident on the East Orthopaedic Service:

"I want to take this opportunity to thank you and your assistant for the wonderful care you gave me while I was at Mass. General Hospital with a broken hip. I also want to thank the therapist and all the nurses. They were so wonderful. You all made me feel I was not a stranger, alone and scared, but right at home.

"I have heard many wonderful things about Mass. General and rightly so, but the doctors and staff certainly are a big part of it all. If my accident had to happen, I am glad it was there.

"I am getting along so well, I can't believe it. I am doing the stairs up and down and getting really strong once more....

"I shall never forget Mass. General and the staff for making me feel so much at home in a strange city. Thank you all again. You are uppermost in my thoughts."

Sincerely,
Ethel Williams
Sparks, Nevada

September 25, 1986

# THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

## *Ether Day Planned For October 20*

Plans for the MGH's Charter Year/Ether Day celebration are under way.

Approximately 900 employees will be receiving service pins on Monday, October 20. The pin ceremony will take place under the tent on the Bulfinch Patio at 3:00 p.m., with a reception immediately following in the Wang ACC Cafeteria.

Ocotber 16, 1846 marks the date of the first public demonstration of the use of anesthesia in a surgical procedure. This milestone in the

**FIFTY YEARS**
**FORTY YEARS**
**THIRTY YEARS**
**TWENTY YEARS**
**TEN YEARS**
**FIVE YEARS**

development of modern surgery occurred in the amphitheatre of the dome of the Bulfinch Building, which was used as the operating room of the MGH from 1821 to 1867.

This year also marks the observance of the 175th Charter Year of the

*(continued on page 3)*

## Nursing at MGH: 175 Years of Caring

*CHILD CARE--THEN AND NOW. An MGH Pediatric Ward (left) during the 1920s and the Neonatal Intensive Care Unit (right) as it exists today.*

MGH nurses are celebrating the 175th Charter Year of the hospital with a full day of activities on Friday, September 26.

Sponsored by the Department of Nursing, the Institute's Graduate Program in Nursing, and the MGH Nurses Alumnae Association, the theme of the day will be "NURSING AT MGH: 175 YEARS OF CARING."

A highlight of the day's activities will be a lecture by Constance Holleran, RN, MSN, FAAN, a graduate of the MGH Schol of Nursing. Ms. Holleran is currently the Executive Director of the International Council of Nurses, an association of the national nursing organizations of 97 countries. She previously headed the Washington office of the American Nurses' Association.

Ms. Holleran's topic will be "Building on Our Past...The Future of Nursing." The lecture will be held in the Shriners Auditorium at 4:00 p.m. A reception will follow in the Wang ACC lobby.

In addition to the lecture, exhibits, videos, and slides will be presented all day beginning at 8:00 a.m. in the Walcott Room, depicting changes in patient care through the years.

Members of the Nursing Collaborative Committee, under the direction of Yvonne Munn, Associate General Director and Director of the Department of Nursing, and Elizabeth Grady, Director of the Institute's Graduate Program in Nursing, have been planning the day.

## *Building for the Present and Future*

Construction has begun on a new building to provide much needed additional space for research labs as well as the Treadwell Library.

Situated adjacent to Bartlett Hall, the five-story building will thus complete the Bulfinch Yard area's final stage of work, which began in 1982 with the construction of the Wellman Research Building and the later demolition of Temp 2.

According to Mr. Lawrence E. Martin, Associate General Director, who is overseeing the project, the first two floors of the new building will be occupied by Treadwell Library. The third floor will be primarily space for Pediatric research; the fourth floor, primarily Gynecology research; and the fifth floor, a Laser Lab. This floor, in large part, is being financed by the Navy entirely for unclassified, medical research. The rest of the building has been financed by funds donated expressly for this purpose and is separate from the Capital Campaign. No money was borrowed for the project.

On another matter, Mr. Martin reported that Temp 1 is now scheduled to be torn down in October. However, a new two-story temporary building is now being put up in the courtyard adjacent to the Warren Building. This will house personnel from Walsh Brothers during the construction of both the new building next to Bartlett Hall and the new inpatient towers.

*The newest addition to the MGH is rapidly taking shape.*

## New Test Determines Extent of Damage After Heart Attack

A radically new diagnostic test administered hours after a heart attack is helping MGH cardiologists determine precisely how much of the heart muscle is still alive and likely to recover. With this essential information available for the first time, physicians can now better decide quickly the best surgical or nonsurgical treatment for their patients with heart attacks.

Developed and refined by MGH researchers over the past 10 years, the test marks the first use of monoclonal antibodies (biologically engineered antibodies that are designed to seek out a specific target) in heart attacks. Monoclonals have been used successfully

*(continued on page 2)*

***The 100th anniversary of Paul Dudley White's birth brings more honors to the famed MGH cardiologist's memory. Story on page 3***

# Diverse Backgrounds Characterize Students

MGH-as-campus is especially evident this month as the MGH Institute of Health Professions begins a new academic year.

The nine-year-old Institute has 69 new students, with a projected enrollment of about 168 students. Graduate programs are offered in Dietetics, Nursing, and Physical Therapy, and there is a graduate certificate program in Social Work.

Although overall enrollment at the school is up, the Physical Therapy program is experiencing an especially healthy boost, doubling the number of new students from last year.

One new P.T. student this year is Belinda Brownell Couch, 27, a physical therapist from Aspen, Colorado. She says the MGH Institute was her first choice of schools since she wants to study orthopedics and sports medicine.

"I'm really looking forward to my time at the MGH," said Ms. Couch. "It's amazing how few graduate P.T. programs are available in orthopedics and sports medicine. I must have sent out zillions of letters....There just aren't that many out there."

The Institute's Nursing program, still one of only five in the country offering graduate nursing education to nonnursing college graduates, is adding a typically diverse class this fall. Among those entering are a junior college professor, a biochemical researcher, and a woman who has worked on a kibbutz for the past year.

Naomi Jay, 31, originally from Long Island, is a graduate in Jewish Studies from McGill University in Canada. After spending the last four years in Israel, she remarked that nursing interests her because "it is one way to address politics without being involved in the political scene, per se. Health care addresses people's basic needs."

Ms. Jay plans to specialize in women's health nursing or gerontological nursing at the Institute although she added that she is open to learning about other specialties such as cardiopulmonary and oncology nursing. After graduating, she hopes to set up the first women's health clinic in Israel.

In addition to the program's nonnursing degree student body, this fall marks the first time that the Institute has accepted MGH RNs (with bachelor degrees) into the program. These students will begin by taking courses on a part-time basis to meet master's-level program requirements. Then they will join an appropriate class when specialist level course work begins next spring.

Entering students in Dietetics and Social Work share the same attraction toward the MGH's resources and reputation as do P.T. and nursing students.

Debbie Konkle, 27, senior clinical dietitian at New England Memorial Hospital, says the MGH program offers her a way to pursue expertise in cardiac nutrition, as well as learn methods to help patients by using a multidisciplinary approach. "I'm hoping that the educational resources at MGH through the Institute will help me meet my goal...to work in a wellness environment using the team approach to patient care," she explained.

*Many Institute courses combine classroom education with practical training at the MGH.*

Social Work student Joyce Penn, 26, originally from Madison, Wisconsin, wants to augment her understanding of the elderly after working in a community for-profit hospital in California. "For me, MGH provides the opportunity to specialize in my chosen profession of geriatric social work," she said.

The reality of Boston's tight housing market hasn't dampened the students' fervor to move and get settled, either. Nursing student Naomi Jay had the most inspiring story to tell: "I found an apartment with little trouble," she said. "It took about a week. In fact, the apartment is right across the street from where my younger brother lives....It's just coincidence....I had no idea he was even there."

Heart (continued from page 1)

in other applications, notably pinpointing tumors.

The study, reported in the September issue of Circulation, a journal of the American Heart Association, documents 30 patients who underwent the antimyosin test at the MGH following a heart attack. The researchers have now studied more than 100 patients.

*The speed and accuracy of the test can be lifesaving for tens of thousands of Americans each year.*

The test employs antimyosin, a monoclonal antibody which binds to myosin, a protein found in the heart cell. Myosin is exposed when the membrane covering the heart cell is broken, indicating that the cell is dead.

Should the antimyosin image prove that potentially recoverable tissue remains, the doctors would then determine the best treatment--open the clogged artery with a balloon catheter (angioplasty) or perform coronary bypass surgery, depending upon how much of the vessel is narrowed and how many vessels are involved.

The speed with which the cardiologist can now determine the size and severity of the damage also improves the patient's chances for recovery. The traditional techniques may take anywhere from 3 to 10 days for results, which may be too late for many patients. On the other hand, antimyosin was injected within 6 hours and the scan taken 12 to 24 hours following the attack. The speed and accuracy of the test can be lifesaving for tens of thousands of Americans each year.

Dr. Edgar Haber, Chief of the MGH Cardiac Unit, headed the team that developed the antibody. Other members of the team included Dr. Ban An Khaw, a biochemist in the Cardiac Unit and principal investigator of the study; Dr. Herman K. Gold, Codirector of the Gray 3A Catheterization Laboratory; and Drs. Tsunehiro Yasuda; Robert C. Leinbach; Machito Kanke; John T. Fallon; H. William Strauss; and Martha Barlai-Kovach, B.S., all of the MGH, and Dr. Florence Sheehan of the Cardiovascular Research Training Center in Seattle, Washington, who provided a computer analysis for one of the tests.

*Meryl Cohen (right), a certified specialist in cardiopulmonary physical therapy and supervisor of cardiac physical therapy at the MGH, receiving a "Great Walker" award from Boston Mayor Raymond Flynn. Sanka coffee honored recipients in 12 U.S. cities by acknowledging their contributions in promoting the benefits and pleasures of walking.*

**Supply Services and CSR Closed for Inventory Tuesday, September 30**

# *Dietetic Interns Awarded Certificates*

Graduation ceremonies and luncheon for the 75th class of Dietetic Interns were held August 15 under the tent on the Bulfinch Patio.

The graduation was the culmination of a year-long post-baccalaureate program for the students. During the Dietetic Internship the students combined graduate courses in dietetics at the MGH Institute of Health Professions with clinical nutrition practice and administrative management development in the Department of Dietetics.

*Mary Cefalo (left) and Lynn Bala receiving Hatch Awards from Miss Hatch's long-time colleague and friend Annie Galbraith (right)*

The guest speaker at the graduation was Anita L. Owen, M.Ph., R.D., President of the American Dietetic Association. She focused on the many challenges facing dietitians today and the future needs of the profession.

Helen T. Doherty, R.D., Director of the MGH Department of Dietetics, and Kathleen E. Creedon, R.D., Director of the Dietetic Internship Program, presented certificates and American Dietetic Association pins to Lynn Bala, Judith Brown, Jeanne Buchner, Mary Cefalo, Nancy Fitzsimmons, Julie Frost, Kelly Hannis, Laura Jones, Tanya Morgan, Drucilla Mossman, Patricia Sweeney, Melissa Thomas, Mary Trumble, Jennifer Wang, and Gail Zyla.

A highlight of the ceremony was the presentation of the Louis Hatch Award to Lynn Bala and Mary Cefalo. Annie Galbraith, R.D., Chairperson of the Louise Hatch Award Committee, made the presentation.

This award is given to the student or students who have demonstrated consistently high standards of practice and outstanding professional promise. It is named for the late Louise Hatch, Director of the MGH Department of Dietetics from 1949 to 1979.

Thirteen new Dietetic Interns arrived at the MGH earlier this month to begin their studies.

*In keeping with tradition, Celeste Lavoie, R.D. (left) cuts the intern bar from Patricia Sweeney's sleeve.*

## Ether Day (continued from page 1)

MGH. Founded in 1811 by some of the fathers of this nation, the Massachusetts General Hospital is the original and, at 1,082 beds, the largest of the teaching hospitals associated with Harvard Medical School. The MGH has been a pioneer in areas ranging from anesthesia to X rays to replants.

Prior to October 20, an Ether Day program will be posted on the Employee Information Bulletin Board across from the General Store. The program will list the names of all service pin recipients. You will be able to recognize these recipients on Ether Day by the red carnation they will be wearing, presented to them that morning by their department supervisors.

If you have any questions regarding this year's ceremony, please call Marion Dello Russo at Ext. 2214.

# Memory of P.D. White Honored in September

Three organizations this month are honoring Paul Dudley White on the occasion of the 100th anniversary of the famed MGH cardiologist's birth.

The World Congress of Cardiology dedicated its conference in Washington (September 14-19) to Dr. White in recognition of his leadership in cardiology and his role in fostering international ties among physicians. He was an early president and remained devoted to the international functions of cardiology to the end of his life.

On Sunday, September 14, the International Physicians for the Prevention of Nuclear War (IPPNW), the group that received the Nobel Peace Prize in 1985, featured a special tribute to Dr. White in its symposium on the dangers and prevention of nuclear war. Dr. White's pioneering groundwork, his mending fences, and his creation of international friendships likely played a significant role in enabling the IPPNW to be an effective force. His widow, Mrs. Ina White, received an award from the IPPNW following the tribute.

In addition, the U.S. Postal Service celebrated Dr. White's anniversary with a first-day issue of the Paul Dudley White commemorative stamp. Part of the Great Americans series, the three-cent stamp was issued during the World Congress of Cardiology meeting on September 15.

Though he founded the MGH Cardiac Unit, directed it for 34 years, and maintained a close association with the hospital until his death at the age of 87 in 1973, Paul Dudley White more and more turned his almost limitless energy toward the promotion of peace among nations. In his autobiography he wrote: "The human body is truly international, and the basic rules of health apply everywhere in the world." He capitalized on that truth to foster international cooperation among physicians.

# Physical Therapy Dept. Offers Exercise Program

The Modified Employee Exercise Program, sponsored by the MGH Physical Therapy Department, will begin its fall session on Wednesday, October 1.

Classes will be held Mondays, Wednesdays, and Thursdays, from 5:30-6:30 p.m., in the P.T. gym (ACC 1). The fee for the 12-week program is $80.

Registration forms are available in ACC Room 128 (Physical Therapy Department), or ask for Julie or Donna at Ext. 2963/2964.

# *Retirement*

*Irvin Orcutt of Fiscal Affairs does the honors at a retirement party held recently in his honor. Mr. Orcutt retired after 19 years of service.*

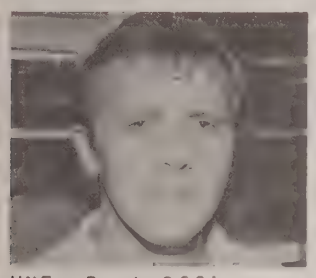
*Ether Day marks the occasion when long-term employees are honored for their service to the hospital.*

# *Pennant Fever Grips Many Hospital Employees*

Is this finally THE YEAR?

Will the Red Sox really become world champions for the first time since 1918? Or will 1986 end like so many other seasons have in the past?

The HOT LINE randomly surveyed some employees to get their opinions:

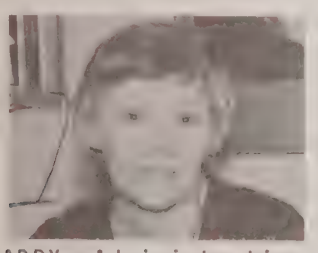


RICH CLUNE, Post Office
"They'll go all the way and take the Mets in five. The Sox are hot. Jim Rice will lead them."

JERRY MAIULLO, General Construction
"They'll win the World Series. They'll beat the Mets in six games."

EDWARD TABB, Dietetics
"We'll win the pennant and go to the World Series but lose it in seven games."

TOM ROTHWELL, Human Resources (and Chicago Cubs fan)
"It would appear the Red Sox have a very good chance of winning for two reasons: They have fairly reliable pitching by more than one person, and they've been lucky. They've won games they would have lost in other years. The breaks are going their way. It's similar to the Cubs in 1984."



LINDA HARDY, Administration
"I'm a Yankees fan. And even though they've beaten the Red Sox before, I'm skeptical about New York's chances of overtaking them this year. If the Red Sox play the Mets in the World Series, I think the Mets would win, but I'd probably be rooting for the Sox because of their fans."

DAVID CATALANO, Admitting
"This is the year they're going to win the pennant. As far as the World Series, in my heart I say Red Sox; in my head I say Mets."

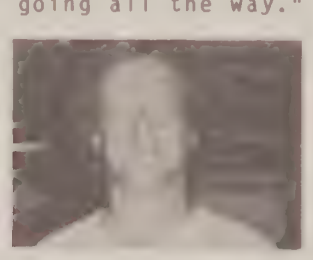
BOB SMITH, Metal Shop
"They've disappointed us too many times. They wouldn't dare do it now. They'll beat California, but I'm worried about the Mets."

HONEY TRIGG, Volunteer Department
"They'll definitely win everything. Since I've come here [from Virginia], the Celtics won. I might be a good luck charm for the Red Sox."

DAVE MANNING, Applicance Service
"No problem. They'll win their division, beat California, and take the Mets to seven games. But I'm not saying who will win."

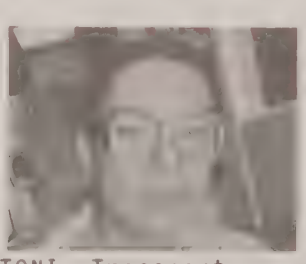
THERESA HAYES, Photo Lab
"I have no idea. I don't follow baseball. I hope they win."

KATHY GRADY, Photo Lab
"They're going all the way."



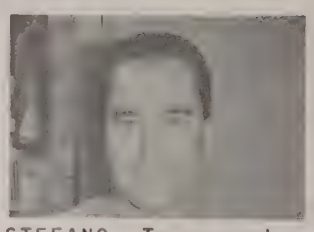
JIM WILSON, Receiving (Sox season ticket holder)
"We'll win the division because of the pitching and the steadying influence of John McNamara as manager."

CAMILLE CHAMBLIN, Environmental Services
"I think they'll win the pennant and could even win the World Series."



ROSE TINTONI, Transport
"I think they'll go all the way and win everything."

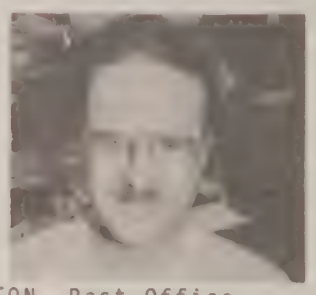
PATRICK SCARRY, MGH Police
"They'll wrap up the division and beat the Angels in six games. But I think the Sox will have trouble with the Mets. Both teams have good pitching and hitting."



STEVE DISTEFANO, Transport
"I hate the Red Sox. I think they'll win the pennant, but the Mets will beat them in four straight."

VINCENT ROBERT, Electric Shop
"I watch some of the games. I'd like to see them win the championship. I think they can do it."

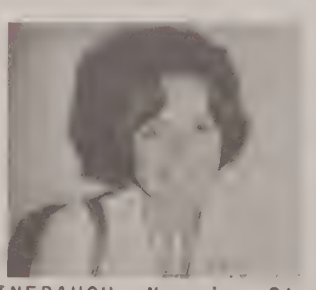
TONI DONARUMO, Biomedical Engineering
"A big lead is never that secure with the Red Sox. I guess I don't have much faith in them. But I still hope they'll win."



RON DALTON, Post Office
"I think they'll fade. It's the Sox. They've always faded."

PAUL BATISTA, Photo Lab
"They're going all the way and beat the Mets in five."

MARION DELLO RUSSO, Human Resources
"I used to be interested in the Sox when Tony Conigliaro was playing. I don't follow them much now. It sounds like they have a chance."



CHERYL LINEBAUGH, Nursing Studies
"I haven't a clue. I don't follow them. But if they make it to the World Series, I'll certainly watch."

She won't be the only one.

THE MGH HOT LINE

October 2, 1986

News Office, Bulfinch 1, Ext. 2206

## Determination-of-Need Approved for Towers

The Massachusetts Public Health Council on September 23 gave unanimous approval to the MGH's proposed $190 million construction and renovation program. The Council granted the MGH's application for a Determination-of-Need certificate, which has been pending for nearly a year.

The action by the Council was the last public agency approval needed for the project. The program, however, still faces a challenge in the courts from Charles River Park.

MGH General Director Dr. J. Robert Buchanan acknowledged that legal actions by Charles River Park are still hurdles that must be overcome, but that he was pleased with the Council's action to allow the MGH to replace outmoded buildings with new, cost efficient ones.

The project calls for the construction of two patient care towers, 24 and 14 stories high and the demolition of other buildings, including the Vincent-Burnham, Baker, and probably the Phillips House.

Although the plan calls for a reduction of 105 beds from the present capacity of 1,082 beds, Dr. Buchanan maintained that with the new buildings "we will be able to provide our patients the kind of modern quarters that will at last match the quality of care we provide."

The hospital has thus far raised $105 million through the Capital Campaign toward a goal of $169 million. "And every dollar we raise beyond $169 million," said Dr. Buchanan, "will permit us to look at the future with $1 less of bonded indebtedness."

## *Eat Healthy*

"Eating for the Health of It" will begin Thursday, Oct. 30. **Enrollment is limited, so call the Nutrition Service today at Ext. 2779 to reserve a space. (Discounts are available for MGH employees.) COME DINE WITH US, and join in this unique, enjoyable, (and delicious) learning experience!**

On Monday, October 20, employees with 5, 10, 20, 30, 40, and 50 years of service will be honored for their long-term employment at the Charter Year/Ether Day celebration. These employees may be recognized on that day by the red carnation they will wear. Carnations will be available the morning of Ether Day beginning at 7:00 a.m. in Tom Rothwell's Office on Bulfinch 2 (directly across from the Benefits Office). Five- and ten-year pins will also be available at that time. A representative from each department is requested to pick up these items. If any department should need their five- and ten-year pins prior to the morning of October 20, please call Marion Dello Russo at Ext. 2214.

## In Sports...

All MGH women runners who are planning to compete in the Tufts (formerly the Bonne Bell) road race on October 11 are asked to contact Joshua Winslow of the Road Runners club (Ext. 5169) so that teams can be made up. If you are on a team, the Road Runners will pay for your entry fee. Also call if you would like to participate in the Salem Screen Printer race on November 9. Free sweatshirts and sport bags will be given to all entrants.

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The MGH Basketball League begins its new season soon. We are looking for new players and new teams. Games are tentatively scheduled for Wednesday evenings at Boston English High School. If you are interested in joining a team or entering a team into the League, please call League Commissioner Larry Washington, at Ext. 8202, or the League Deputy Commissioner Roy Williams, at Ext. 2671.

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The MGH Hockey Team is preparing for another season. Games are played Friday evenings from 8-9 in the Charlestown area. Players are needed for all positions. If you are interested, please contact Orazio at Ext. 2415.

## Programs & Courses

An Update on AIDS by the AIDS Educational Task Force will be presented on Tuesday, October 7, from noon to 1 p.m. in the Lower Amphitheatre, Clinics 1. It's being offered by the MGH Health Lecture Series Program.

For all employees who have hurt their back or have gone home with a sore back after a hard day at work, here is just the program for you--BACK CARE MANAGEMENT: WHAT YOU CAN DO. The staff of the Occupational Health Team does an excellent job and gives some great suggestions over the four one-hour sessions. The next series starts Tuesday, November 4, and meets four consecutive Tuesdays from noon to 1 p.m. in the Bulfinch 2 classroom behind Training and Development. Registration for this program is required. To get your registration form, stop by Training and Development, or call Ext. 2230.

Starting October 14, the Occupational Health Team will sponsor two one-hour sessions, from noon to 1 p.m. for employees who sit at a computer terminal, work bench, or typewriter all day. The program is called "60 Minutes with Workplace Posture and Pain." Sessions are October 14 and 28 and are held in the Bulfinch 2 classroom. To register, call Ext. 2230.

If you feel under stress or burned out, it's about time you did something about it. Training and Development is offering Stress Reduction Programs October 6, November 3, and January 12. Each is a three-hour session from 8:30 a.m. to 11:30 a.m. in the Bulfinch 2 classroom. As a follow-up, there is a two-hour program called "Energy for all Reasons." This is offered October 20, November 17, and January 26.

## MGH in the Media

Several local and national news organizations have interviewed Drs. Martin S. Hirsch and Robert T. Schooley of the Infectious Disease Unit concerning the use of a drug called AZT for AIDS. The physicians also participated in a recent news conference held at the MGH with Dr. Jerome Groopman of New England Deaconess Hospital.

Dr. Richard A. Moscicki of the Allergy Unit has been a guest on approximately 70 AM and FM radio stations and television channels around the country in recent weeks to discuss allergies and new treatments for them.

THE MGH HOT LINE

October 16, 1986

News Office, Bulfinch 1, Ext. 2206

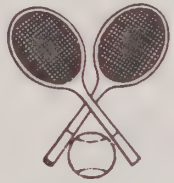
A reminder to all employees that Monday, October 20, marks the observance of this year's Charter Year/Ether Day celebration, honoring our long-term employees. The ceremony will be held at 3:00 p.m. under the tent on the Bulfinch Patio with a reception immediately following in the Wang ACC Cafeteria.

A special reception will also be held on Monday night at 10 o'clock in the Warren Lobby for all evening and night employees. This reception will be held in honor of the 175th Charter Year. All evening and night employees are invited to attend.

A listing of all Ether Day recipients will be posted across from the General Store prior to October 20.

A special MGH coffee mug with the 175th emblem will be given free of charge to everyone attending either the ceremony or reception.

## Tennis Anyone?



October is the time to join the MGH Tennis and Health Club. Both activities are held at the Charles River Park Tennis and Health Club facilities, situated behind the hospital. Tennis meets every Friday evening at 5:30. Take advantage of reduced costs by joining this month. For more information, call Phillip at Ext. 6136, Chip at 742-8922, or stop by the club.

## Walk for Peace

A Walk for Peace will be held on Sunday, October 26, from Boston Common. The 10-kilometer walk will benefit dozens of organizations in Greater Boston. It begins at 1:00 p.m. near the Park Street MBTA station. If you're interested in walking, please call 868-5259. Or if you would like to sponsor a participant, call Mary Fischer, Phillips 2 CCU, at Ext. 3217.

## *Open House at McLean*

McLean Hospital, affiliated with the MGH, is sponsoring a Community Open House on Sunday, October 26. The event is being held in conjunction with the hospital's 175th anniversary. More than 40 seminars, films, workshops, exhibits, and tours will be open to the public following a cornerstone ceremony at McLean's new patient-care building. Activities begin at 12:45 p.m. with State Human Services Secretary Philip W. Johnston joining hospital Trustees and state and local officials.

## Nurse Anesthetists Honored

The week of October 13-17 has been proclaimed by Governor Dukakis as "NURSE ANESTHETIST WEEK" in Massachusetts. We at the MGH are grateful to our nurse anesthetists for their expertise, professionalism, and compassion.

## City Books Here

The fall/winter edition of the City Book is now available while supplies last in Personnel Records, Bulfinch 2.

# Around MGH

The Beacon Chapter of the Emergency Nurses Association presents "The Dynamics of Leadership: Clinical and Managerial Applications," on Saturday, November 1, from 8:00 a.m to 4:30 p.m. at the Lahey Clinic in Burlington. The program will address current issues and trends facing today's professional nurse incorporating several concepts and strategies necessary for survival in today's competitive health care environment. The registration fee is $50 for E.N.A. members and $60 for nonmembers. The registration deadline is October 24. For more information, contact Teresa Provenzano at Ext. 3321.

Congratulations to Kris Nelson, RN, who passed the first Industry Certification Examination for aerobic professionals given by the International Dance-Exercise Association Foundation.

Richard J. Turgeon has been named Assistant Director of Environmental Services. Mr. Turgeon comes to the MGH from New England Medical Center where he served as both an Environmental Services supervisor and Operation Manager. He has also served as Operation Manager for the Housekeeping Department at the Paul A. Dever State School.

Dr. John D. Crawford, head of the Pediatric Endocrine Unit in the MGH Children's Service, recently participated in a symposium, "Pediatric Research: A Century in Review" at the National Institutes of Health. Dr. Crawford highlighted advances in the field of endocrinology.

The first of four newly hired research scientists has joined the staff of the Neurolinguistics Laboratory of the MGH Institute of Health Professions. Susan E. Kohn, who earned her master's and Ph.D in neuropsychology at Johns Hopkins and Tufts Universities, comes to the Laboratory from the Aphasia Research Unit of the Boston V.A. Medical Center. Dr. Kohn's research interests include the language and cognitive processing problems of aphasic and other neurologically impaired patients.

## Volunteers Needed

Normal female volunteers between the ages of 20 and 40 are needed for a study investigating cholesterol levels. You cannot be on any medications. A fasting blood will be drawn three times in one month at your convenience. It pays $10. For more information, call Ext. 3874 and ask for Val. The results will be made available to you.

## NAMES in the NEWS

WBZ-TV's "Live on 4" recently taped the MGH's Halcyon House for inclusion in a program on the opening of a similar house in Brookline for transplantation patients from Boston hospitals and their families.

Jennifer Bottomley, an instructor at the MGH Institute of Health Professions; Meryl Cohen, an MGH physical therapist; and Joan Rosetti, an MGH Chest Physical Therapist, recently appeared on "Live on 4" talking about elderly conditioning.

Dr. Kon-Taik Khaw and a cystic fibrosis patient were interviewed recently by the Public Broadcasting System for a segment on the NOVA program.

Dr. Annaliese Pontius of the MGH and McLean Hospital was interviewed by WCVB-TV (Channel 5) on the subject of chemical imbalances in the brain.

Marvin C. Guthrie, Director of the Office of Technology Administration, was interviewed by the BOSTON GLOBE on patents, licensing, and products.

October 30, 1986

# THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

## New Pay Raise Explained at Town Mtg.

At the Town Meetings held on September 18 on the Bulfinch Patio and on September 26 at the MGH Chelsea Memorial Health Center, Dr. J. Robert Buchanan, General Director, discussed the salary and wage policy for 1987.

In outlining the reasons for the policy, he noted that Massachusetts hospitals were in their final year of the current reimbursement program. As you know, this program is one which assumes a productivity factor combined with an increase for inflation. What this all means is that the hospital has only been allowed to increase its operating budget by 3% for the new fiscal year.

The major problem internally in terms of salaries was that we had far too many people at or near the minimum of the range. Over the last several years, we have granted salary increases in almost the same amount as we have moved the ranges. Consequently, people have not moved significantly into the range.

We made a conscious decision that we needed to move people into the range as much as possible in order to achieve range penetration. By moving to a Raise Effective Date increase, we are able to grant a 6% increase, as opposed to a 2.75% increase, if we had stayed with the general across-the-board increase concept.

We also decided that we did not want any employee to wait more than six months into the new fiscal year before getting his/her increase. As a result of that decision, it was decided to move all employees' raise effective date that fell after April 1 back to April 1.

The following are some of the questions asked of Dr. Buchanan:

*What percentage of employees will receive their raises in the first half of the year, and what percentage in the second half?*

It's approximately half in each, although the exact number is 400 more in the first half.

*(continued on page 4)*

*Two birds are anything but camera shy as Bob Crivello of the Photo Lab tries to take a picture of a group of House Officers from the Dept. of Medicine.*

## Preliminary Work Continues on Towers Project

Early this summer you probably noticed a subsurface drilling contractor taking soil samples in the open space between the Temporary 1 Building and the Warren connector corridor. Additional tests were taken in the courtyard behind the Phillips House and next to the Vincent-Burnham Building, where samples were taken from a four-inch diameter hole that was drilled into the ground to a depth of about 120 feet.

The results of these tests help formulate the preliminary foundation design that will support the new inpatient towers.

The next phase of the geological exploration began in mid-October. The MGH has contracted with New England Foundation Company to install a 24-inch diameter concrete caisson approximately 96 feet deep into the Boston blue shale.

Two shorter anchor caissons will be placed on each side of the deep test caisson, and a load test will be placed on the deep caisson. The caisson under test will be subjected to loads twice what will be expected in the design of the building. This will confirm the shale's ability to support the building. Because the test caisson will be overloaded, it will not be used to support the inpatient buildings.

Every effort will be made to reduce noise during the construction.

### *A Permanent End to Temp. 1*

The first of the Temporary buildings is finally the last one to go.

Demolition began this week on Temp 1 and should be completed by the end of November.

The building was put up in March of 1965, the first of five temporary structures to be constructed on the MGH campus. The original plan called for Temp 1 to be used for only three years.

*Dr. Buchanan making a point at the September 18 Town Meeting*

## *Your Help is Needed*

United Way
OF MASSACHUSETTS BAY

When the MGH was chartered 175 years ago, its goal was to help the poor and the sick...a commitment that it still maintains today.

Another organization that has been similarly involved in making life better for millions of people over the years is the United Way, which last year celebrated its 50th anniversary.

The United Way of Massachusetts Bay supports 190 local agencies providing a wide variety of health and human services to 1.3 million people in 83 communities in eastern Massachusetts.

The week of November 3 has been designated as United Way Week at the MGH. This year's goal is to match last year's gift of $105,968.

Although the 1986 MGH goal has not

*(continued on page 4)*

# SERVICE PIN AWARDS - 1986

*In recognition of service*

### FOR FORTY YEARS

Sophie P. Azarowicz, *Pathology*
Herbert Barry, Jr., M.D., *Psychiatry*
Elizabeth Honey, O.R. *Administration*
William N. Jones, M.D., *Orthopedic Surgery*
Shirly T. Klotz, *Medical Records*
Wm. McDermott, M.D., *Surgery*
William C. Quinby, Jr., M.D., *Surgery*
George S. Richardson, M.D., *Gynecology*
Wm. Davies Sohier, Jr., M.D., *Medicine*
Donald P. Todd, M.D., *Anesthesia*

### FOR THIRTY YEARS

Alan C. Aisenberg, M.D., *Medicine*
John E. Alikonis, *Operating Rooms*
Paul H. Black, M.D., *Medicine*
Mary E. Brown, *Dietetics*
Jean Buchanan, *Cytopathology*
Gerald E. Davidson, M.D., *Psychiatry*
Noel F. DeAngelis, *Maintenance*
Julia L. Dellorfano, *Operating Rooms*
Nathan H. Fearer,M.D., *Pediatrics*
Sheila Flynn, *Professional Billing Office*
Thomas Frank, M.D., *Pediatrics*
Donald E. Gaulitz, *Animal Care*
Edgar Haber, M.D., *Medicine*
Roma Holliday, *Dietetics*
George O. Jones, *Blood Transfusion Service*
Mary F. Langley, *Chelsea Health Clinic*
Margaret I. MacDonald, *Nursing*
Edwin Post Maynard, III, M.D., *Medicine*
John A. Mills, M.D., *Medicine*
Jack K. Momose, M.D., *Radiology*
Robert K. Osborne, M.D., *Medicine*
Ernest H. Picard, M.D., *Neurology*
Philip J. Porter, M.D., *Pediatrics*
Maxwell G. Potter, M.D., *Psychiatry*
Hilda L. Sequeira, *Medical Records*
Ludeen R. Smith, *Dietetics*
Mary L. Stephenson, Ph.D., *Medicine*
Helen M. Twohig, *Professional Billing Office*
Alfred L. Weber, M.D., *Radiology*
Arnold N. Weinberg, M.D., *Medicine*

Stuart M. Kameny, M.D., *Psychiatry*
Wilhelmin S. Kettell, *Social Service*
Carmella Lapia, *Central Supply*
George L. Lapia, *Central Supply*
Dennis Lefort, *Nursing*
Robert C. Leinbach, M.D., *Medicine*
Mary E. Levine, *Operating Rooms*
Melvyn B. Levine, M.D., *Pediatrics*
Harvey L. Levy, M.D., *Neurology*
Daniel J. MacDougall, *Radiology*
Eleanor M. Marchi, *Nursing*
Concetta L. Martino, *MGH Surgical Associates*
Dorothy M. McGrath, *ACC Radiology*
Theresa A. McLane, *Patient Accounts*
Lawrence M. Miller, M.D., *Medicine*
Ola M. Mitchell, *Dietetics*
Donna M. Murphy, *Blood Transfusion Service*
Robert M. Neer, M.D., *Medicine*
Daniel L. Nozik, M.D., *Anesthesia*
William N. Pachas, M.D., *Medicine*
Joan L. Pappalardo, *Nursing*
Walter T. Peirce, *Nursing*
Eleanor Pelrine, *Pharmacy*
Joe Perez, *Medical Records*
Richard C. Pfister, M.D., *Radiology*
Marjorie C. Phillips, *Environmental Services*
Jean M. Piazza, *Nursing*
Charles E. Poletti, M.D., *Neurosurgery*
Wm. John Powell, Jr., M.D., *Medicine*
Daniel R. Rectanus, M.D., *Pediatrics*
Anthony M. Ricci, *Dietetics*
Marie H. Shamma, *Radiology*
William Upjohn Shipley, M.D., *Radiation Med.*
Harvey L. Simons, *Credit and Collections*
John Stanlake, *Clinical Administration*
Lloyd L. Stanley, *Nursing*
Rosalyn L. Stein, *Chelsea Health Clinic*
Clara M. Stepherson, *Radiology*
Emeline Steven, *Dietetics*
Rose Stout, *Nursing*
Roger H. Sweet, M.D., *Medicine*
Kathryn G. Tully, *Staff Clinic*
Evelyn Davis Waitzkin, M.D., *Psychiatry*
Lorna J. Wanta, *Psychiatry*
John H. Wechsler, *Cardiac Biochemistry Res.*
Ronald M. Weintraub, M.D., *Surgery*
James A. Wilson, *Materials Management*
William C. Wood, M.D., *Surgery*
Nicholas T. Zervas, M.D., *Neurosurgery*

### FOR TWENTY YEARS

Celia L. Angelucci, *Amb. Care Adm./Billing*
Aina J. Apse, *Staff Development*
Mary E. Baltusis, *Amb. Care Adm./Billing*
Corrado Bandoc, M.D., *Surgery*
Joseph S. Barr, Jr.,M.D., *Surgery*
Cliffa M. Blanchard, *Dietetics*
Hans H. Bode, M.D., *Pediatrics*
Guerry L. Bonaparte, *O.R. Administration*
Lucille Boyd, *Dietetics*
Joyce Buchanan, *Radiology*
Ed Bufford, *Environmental Services*
James A. Callahan, *Maintenance*
Florence Carr, *Dietetics*
Joanne E. Catalano, *O.R. Administration*
George L. Cohen, M.D., *Medicine*
Gary M. Costello, *Emergency Ward*
Liz M. Couvertier, *Dietetics*
Rita Cummings, *Nursing*
Peter Dabreo, Environmental Services
Gilbert H. Daniels, M.D., *Medicine*
E. Marie Dawe, *Anesthesia*
Marvin DeCosta, *Dietetics*
Michael H. Dellorfano, *Radiology*
Edward M. Denning, *Admitting*
Roland E. Dennis, *Orthopedics Workshop*
Theresa M. DePaoli, *Neurophysiology Lab*
Linda A. Deveau, *Lab of Computer Science*
Richard W. DeVoe, *Supply Services*
Kathleen Domaszewicz, *Administration*
Holly Dow, *Cardiac Catheterization*
Birdie L. Edwards, *Radiology*
Bonni M. Eidens, *Nursing*
Michael Fairhurst, *Professional Billing Office*
Elaine L. Farnum, *Clinical Administration*
Elaine N. Favello, *Blood Transfusion Service*
Darryll M. Firenze, *Operating Rooms*
Luevenuie Frazier, *Environmental Services*
Patricia Galvin, *Clinical Administration*
Joanne M. Garuti, *Operating Rooms*
Roger J. Givens, *Materials Management*
Arthur Givens, *Dietetics*
Judith C. Godden, *Surgery*
Edna Gooding, *Environmental Services*
Nishan G. Goudsouzian, M.D., *Anesthesia*
Marion R. Griffiths, *Admitting*
Jerome H. Grossman, M.D., *Medicine*
Jose L. Guerrero, *Cardiac Catheterization*
Paula A. Halpin, *Administration*
Ivan J. Hansen *Chemistry*
Marilyn D. Heinstein, *Medical Oncology Res.*
Herbert H. Henderson, *Chemistry*
Dorothy E. Hogan, *Nursing*
Mary H. Houde, *Nursing*
Ruth C. Howe, *Environmental Services*
Vincilia M. Johnson, *Ambulatory Care Lab Ser.*
Agnes Johson, *Dietetics*

### FOR TEN YEARS

Nancy C. Abreu, *Respiratory Care*
Mary C. Alexander, *Blood Transfusion Service*
William T. Allen, *Radiology*
Michele M. Angelo, *Arthritic Research*
Karen A. Arey, *ACC Radiology*
Sara-Beth Asekoff, *Nursing*
Richard A. Backman, *Parking, Commuter Serv.*
Richard J. Baer, *Blood Transfusion Service*
Frank J. Baggan, *Psychiatric Ambulatory Care*
Joanne M. Balmer, *Operating Rooms*
Shirley R. Baron, *Blood Transfusion Service*
Corwin E. Bastian, *Dietetics*
Donna M. Bastoni, *Medical Associates*
Eleanor M. Baulis, *Radiology*
Lynette M. Beckford, *Dietetics*
Catherine L. Beisheim, *Nursing*
Felix Belfast, *Dietetics*
Jeanne L. Benoit, *Wage & Salary*
Susan M. Berggren, *MGH Cancer Center*
Elizabeth R. Bishop, *Chelsea Health Clinic*
Betty B. Blaides, *Dietetics*
Charles H. Bland, *Radiation Medicine*
Peter A. Blatchford, *Treasurer's Office*
Ellen A. Block, *Radiology*
Valerie A. Boggia, *Nursing*
David R. Bortman, *Pharmacy*
Beth M. Bragdon, *Kidney Dialysis*
Harold A. Brooks, *Dietetics*
Rosemarie Buonopane, *Patients Accounts*
Nathaniel G. Butler, *Social Service*
Haydee R. Calderon, *Chelsea Health Clinic*
George A. Calliendo, *Maintenance*
Jaqueline A. Cannan, *Chest Physical Therapy*
Marie G. Casaletto, *Chelsea Health Clinic*
Marianne Cataldo, *Nursing*
Frank Cavallo, *Pharmacy*
M. Elaine Chiarenza, *Clinical Neurophysiology*
Marcia R. Christensen, *Gastrointestinal Lab*
James Cicerone, *Supply Services*
John H. Clark, *Fund Accountant*
Linda A. Cohoon, *Nursing*
Ann P. Colley, *Orthopedics*
Mary E. Collins, *Medical Records*
Kathleen E. Contrado, *MGH Cancer Center*
Ellen Coughlin, *Nursing*
Ricardo Cox. *O.R. Administration*
Edward Craffey, *Cardiac Procedure Service*
Patricia L. Crawford, *Neurology Research*
Mary A. Currier, *MGH Surgical Associates*
Ethel Dailey, *Clinical Administration*
Margaret A. Daly, *Mineral Metabolism Unit*
Marjorie M. Davis, *Neurosurgical Research*
Janice E. Day, *Admitting Central Office*
Karin A. Dean, *Operating Rooms*
Yvette Y. Debnam, *Clinical Administration*
Angela M. DelVecchio, *Nursing*

Michele A. DeMarco, *Pharmacy*
Jun Dennis, *Dietetics*
Anthony J. Deyeso, *Clinical Administration*
Elizabeth L. Dickerson, *Nursing*
Marie G. DiOrio, *Infection Control Unit*
Raffaele Divito, *Maintenance*
Armando Dockery, *Radiology*
Mary J. Donnelly, *Ambulatory Care Nursing*
Maureen Doran, *Surgical Research*
Cheryl A. Doughty, *Wage & Salary*
Gloria A. Dubos, *MGH Surgical Associates*
Annmarie K. Duffy, *Clinical Administration*
Kathleen Egan, *Nursing*
Brenda M. Eklund, *Nursing*
Bernadette A. Elliot, *Surgery*
Priscilla J. Elliott, *Ambulatory Lab Service*
Edward A. Emde, *Environmental Services*
Jean R. Exilus, *Dietetics*
Salvatore F. Falite, *Maintenance*
Willaim F. Fallon, *Cost Accounting*
Veronica M. Farguarson, *Dietetics*
Mary P. Farrell, *Operating Rooms*
Joseph B. Farrell, *Materials Management*
Felicia A. Favorito, *Nursing*
John D. Favorito, *Surgical Associates*
Carol A. Feeney, *Blood Transfusion Service*
Ellen T. Fitzgerald, *Information*
Brenda R. Flavin, *MGH Surgical Associates*
Penny J. Ford, *Anesthesia Research*
Anthony Forgione, *Operating Rooms*
Frances M. Foti, *Endocrine Lab*
Theresa E. Fowler, *Medical Records*
Elizabeth A. Fredericks, *Environmental Services*
Anne A. Fuller, *Blood Transfusion Service*
Joan M. Gaff, *Treasurer's Office*
James M. Gage, *Planning*
Anne M. Galanis, *Dermatology Research*
Doreen M. Gardner, *Nursing*
Christine A. Gauthierkell, *Diabetes Unit*
Deborah Gentle, *Clinical Administration*
Joan B. Glaser, *Nursing*
Robert J. Gomes, *Environmental Services*
Cynthia J. Goodwin, *Blood Transfusion Service*
Joseph F. Green, *Security*
Nancy A. Green, *Nursing*
Arlene A. Greene, *Clinical Administration*
Jean N. Grieci, *Radiology*
Patricia M. Hally, *Clinical Administration*
Joseph K. Hamory, *Anesthesia*
Sally A. Harrington, *Blood Transfusion Service*
Theresa R. Hayes, *Photography*
Barbara Hennessey, *Materials Management*
Ted N. Hester, *Ambulatory Care Nursing*
Marjorie Hodges, *Pathology*
Thomas J. Holmes, *Radiology*
Emma J. Holtz, *Psychiatry*
Christine Howard, *Pathology*
Eileen N. Hughes, Nursing
Helen G. Hulburd, Surgery
Anna Interbartolo, *Chelsea Health Clinic*
Anne E. Israelson, *Ambulatory Care Adm./Billing*
Sheila M. Jackson, *Nursing*
Roland Joseph, *Dietetics*
Lee K. Josephs, *Social Service*
Wendy M. Kallas, *Bacteriology*
Diana J. Kazmaier, *Benefits*
Noreen T. Keane, *Medical Records*
Jane A. Kelley, *Radiology*
Denise A. Kettell, *Bacteriology*
Robert M. Key, *Dietetics*
Linda S. Kimball, *Nursing*
Wilma A. Knight, *Clinical Administration*
Diane Kuebler, *Cytopathology*
Catherine Lacivita, *Bacteriology*
Elizabeth E. Lada, *Nursing*
Carol E. Lahaise, *Blood Transfusion Service*
Dianne C. Langford, *Nursing*
Mary E. Larkin, *Diabetes*
Blake F. Laspia, *Clinical Administration*
Carine Lauture, *Medical Records*
Atley S. Leach, *Dietetics*
Robert F. Leahy, *Security*
Lillian A. Leitao, *Operating Rooms*
Beverly T. Lillehei, *Radiology*
Elizabeth R. Locke, *Cardiac*
Joseph Lombardo, *Maintenance*
Christopher J. Lynch, *Emergency Ward*
Elizabeth B. MacDonnell, *Nursing*
Colleen T. Mackesey-Tufts, *Nursing*
William J. Madden, *Pharmacy*
Luther P. Maddox, *Transportation Service*
Helen S. Mann, *Psychiatry*
Bonifacia R. Manzano, *Clinical Administration*
Barbara L. Maxey, *Social Service*
Pamela F. May, *Bacteriology*
Felecia R. McBride, *Clinical Administration*
Karen A. McDowell, Surgery

Christine McElroy, *Blood Transfusion Service*
Norah C. McGilvray, *Dermatology*
Patricia L. McGurty, *Training & Development*
Judy A. McKenna, *Orthopedics*
Mary E. McLaughlin, *Dermatology*
Joanna McLaughlin, *Nursing*
Patricia A. McNulty, *Radiation Medicine*
Martha E. McNulty, *Ambulatory Care Nursing*
Jane M. McPhillips, *Nursing*
Donna M. Meli, *Chemistry*
Dennis B. Mento, *Radiation Medicine*
Nancy M. Mermet, *Nursing*
Linda B. Micklay, *Nursing*
Aremise P. Mike, *Environmental Services*
Lynn W. Miller, *Social Service*
Andrea M. Mongiello, *Radiology*
Walter E. Moody, *Environmental Services*
Shirleen Morris, *Clinical Administration*
Wilfred A. Mottley, *Environmental Services*
Judith A. Mulcahy, *Security*
James W. Murdock, *Maintenance*
Eileen M. Murphy, *Clinical Administration*
Kathleen M. Myers, *Nursing*
Mae Nataupsky, *Chelsea Health Clinic*
Carl W. Niland, *Dietetics*
Donna M. O'Brien, *Psychiatry*
Claire G. O'Brien, *Administration*
Leonard A. Olsen, *Respiratory Care*
Kathleen A. O'Neil, *Radiology*
Marilyn E. Oxford, *Clinical Administration*
Armando M. Pagliuca, *Environmental Services*
Majetta Parris, *Nursing*
Carl H. Perry, *Environmental Services*
Mary C. Perry, *O. R. Administration*
Charles R. Perry, *Radiology*
Judith M. Pines, *Clinical Administration*
Maria A. Pirone, *Lab of Computer Science*
Kimberly R. Plummer, *Planning*
Kathy S. Porter, *Nursing*
Dayl L. Pourraid, *Blood Transfusion Service*
Ronald P. Prachniak, *Facilities Engineering*
Magdi M. Ragheb, *Anesthesia*
Peter E. Recchia, *Maintenance*
Foster O. Reed, *Materials Management*
Frances E. Regan, *Nursing*
Patricia A. Regan, *Nursing*
Barbara A. Rich, *Chelsea Health Clinic*
Abbey J. Riley, *Utilization Review*
Ronald A. Romard, *Pharmacy*
Mary E. Roy, *Arthritic Research*
Cindy W. Rubin, *Pediatric Ambulatory Care*
Joyce A. Sanborn, *Treasurer's Office*
Janice M. Scalley, *Anesthesia*
Patrick A. Schettini, *Maintenance*
Kathleen P. Shale-Dwyer, *Blood Trans. Service*
Myra J. Shalett, *Chelsea Health Clinic*
Carolyn E. Shaughnessy, *Post Office*
Jane C. Sheehan, *Ambulatory Care Nursing*
Janet R. Shopis, *Blood Transfusion Service*
Adelaide Smith, *Bunker Hill Health Center*
Margaret M. Smith, *Benefits*
Stephen R. Smith, *Surgery*
James C. Snowden, *Ambulatory Care Nursing*
Lillian M. Sonnenberg, *Nutrition Services*
Gloria T. Sprague, *Radiology*
Paul R. Sprague, *Radiology*
Mary I. Starble, *Social Service*
Rosemarie Stassa, *Medical Clinics Complex*
Cheryl B. Stetler, *Nursing*
Walter J. Stewart, *Dietetics*
Nancy M. Sullivan, *Utilization Review*
Michael P Tavlor, *Nursing*
Caterina M. Tenaglia, *Emergency Ward*
Emma S. Teneriello, *Infectious Disease*
Cecily M. Termlett, *Nursing*
Epifania Valencia, *Pediatric Microchemistry*
Marilyn A. Vancini, *Nursing*
Philip E. Waithe, *Blood Transfusion Service*
Nancy Ward, *Nursing*
Alan Weinberg, *Orthopedic Research*
James R. West, *Nursing*
Alfred A. White, *Clinical Administration*
Eileen F. White, *Social Service*
Brenda S. White, *Pathology*
Gail M. Wilkes, *Nursing*
Elizabeth M. Wilkie, *Surgical Research*
Roy L. Williams, *Credit & Collections*
Carmen Williams, *Environmental Services*
Susan B. Winslow, *Women's Health Associates*
Joanne C. Wojcik, *Psychiatry*
Elizabeth J. Wolpe, *Nursing*
Susan L. Worden, *Nursing*
Robert F. Yonge, *Medical Records*
Pamela J. York, *Environmental Services*
Kathleen M. Zagata, *Nursing*
Carolyn A. Zajaczkowski, *Chelsea Health Clinic*

## FOR FIVE YEARS

Donna M. Achorn, *Cardiac Catheterization*
Luis Aliceasantiago, *Orthopedic Workshop*
Gina E. Amato, *Nursing*
Sharon E. Anderson, *Nursing*
Russell Andolina, *Dietetics*
Deborah E. Andres, *Cardiac Lab*
Edna L. Atchison, *Transport Service*
Mary J. Attardo, *Nursing*
Joanne Baggerly, *Nursing*
Denise A. Balfe, *Orthopedics*
Ricardo E. Barahona, *Environmental Services*
Martha Barlai-Kovach, *Radiology*
Paul A. Beaulieu, *Radiology*
Wendy M. Becker, *Nursing*
Edith H. Bell, *Radiology*
Yeshi M. Benalfew, *Credit & Collections*
Linda Berard, *Neurosurgery*
Katherine M. Bernato, *MGH Surgical Associates*
Mary L. Bertucio, *Blood Transfusion Service*
Mary E. Billingham, *Nursing*
Sharon Bing, *Clinical Administration*
Anne E. Birge, *Rehabilitation Medicine*
Elaine F. Bitar, *Nursing*
Monica L. Boldescu, *Operating Rooms*
Karen M. Borghi, *Cardiovascular Research*
Jane E. Borstel, *Psychiatry*
K. D. Borten, *Computer Center*
Annemarie Bourque, *Nursing*
Isaac Bowman, *Environmental Services*
Sharon D. Boyce, *Dietetics*
Marty L. Branch, *Materials Management*
Robyn A. Briatico, *Clinical Administration*
Michael Broad, *General Counsel*
Gary Brooks, *Chest Physical Therapy*
Laurie A. Bruce, *Hematology*
Mary Buchholz, *Cardiac Catheterization*
Christopher M. Buckley, *Pulmonary Disease*
Stephanie J. Buckley, *O. R. Administration*
Amanda J. Bulette, *Nursing*
Janet E. Burke, *Nursing*
Martha E. Byington, *Admitting*
Norma E. Cadogan, *Central Supply*
Janice M. Cahill, *Cardiac Catheterization*
Robert A. Cain, *Preventative Maintenance*
Paula L. Cameron, *Nursing*
Jan D. Campbell, *Nursing*
Susan E. Capanno, *Nursing*
Celia J. Carle, *Cashiers*
Lisa P. Carr, *Operating Rooms*
Julie B. Carr, *Radiology*
Ralph A. Carrieri, *Transport Service*
Debra M. Cartwright, *Nursing*
Patricia A. Casamassima, *Blood Trans. Serv.*
Luz E. Casanova-Davis, *Clinical Administration*
Lorraine S. Castaldo, *Dietetics*
Dwight J. Caufield, *Maintenance*
Pauline A. Cerasoli, *Rehabilitation Service*
Barbara A. Chassaigne, *Nursing*
Pembroke Chinn, *Radiation Medicine*
Patricia A. Chodkowski, *Nursing*
Paulette I. Chung, *Pharmacy*
Angela Cicerone, *Cardiac Lab*
Linda J. Cirillo, *Molecular Biology*
Nancy A. Clagg, *General Medicine Amb. Care*
Enith V. Clarke, *Materials Management*
Robbin L. Cleary, *Nursing*
Meryl I. Cohen, *Chest Physical Therapy*
Barbara J. Colucci, *Tumor Registry*
Rose A. Conlin, *Nursing*
Bernadette Convery, *Nursing*
Francis Corbett, *Pharmacy*
Beth F. Cornell, *Dietetics*
George M. Costello, *Transport Service*
Anthony Cote, *Chemistry Lab*
Gerard Cotter, *Cardiac Catheterization*
Edward D. Cowal, *Chelsea Health Clinic*
Carolyn D. Cowen, *Reading Disabilities Unit*
Judith A. Crater, *Nursing*
Paul J. Crehan, *Clinical Administration*
Jacqueline B. Cressey, *Nursing*
Irene J. Cucchi, *Nursing*
Vincent D. Cucchiara, *Administration*
Colleen E. Cullen, *Nursing*
Ann E. Cunha, *MGH Surgical Associates*
Bernice G. Dacost, *Clinical Administration*
Lucyellen M. Dahlgren, *Nursing*
Michael J. Damarino, *Blood Transfusion Service*
John Damiano, *Environmental Services*
Herbert P. Dane, *Resources & Development*
Paul Davidson, *Security*
Scott G. Davis, *News & Archives*
Jeanne S. Davis, *Nursing*
Patricia G. Dean, *MGH Inst. of Health Professions*
Barbara J. Deangelis, *Radiology*
Cheryl M. Dear, *Clinical Administration*
Donna M. Dec, *Cardiac Lab*
Rosemary J. Defrancisco, *Neurophysiology Lab*
Carmen Dejesus, *Chelsea Health Clinic*
Linda M. Delahanty, *Dietetics*
Cathy M. Delaware, *Thyroid Clinic*
Michael Demarco, *Bunker Hill Health Center*
Harold J. Demonaco, *Pharmacy*
Margaret J. Dempsey, *Pharmacy*
Denise M. Desalvo, *Dietetics*
Anthony J. Desimone, *Environmental Services*
Carol J. Deveau, *Ambulatory Care Business Office*
Julian S. Devonish, *Environmental Services*
Bette Dicristofaro, *Radiology*
Janet M. Dipaolo, *Ambulatory Care Nursing*
Albert J. Dipietro, *Security*
Jeanne M. Doherty, *Nursing*
Margaret R. Dolan, *Orthopedics*
Barbara A. Donovan, *Nursing*
Laura J. Donovan, *Nursing*
Karen Dowcett, *Nursing*
John J. Driscoll, *Security*
Joan P. Drury, *Children's Medical Research*
Monica Dube, *Nursing*
Janet H. Duffy, *Nursing*
Deborah A. Dugan-Kenney, *Amb. Care Nursing*
Ann Duggan, *MGH Surgical Associates*
Laurene A. Dynan, *Nursing*
Ann C. Eastman, *Nursing*
Jean B. Eddy, *Nursing*
Clarence Edwards, *Materials Management*
Oriel O. Edwards, *Purchasing*
Joan E. Elias, *General Counsel*
Christopher Esolen, *Chemistry Lab*
Jean B. Fahey, *Nursing*
Elizabeth A. Fauci, *Medical Services*
Janet Ferraro, *MGH Surgical Associates*
Sharon A. Finer, *Nursing*
Neil A. Finlayson, *Maintenance*
Barbara L. Flynn, *Ambulatory Care Business Office*
Willie Folson, *Nursing*
Ethan A. Foster, *Lab of Computer Science*
Joanne Franklin, *Nursing*
Charles Freeman, *Operating Rooms*
Molly Gabel, *Chemistry Lab*
David J. Gaboriault, *Post Office*
Bernard Gadson, *Dietetics*
Gail K. Gaffey, *Nursing*
Theresa M. Gallivan, *Nursing*
Lisa M. Ganem, *Nursing*
Joanne Gardyna-McCusker, *General Store*
Ellen M. Garneau, *Physics Research*
Richard Gasior, *Maintenance*
Kathleen T. Gaspa, *Respiratory Care*
Ronald R. Gaudette, *Pharmacy*
Robert B. Gavazzi, *Environmental Services*
Diane M. Gay, *Nursing*
Rose M. Geiger, *Dietetics*
Alex Gentle, *Dietetics*
Katherine Gerostergios, *Computer Center*
Irvienne F. Goldson, *Radiology*
Amanda S. Goldstein, *Surgical Research*
Kathleen M. Gonczarek, *Nursing*
Elizabeth M. Grady, *MGH Inst. of Health Prof.*
Norman A. Graf, *Chemistry Lab*
Susan Graham, *Nursing*
Joanne H. Grant, *Nursing*
Rita M. Greco, *Surgical Research*
Lindsay W. Green, *Radiology*
Frederick Greenwood, *Maintenance*
David M. Grice, *Nursing*
Kathleen C. Griffin, *Nursing*
Robert J. Grogan, *Nursing*
Sandra J. Guarino, *Radiology*
Randall Guerra, *Respiratory Care*
Patricia A. Guerriero, *MGH Surgical Associates*
Mary L. Guy, *Nursing*
Ernest M. Haddad, *General Counsel*
Jeanne M. Haddad, *Radiology*
Coral D. Haggan, *Nursing*
Lisa E. Haggerty, *General Medicine Amb. Care*
Catherine M. Haker, *Operating Rooms*
Alyson J. Hall, *Benefits*
Karen E. Hall, *Nursing*
Eldon M. Hall, *Maintenance*
Robert K. Hallisey, *Pharmacy*
Florence Halmowoo, *Environmental Services*
David H. Hambro, *O. R. Administration*
Edward Hamman, *Maintenance*
Kathleen M. Hanafin, *Nursing*
Sylvia R. Harnedy, *Nursing*
Kevin J. Harrington, *Benefits*
Maryann Hathaway, *Nursing*
Percilyn E. Haynes, *Clinical Administration*
Aileen M. Healy, *Arthritis*
Joel M. Heller, *Computer Center*
Ann C. Hession, *Nursing*
Colleen M. Hill, *Nursing*
Christine M. Hinchcliffe, *Nursing*
Sally A. Hoffman, *Nursing*
Isabel C. Hoffmann, *Diabetes Unit*
Geraldine E. Holden, *Phillips House Admitting*
Barbara B. Holmes, *Radiology*
Ruth N. Holzmann, *Nursing*
Rebecca A. Hooker, *Operating Rooms*
Ilse R. Horn, *General Store*
Howard R. Horner, *Blood Transfusion Service*
Linda C. Horowitz, *Shriver Center*
Stacey Houghton, *Photochemotherapy Unit*
Kathleen Houlihan, *Social Service*
Loretta K. Hsu, *Chemistry Lab*
Dora W. Hsu, *Pathology Lab*
Rose J. Hudia-Galweski, *Radiology*
Peter L. Hudson, *MGH Surgical Associates*
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Nancy M. Hunsberger, *Dietetics*
Cynthia B. Hurley, *Rehabilitation Medicine*
Jeanette Hutchins, *Administration-Research*
Vincent J. Izzi, *Bunker Hill Health Center*
Claudett Jacob-Federico, *Nursing*
Stephen G. Jaffe, *Purchasing*
Gail E. Jennings, *Nursing*
Katherine J. Jewell, *Chelsea Health Center*
Marisa E. Jones, *Clinical Administration*
Marjorie A. Jordan, Nursing
Cheryl A. Joseph, *Benefits*
Marie J. Joseph, *Central Supply Room*
Pearl A. Joyce, *Nursing*
Frances S. Joyner, *Cardiac Catheterization*
Sandra A. Jutras, *Nursing*
Andrea G. Kacos, *Radiology*
Maria A. Kallock, *Nursing*
Cynthia L. Kane, *Nursing*
Muriel Kanter, *Anesthesia Acute Care Lab*
Linda A. Kaplan, *Neurology Research*
Georgette Katuna, *Blood Transfusion Service*
Adele L. Keeley, *Nursing*
Mary E. Kelly, *Radiology*
Leslie S. Kershaw, *Blood Transfusion Service*
Beth A. King, *MGH Cancer Center*
Mary E. Kennealey, *Anesthesia*
Harold W. Kneeland, *Nursing*
Albert E. Knotts, *Computer Center*
Ann R. Kofsky, *Operating Rooms*
Linda J. Kovitch, *Nursing*
Maryjo Krason, *Nursing*
Kenneth T. Kuster, *Lab of Computer Science*
Annette M. Lafrazia, *Orthopedic Workshop*
Anna D. Laidley, *Gastrointestinal Research*
Judy A. Lamarre, *Nursing*
Marcia Lambert, *Staff Development*
Jean S. Lamere, *Radiology*
Linda D. Laplante, *Nursing*
Therese M. Ledd, *Operating Rooms*
Lily Lee, *Nursing*
John J. Lewis, *Dietetics*
John A. Limongelli, *Biomedical Engineering*
Hirlanda Linse, *Nursing*
Jacquelyn Littlewood, *Pathology*
Margaret A. Lospennato, *General Medical Amb. Care*
Ricardo O. Lowe, *Medical Records*
Susan Lozzi, *Nursing*
Jacqueline M. Lynch, *Clinical Administration*
Karen E. Lynch, *Anesthesia Research*
Martha M. Lynch, *Dietetics*
Deborah Lynes, *Amb. Care Business Office*
Boghos Maasardjian, *Pharmacy*
Diane M. Mabardi, *Communications*
Yasuko Mabuchi, *Neurology Research*
Regis M. MacDonald, *Operating Rooms*
Marie T. MacDonald, *Nursing*
Robin E. MacDonald, *Chelsea Health Clinic*
Stephen J. Madison, *Central Supply*
Barbara A. Mahoney, *Ambulatory Care Nursing*
William F. Mahoney, *Orthopedics*
Eileen Mahoney, *Cardiovascular Research*
Evelyn H. Malkin, *Social Service*
Mary A. Malloy, *Nursing*
Daniel J. Manning, *Environmental Services*
Linda Manning-Arini, *Amb. Care Administration*
Michelle A. Marcella, *News & Archives*
Wilfred P. Markert, *Pathology*
Vicki A. Martin, *Nursing*
Patricia A. Martin, *Nursing*
Dorothy I. Martini, *Linen Control*
Marcia Martins, *Clinical Administration*
Edward M. Masley, *Anesthesia*
Judy A. Mattoon, *Pediatric Microchemistry*
Michael J. Mazzio, *Ambulatory Care Nursing*
Eileen T. McAuley, *Nursing*
Cecelia L. McBride, *Clinical Administration*
Karin M. McCarthy, *Pathology*
Suzanne M. McCarthy, *Nursing*
Jean M. McCarthy, *Nursing*
Brenda S. McFadden, *Medical Records*
Michele McHugh, *Nursing*
Katherine A. McInnis, *Operating Rooms*
Kathy D. McLaughlin, *Nursing*
Eleanor McLaughlin, *Nursing*
Cynthia G. McNabb, *Transport Service*
Donna M. McNeill, *Nursing*
Mary D. McPhee, *Nursing*
Kathleen E. Megan, *Nursing*
Joanne C. Melesciuc, *Cardiac Catheterization*
Janet M. Mellone, *Nursing*
Marie T. Metallidis, *Pharmacy*
Rose M. Miele, *ACC Radiology*
Susan Mills, *Nursing*
Sonny A. Mohammed, *Environmental Services*
Lorraine M. Mohr, *Medical Oncology*
Phyllis Molle, *Credit & Collections*
Richard B. Montgomery, *Wage & Salary*
Claire Moore, *Nursing*
Stephanie M. Moore, *Radiology*
Robin A. Morello, *Orthopedics*
Ann E. Morrill, *Nursing*
Jacqueline B. Morris, *Dietetics*
Sally E. Morton, *Nursing*
Joan L. Moss, *Central Supply Room*
Elizabeth A. Murphy, *Nursing*
Kathryn A. Nee, *Neurophysiology Lab*
Margaret M. Nelson, *Nursing*
Marie A. Neptune, *Environmental Services*
Cynthia M. Nigro, *Nursing*
Christine M. Rivkees, *Nursing*
Christopher S. Robbins, *Nursing*
Ana H. Rodriquez, *Amb. Care Business Office*
Katharine W. Rogers, *Anesthesia Research*
Annmarie Romig, *Nursing*
Julie A. Romikitis, *Nursing*
Kenneth R. Ross, *Orthopedics*
Thomas E. Rothwell, *Administration*
Molly-Jan I. Rubinger, *MGH Inst. of Health Prof.*
Jeanne C. Rufo, *Nursing*
Catherine A. Ruggiero, *Medical Records*
Paula A. Ruvido, *Radiology*
Cathleen M. Ryan, *Nursing*
David M. Ryan, *Security*
Colleen A. Ryan, *Diabetes*
Joann M. Salamanca, *Cardiac Catheterization*
Suzanne L. Sanders, *Nursing*
Kashi R. Sandhya, *Arthritis Research*
Marianne T. Sannella, *Nursing*
Linda M. Sarno, *Security*
William Sauls, *Nursing*
Madelyn F. Scannell, *Nursing*
Marilyn B. Schneiderman, *Urology*
Elizabeth E. Schulz, *Nursing*
Susan L. Sciarappa, *Credit & Collections*
Steven J. Scire, *Credit & Collections*
Milton H. Scott, *Materials Management*
James E. Seay, *Materials Management*
Maria Sergi, *Nursing*
Smriti Shah, *Chemistry*
Camille A. Shaw, *Nursing*
Kathryn Shaw, *Nursing*
Caroletta Shaw, *Dietetics*
Barbara J. Shaw, *Neurosurgical Research*
Elaine F. Sheets, *Urology*
Gaye G. Sherpardson, *Nursing*
Jeanne M. Siegmann, *Vincent Mem. Rsrch. Lab*
Barbara J. Siftar, *Surgical Ambulatory Care*
Maria A. Silva, *General Medical Amb. Care*
Maria L. Silveira, *Clinical Administration*
Elaine Sinoff, *Cortical Function*
Judith M. Sitzman, *MGH Inst. of Health Prof.*
Donna M. Slicis, *Nursing*
Mary C. Smedile, *Credit & Collections*
Janet E. Smith, *Dietetics*
Richard C. Smith, *Computer Center*
Sarah M. Smith, *Nursing*
Vanda Solarzoneal, *Nursing*
Anita Solimine, *Amb. Care Business Office*
Meryl Sommer, *General Medical Amb. Care*
Anne Stone, *Nursing*
Martha Stone, *Gynecology Associates*
George J. Stout, *Respiratory Care*
Stacey A. Strah, *Operating Rooms*
Catherine A. Stucke, *Nursing*
Diane C. Sturgis, *Credit & Collections*
Judith Sullivan, *Nursing*
Clare M. Sullivan, *Nursing*
Laura Sumner, *Nursing*

Eleanor E. Niles, *Central Supply Room*
Joann C. Nixon, *Cardiac lab*
Peter Norton, *Post Office*
Diane M. Nosak, *Nursing*
Jarmila Novotny, *Developmental Biology*
Edward P. Oliver, *Information*
Mary J. O'Quinn, *Anesthesia*
Michele Oricchio, *Medical Service*
Ann T. O'Sullivan, *Nursing*
Christopher J. Owen, *Neurology Research*
Patricia J. Owens, *Operating Rooms*
Soula Papadopoulas, *Neurology*
Jean R. Parry, *Cardiac Lab*
Elise Pashigian, *Operating Rooms*
Sanjay M. Pathak, *O. R. Administration*
Birgit V. Pedersen Weeks, *Nursing*
Mary L. Perullo, *Orthopedics*
Dorothy J. Peterson, *Hematology*
Ellen A. Petrie, *Nursing*
Lisle A. Phillips, *Materials Management*
John J. Phillips, *Medical Records*
Mary R. Piepenbrink, *Nursing*
Judith L. Piggins, *Lab of Computer Science*
Brenda L. Pignone, *Nursing*
Voltaire Pilet, *Dietetics*
Geraldine C. Plunkett, *Nursing*
Joseph M. Ponte, *Computer Center*
Dianne F. Powers, *Nursing*
Bonnie L. Prall, *Nursing*
Michelle R. Proujansky, *Surgical Research*
Teresa A. Provenzano, *Nursing*
Helen G. Prowse, *Credit & Collections*
Lorin Pupa, *Nursing*
Deborah A. Quinn, *Pulmonary Disease*
Ann E. Quinn, *Neurosurgical Ambulatory Care*
Debra L. Rafferty, *Nursing*
Mohinder P. Randhawa, *Chemistry*
Susan A. Rands, *Nursing*
Geraldine L. Raper, *Social Service*
James B. Ravenscroft, *Radiology*
Patricia A. Ray, *Cardiac Lab*
Catherine B. Reddington, *Data Analysis*
Deborah J. Redifer, *Psychiatric Ambulatory Care*
William E. Reid, *MGH Surgical Associates*
Patricia Reidponte, *Nursing*
Maureen Reidy, *Nursing*
Kathleen A. Reilly, *Nursing*
Mary E. Reilly, *Nursing*
Natalie Ricci, *Radiology*
James R. Rielly, *Clinical Administration*
Deborah A. Riley, *Infectious Disease*
Catherine R. Riley, *Amb. Care Business Office*
Kathleen Riley, *Neurosurgical Research*
Debra A. Swales, *Nursing*
Maria Swan, *Nursing*
Margaret E. Tardiff, *Psychiatry*
Marianne Tarraza, *Vascular Lab*
Anne P. Tetrault, *Nursing*
Susan K. Thompson, *Amb. Care Nursing*
Marlene Tomeo, *Dietetics*
Gunilla S. Trautman, *Anesthesia*
Sandra J. Traynelis, *Nursing*
Albert T. Tremblay, *Nursing*
John H. Trudeau, *Radiology*
Lawrence N. Tucker, *Radiology*
Elizabeth R. Tucker, *Nursing*
Janice M. Tully, *Nursing*
Rosalie A. Tyrrell, *Nursing*
Mark A. Uva, *Accounting*
Gyna M. Vargas, *Computer Center*
Karen L. Vengrow, *Medical Oncology Research*
Caroline S. Venuti, *Tumor Registry*
Gail J. Venuti, *Bunker Hill Health Center*
Margaret A. Vernon, *Blood Transfusion Service*
Donna L. Vienneau, *Speech-Language Pathology*
Karen Votta, *Radiology*
Frances V. Waldron, *Nursing*
Marvin L. Walker, *Dietetics*
Althea E. Walker, *Clinical Administration*
Laura L. Wallins, *Shriver Center*
Mary B. Walsh, *Nursing*
Madonna M. Walsh, *Nursing*
Isabella K. Wang, *Chemistry*
John M. Wareham, *Orthopedics*
Catherine A. Waterman, *Communications*
Karen Webber, *Nursing*
Ellen J. Weiner, *Childrens Service*
Ulla B. Weise, *Ultrasound Lab*
Karen P. Welch, *Bacteriology*
Carol A. Whooley, *Administration*
Jerzy Wieckiewicz, *Biomedical Engineering*
Mark A. Williams, *Environmental Services*
Brenda M. Williams, *Nursing*
Joy A. Williams, *Nursing*
Venita T. Williams, *Ambulatory Care Nursing*
Melissa M. Wilson, *Operating Rooms*
Carolyn J. Wiltsie, *Radiology*
Deborah E. Wing, *Nursing*
Maria D. Winne, *Nursing*
Lynn C. Witmer, *Radiology*
Leslie B. Wolfe, *Chemistry*
Patricia Wright, *Operating Rooms*
Maureen P. Yotts, *Endocrine Research*
Robert B. Young, *Pharmacy*
Denise M. Young, *Nursing*
Paulajayne Zurcher, *Nursing*

# Nutritional Highlights

*by the Department of Dietetics*

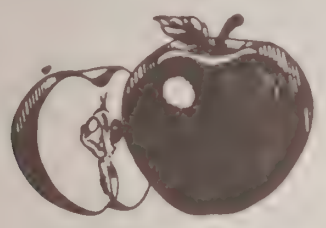
An apple a day keeps the doctor away? Maybe not.

In the middle of this year's apple harvest, controversy is brewing over a pesticide used to spray almost 40% of the nation's apple crop. The chemical of concern is daminozide, which is used to prevent premature ripening and help insure that fruit stays on the tree until desired harvesting time.

Use of this pesticide has been suspect for at least nine years when the Environmental Protection Agency first raised concern that daminozide and a related compound known as UDMH may be "probable human carcinogens." The EPA has said that foods treated with the chemical pose an "unacceptable risk" and had planned to ban use of the pesticide. Significant opposition was mounted, however, by apple growers and chemical manufacturers alike, who challenged the validity of studies linking daminozide exposure to development of tumors in laboratory animals. Recently the EPA reversed its decision and called for a special review of all available research before a final ruling is made.

Many consumer and professional groups have voiced concern over the EPA's inaction. The greatest concern is for infants and young children. Per unit of body weight, children typically consume up to 10 times the amount of apple products (applesauce and apple juice) as adults. (It is important to note that daminozide is not isolated in the skin of the fruit but is absorbed into the fruit itself. Thus all foods made from daminozide-treated apples will contain the chemical.)

The President of the American Academy of Pediatrics has supported the



EPA ban stating that the pesticide residue appears to cause cancer and "offers no benefits and certainly some risks to the health of American children."

Thankfully, some agencies and manufacturers have begun to take independent action. Massachusetts has already passed legislation that will ban the use of daminozide in most foods. Major manufacturers of baby foods (Gerber, Heinz, and Beechnut) are refusing to use apples treated with daminozide. Other large apple processors, including Motts and Veryfine Juices, have also begun to refuse daminozide-treated apples.

As far as fresh apples go, the situation is much less clear. At present, information on whether apples have been treated is likely to be unavailable at your store. Consumers are advised to ask, to voice their opinions to apple purveyors, and to watch for any posted information in the produce sections. Be sure to choose processed apple products made by daminozide-free manufacturers. And finally, it might be a good idea to rotate bananas, oranges, grapefruit, and other fruits with that "apple a day!"

***Baked Potato Bar returns to Wang ACC Cafeteria Tuesdays beginning Nov. 4***

## Town Meeting (continued from page 1)

*Don't I lose if my pay increase occurs in the second half of the year?*

Because the base increases 6% for determination of future raises, you are better off than if you had received a 2.75% increase on October 1, which was the alternative proposal to the current plan.

*Why do employees on weekly payroll get a percentage increase and those on monthly an increase based on merit?*

It is our hope that eventually all increases will be based on merit. At this point, we are only extending that policy to monthly employees.

*Did you consider a 3% increase at the beginning of the year and then 3% on your anniversary?*

We tried every possible combination, including the one you suggest. But the only one that worked with the funds we had available which provided an adequate percentage increase is the current one.

Dr. Buchanan went on to discuss other issues of interest to the MGH community. He noted that the Department of Public Health had approved the Determination of Need to construct the inpatient towers, and that it was hoped that construction would begin by March, 1987. He commented on the banners outside the White and Bulfinch Buildings to commemorate the hospital's 175th Charter Year. He told those attending that the hospital hoped to construct an Alzheimer's Center in Cambridge, and approval had been obtained to build a life care center in Westwood.

There were several questions about parking rates. In response to a comment about the increase in rates, Dr. Buchanan noted that the increase was less than had been originally anticipated but was necessary to keep the garages reasonably competitive and to be certain that only those with business in the hospital used those facilities. He added that when additional parking facilities were constructed in the Nashua Street area, it was quite likely that rates would have had to have been much closer to market in order to break even on the construction costs.

*MGH health center employees got a chance to hear Dr. Buchanan talk about a variety of issues.*

Other questions:

*Has there been a resolution of the vacation accrual problem?*

I am sorry to tell you that we are still struggling with this issue. When this question was first raised, I assumed that it was an easy matter to change the computer so that an employee could accrue above the maximum during the year as long as the accrual was back to one times the maximum as of the end of the fiscal year. This has turned out to be much more difficult than any of us anticipated, and although we would still like to put this policy in place, at this point we are being foiled by computer intransigence. We are continuing to work on the problem, however.

*A standing room crowd listening to Dr. Buchanan on the Bulfinch Patio*

*Anything further to report on direct deposit? Will you be expanding the number of banks to which direct deposit can be made?*

As you know, there are a number of automatic tellers around the hospital, and we believe the number is sufficient at this time. We continue to look at the direct deposit issue.

*One look inside the General Store window easily tells you what's coming up tomorrow.*

## United Way (continued from page 1)

increased, the need has. From 1983 to 1985 in Massachusetts, requests for emergency food and shelter have increased more than 200 percent; reported cases of child abuse, 51 percent; the need for day care, 33 percent; and requests for services for senior citizens, 27 percent. These services are top priorities of the United Way.

Again this year, employees may contribute through payroll deduction.

"Payroll deduction is an easy way for employees to donate," remarked Patricia Rowell, Chairman of this year's MGH campaign. "Even a small amount each week can make a big difference to so many people in need."

THE MGH HOT LINE

November 6, 1986

News Office, Bulfinch 1, Ext. 2206

## Researchers Receive Grant

Two investigators from the MGH Cancer Center have received a $1.2 million grant from the National Cancer Institute to test the effectiveness of Interleukin 2 and lymphocytes to fight tumors of the lung. Based on a laboratory technique developed at the MGH, the treatment uses activated lymphocytes from a patient's own tumor to combat the tumors.

Since March 1985, coinvestigators Drs. Richard L. Kradin of the MGH Pulmonary and Immunopathology Units, and James T. Kurnick, of the MGH Immunopathology Unit, have been performing trials with patients with advanced lung cancer. The researchers believe the therapy has promise to treat certain tumors, including lung and kidney cancers, but they caution that patient trials are still at a preliminary stage.

The MGH study represents the first use of activated lymphocytes derived from tumor tissue and Interleukin 2 to be approved for patient trials by the Food and Drug Administration.

With the three-year grant from the National Cancer Institute, the investigators will more fully evaluate the treatment's effectiveness on lung cancer. An additional grant from Ortho Corporation of Raritan, New Jersey, will allow the researchers to expand their study to include kidney cancer patients.

## A Letter of Thanks

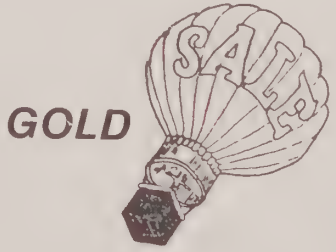
*Ether Day is, as everyone knows, a special event each and every year. The people who are recognized for their years of service all feel, I believe, a sense of accomplishment regardless of whether they have been here for 5, 10, 20, 30, 40, or 50 years.*

*After Ether Day is over, and the now customary dinner for 20 year recipients and up has been held, it has not been uncommon for both recipients and other employees to comment on how nice they thought everything was done.*

*(continued on page 2)*

## Bake Sale

Prepare for the coming holiday by selecting some goodies from a BAKE SALE to be held on Thursday, November 20, beginning at 8:00 a.m., in the Warren Building Lobby. Cakes, cookies, candy, breads, pies, and other food items will be available. Any donations will be appreciated. Proceeds go to the Warren Library.




The General Store will be having a 1-day 14-carat gold sale on Friday, November 14, from 10:00 to 4:00. Jewelry by Michael will be 40% off. Michael himself will be in the store with his entire 14-carat gold and gemstone pieces. Shop early for Christmas and for best selection.

## Movies for Patients

MGH patients now will be able to go to the movies without ever having to leave their hospital beds. Healthcare Television and Telephone (H T & T) is making feature films available for inpatients. The price is $2.50 a day. Movies are shown daily on Channel 26 at 11:30 a.m., 2:00 p.m., 5:00 p.m., and 8:00 p.m.

## Letter *(continued from page 1)*

*Putting together the Ether Day ceremony, coordinating all the activities, and trying to ensure that everything goes as smoothly as possible is not an easy task. Likewise, the planning, preparation, and serving for both the reception and the dinner requires a great deal of work.*

*The "unsung" heroes of making Ether Day and the dinner as wonderful as it is are all the members of the Dietary Department and Ms. Marion Dello Russo of the Human Resources Department.*

*To all those people who work behind the scenes and who never seek recognition, I say thank-you all very much and special congratulations on making Ether Day such a special event.*

*Tom Rothwell*
*Vice-President for Human Resources*

## NAMES in the NEWS

Dr. Dwight R. Robinson of the Arthritis Unit, and Dr. Alexander Leaf, Director of the Cardiovascular Health Center, were interviewed by MED STAR of Pennsylvania on the increasing evidence that fish oil helps prevent cardiovascular disease and perhaps helps fight arthritis. The program will be syndicated on television news programs in a number of major cities including New York City, Los Angeles, Pittsburgh, and seven cities in Florida.

Dr. J. Robert Buchanan, General Director, and Lawrence E. Martin, Associate General Director, were interviewed by WMJX Radio and the BOSTON TAB respectively on the Determination of Need approval for the new inpatient towers.

Anand Seth, Director of Facilities Engineering, was interviewed by BOSTON BUSINESS JOURNAL on the MGH's use of cogeneration to save on energy costs.

Dr. James F. Gusella was interviewed by DISCOVER magazine on testing for Huntington's disease.

Dr. Jerrold F. Rosenbaum, Director of the MGH Psychopharmacology Unit, was recently interviewed by WNEV-TV (Channel 7) on the subject of Valium.

Dr. Thomas S. Durant, Assistant Director of the MGH, was featured in the September 29, 1986 edition of THE BOSTON GLOBE. The physician recently returned from Pakistan where he and a group of other Americans were helping Afghan refugees.

United Way

Just a reminder that this is "United Way Week" at the MGH. Pledge cards are being collected through the week by representatives of each department. As a special bonus this year, each employee who contributes to the United Way will be eligible to win prizes. Names will be drawn on Thursday, November 20, for tickets to a Celtics game, a Bruins game, a performance of the Boston Symphony Orchestra, and memberships to the Museum of Science and the Museum of Fine Arts. Winners will be notified by the Volunteer Department.

MGH HOTLINE

20 November 1986

A publication of the
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of Massachusetts General Hospital
Bulfinch 1, Extension 2206

**Children at this year's Halloween party on Burnham 5 quickly discovered that taking a bite of a donut is not as easy as they may have thought.**

# Hold on to your hat and ears as towers construction nears

It won't rock you, but don't expect it to be the sound of music, either.

Ready or not, preliminary work on the hospital's vital new inpatient towers has begun. And so has the noise.

Over the next seven years, the sound of construction, and all the predictable discussion about it, is sure to reverberate throughout the MGH.

In designing the new towers, the contractors have been looking at ways to lessen the impact of the construction process. The MGH has retained the firm of Cambridge Acoustics Associates to provide methods for reducing the impact of construction noise on both patients and employees.

The firm has already taken sound readings in the courtyard behind the Phillips House and on balconies surrounding the future construction site of Tower 1 in order to obtain a ''base line'' against which additional noises may be compared.

While the test caisson was recently being placed behind the Phillips House, sound measurements were taken in many patient rooms to determine the types of sound abatement steps needed. To date, the sound consultants have been looking primarily at treatment of the windows to diminish the sound that is transmitted through the individual air conditioning units and glass windows. Thus far, the consultants have looked at caulking, heavy gauge sound absorbing blankets, heavy gauge plastic sheets, an additional layer of glass, and added sealants and filters in the air condition ing units.

As the project draws closer to major construction early next year, the sound experts will examine still other methods of reducing noise. The general contractor, Walsh Brothers, believes that the driving of the soil retaining steel sheeting, which will support the walls while the basement is being built, will be the noisiest activity followed closely by the sound of the demolition of a concrete air conditioning vault in the area of the White Building basement. All equipment used by the contractor and subcontractors, however, is in good repair and has better than average mufflers.

Construction is scheduled to begin at 7:30 a.m. and will continue to approximately 4:00 p.m. every day. Deliveries may occur at other times.

The project team will be available to discuss specific noise abatement procedures. If the noise does become bothersome, bring it to the attention of the inpatient project team to see if a remedy can be found.

The inpatient towers will be the lifeline of the MGH's future. Whoever said progress was easy?

# First MGH Trustees Medals presented November 13

Four Americans whose lifetime accomplishments have changed the course of medicine received medals from the MGH in ceremonies on Thursday, November 13, at the hospital's 175th Charter Dinner.

The first MGH Trustees Medals were presented to:

**Dr. Michael S. Brown** and **Dr. Joseph L. Goldstein,** 1985 Nobel Laureates for their work in defining the processes by which the body metabolizes cholesterol, opening new approaches to the treatment and prevention of heart disease.

**Dr. James A. Shannon,** former director of the National Institutes of Health, promoting biomedical research as a national priority. He assured U.S. leadership worldwide in medical science.

**Dr. Norman E. Shumway,** a pioneer in heart transplantation, whose work ranges across the entire field of cardiac surgery.

The MGH Board of Trustees designated that the Trustees Medals be

continued on page 4

**Members of the Electric Shop celebrate their championship with officials of the MGH Softball League. Story on page 4.**

## Inside

**Temp. 1 offices relocate**
Page 2

**Food for thought about holiday eating**
Page 2

**RICU at 25**
Page 3

# It's still us!

The name is the same. It's just a new look we took.

The HOTLINE has undergone a facelift. This cosmetic surgery was performed in an effort to give the publication more eye-catching appeal, while providing additional space for stories of importance to the MGH community.

The short HOTLINE in newsletter form will be temporarily suspended and instead two issues of the new HOTLINE will be published monthly on an experimental basis.

In the coming months new columns and features will be introduced, and more photographs will be used whenever possible.

In addition, a question-and-answer column will be featured. Please submit your questions to the News and Public Affairs Office (Bulfinch 1). Although we cannot publish every query we receive, we will try to print as many as space allows while considering those having the most interest to employees.

The new HOTLINE necessitates that stories being submitted for possible publication must be received by the News and Public Affairs Office *three weeks* before they are to appear.

We hope you'll like the new HOTLINE. Please send any comments and suggestions you have to the News Office. We care about what you think.

Workman prepares to guide emergency oxygen tank about to be hoisted by crane from the White Building ramp, over the roof of the Clinics Building, to the courtyard behind the Vincent-Burnham Building.

## In case you haven't noticed the Temp. is falling

It's really coming down. No kidding.

After being a permanent fixture at the MGH for the past 21 years, "Temporary 1" is in the process of being taken down.

In preparation for the ultimate demise, several offices that had been housed in the structure have been relocated to other parts of the hospital. They are:

Psychiatric Service Office to Warren 615

Cardiac Computer Office to Bulfinch 505

Social Service Intern Office to Bartlett 803

Environmental Services Central Office to Clinics Mezzanine

GI/GU STOMA Office to Phillips 604 (temporary assignment)

Gynecology Research (Dr. Crowley) to Jackson 1126

I.V. Techs' Office and Lockers to Bartlett 605, 607, and 609

Telephone Installers' Office to Bartlett 103

Dr. Rabito's Lab (Radiology Research) to Jackson 1120 (temporary assignment)

Radiology Engineering Shop to Rehabilitation 011 and 012 (temporary assignment)

T.V. Repair Offices to Bartlett Extension Basement

Flower Shop Workroom to Baker 047

News and Public Affairs Office Storage to Bartlett 611 (temporary assignment)

Walsh Brothers Field Office to Kresge Courtyard Building

All telephone numbers for these departments remain the same.

Take one last look because soon Temp. 1 will be no more than a memory.

## Life-style

The holiday season is here again, and we will soon be facing tempting food and drink on a routine basis.

Don't let the holidays get the better of you this year. Start psyching yourself up now to stay in control (and still have fun) rather than overindulge. Most people who plan ahead and exercise good judgment during holiday eating actually feel better and enjoy themselves more. Overeating seldom feels good after it's over as your stomach and guilty conscience have a way of letting you know!

Here are a few simple tips to help you through the holiday eating "rush" with a minimum of damage:

- Never try to "make up for it by eating less tomorrow." For most of us, tomorrow never comes. Always make allowances *beforehand*

- Plan ahead. Cut back on your usual calorie intake and increase your exercise *all week long* rather than just the day of a social event.

- On the day of a party, don't starve yourself to try to save calories. You'll be too hungry and will very likely overeat.

- Plan to have a small snack or mini-meal (small salad or yogurt with fruit or soup and a slice of bread) an hour or so before an event to curb your appetite and help you avoid overindulging.

- It's always a good idea to arrive late and leave early, especially if you find yourself attending several functions in one week.

- When faced with a buffet, walk through first and look it over carefully. Decide what you will have and what you'll skip over. If you start at the beginning without some idea of what you'll have, your plate will be mounded high by the time you reach the end (even if you try to take "only a little bit" of each item).

- Plant yourself far away from the hors d'oeuvres. Find someone interesting to talk to. It will help keep your mind off the dips and chips, and it's hard to talk with your mouth full.

- Keep your hands full—a low-calorie drink in one and a purse or someone else's hand in the other.

- Avoid alcohol before you eat—it increases your appetite.

- Keep active. Share the holiday spirit with others. Walk to visit friends and relatives. Why not take the family or a friend for a walk after a meal.

- Don't fill up on foods you can have anytime. Save your calories for the special holiday foods.

- Most important, ENJOY what you have chosen to eat. Take your time, take small bites, and savor the flavors.

And happy, healthy holidays!

# RICU celebrates 25th birthday

Twenty-five years ago, on October 2, 1961, a new unit opened its doors for the first time at the MGH.

It was called the Respiratory Intensive Care Unit (RICU), and it was the first unit of its kind in the United States. It had a total of five beds with a one-to-one nurse-to-patient ratio and was situated on Phillips 2.

In that first year, the unit treated 126 patients, all requiring mechanical ventilation.

There have been many changes in the RICU over the last 25 years, according to Henning Pontoppidan, the Medical Director of the Unit from its founding until this past July 1 when Dr. Roger Wilson, who had been Acting Director for the past two years, assumed that post.

''For one thing,'' Dr. Pontoppidan explained, ''at the MGH we have seen an enormous rise in the number of patients requiring mechanical ventilation, 45 to 50 or more on any given day and as many as 2,000 each year. Only a fraction can be accommodated in the 10 to 11 bed RICU on Gray 3A. We also treat a wider variety of illnesses. When the unit first opened, most of the patients we treated suffered from neuromuscular diseases, chest trauma, and drug overdoses. Today the range of diagnoses is much more varied, with a majority of the seriously ill patients having acute lung damage secondary to multiple trauma, sepsis, aspiration, or major surgery.''

The MGH RICU has long been a referral center for other hospitals to send their sickest (respiratory failure) patients, and it has become a model for similar units being developed around the country.

And although the unit has achieved several firsts in technological advances over the past 25 years, Dr. Pontoppidan believes technology may no longer be the biggest factor in determining a patient's survival from acute lung injury of the Adult Respiratory Distress Syndrome (ARDS).

''I believe that progress in the future will come from a better understanding of the biologic mechanisms underlying such lung injury,'' said Dr. Pontoppidan, ''and the development of pharmecologic means of preventing and treating ARDS. This is where the efforts of the RICU Special Center of Research, headed by Dr. Warren Zapol, have been focused for the past several years.''

**RICU nurses Mary Jo Krason (left) and Joan McCann attending to a patient in the unit**

**Drs. Robert T. Schooley and Martin S. Hirsch of the MGH and Dr. Jerome Groopman of New England Deaconess Hospital answer questions for reporters on the subject of AIDS at a recent MGH news conference.**

## In General

**Dr. Earle W. Wilkins, Jr.,** Chief of Emergency Services, was recently honored at the Massachusetts Emergency Medical Services Awards ceremony held in Worcester. Dr. Wilkins received the Commonwealth Award given by the Massachusetts Department of Public Health in recognition of his outstanding services to the state in the development of emergency care. Dr. Wilkins has been involved in this effort for over 30 years and has demonstrated extraordinary statesmanship in organizing and leading efforts to develop standards and legislation for the EMS system.

**David T. O'Brien** has been appointed Director of Inpatient Accounts. Mr. O'Brien joined the MGH in 1979 and has served as the Manager of Billing for Inpatient Accounts. Prior to coming to the MGH, he managed the Provider Services Department at Blue Cross of Massachusetts. Mr. O'Brien earned a bachelor's degree in business administration from Northeastern University.

**Catherine Robbins,** Director of Cost and Payment in the Department of Finance, has been named a Fellow of the Health Care Financial Management Association. To become a Fellow in the Association, a financial manager must meet certain experience requirements and also pass an exam. Ms. Robbins' appointment places the MGH in the unusual position of having four people who have attained that distinction. The others who have been named Fellows in past years are Lawrence E. Martin, Joseph P. McCue, and Edward M. Medeiros.

**Yvonne L. Munn,** Associate General Director and Director of Nursing at the MGH, has been appointed to the Governing Board of the National Commission on Nursing Implementation Project. The objectives of the group are to target and develop a plan for influencing the environmental factors that effect high quality, cost-effective nursing care delivery systems and to develop a national strategic plan to influence public policies and practices that affect health care and the role of nurses in providing that care. Mrs. Munn was elected President of the American Organization of Nurse Executives in 1983 and was instrumental in coordinating an implementation proposal at a national level. Mrs. Munn came to the MGH in 1984 from Methodist Hospitals in Dallas, Texas, where she was Vice-President, Patient Systems & Evaluation. Mrs. Munn is a native of Edmonton, Alberta, Canada.

**Dr. Earle Wilkins (left) receiving Commonwealth Award from Frank Keslof, Director of the Office of Emergency Medical Services**

**Yvonne Munn**

**Pat Fumalaro delivers the winning hit in the Electric Shop's 3 to 1 victory over HVAC in the third and deciding game of their championship series.**

# Electric shop short circuits HVAC to win championship

The Electric Shop combined timely hitting with strong pitching to become the new champions of the MGH Softball League.

Electric defeated last year's champ HVAC by the score of 3 to 1 in the third and deciding game of this year's championship series played on September 26 across from the MGH.

The Electric Shop, which finished third in the regular season (7-5), defeated the Carpenter Shop two games to one in the first round of the playoffs, while HVAC swept the Doctor's team.

In game one of the championship series, HVAC won 5 to 1, with the Electric Shop coming back in game two to win 9 to 4, setting the stage for the third and final contest.

In that game, Pat Fumalaro had the key hit to drive in the winning run. And pitcher Orazio Martinello held HVAC in check to preserve the victory. It was the second championship in the past three years for the Electric Shop and the first for manager Dominic DiSalvo.

# Warren Triennial Prizes awarded

Two scientists who have made significant contributions to the understanding of the genetic basis of development have received the MGH's prestigious Warren Triennial Prize.

**Dr. Walter J. Gehring,** Professor of Cell Biology, Biozentrum Der Universitat, Basel, Switzerland, and **Dr. H. Robert Horvitz,** Professor of Biology at MIT, were honored on October 28.

The Warren Triennial Prize, a 115-year-old hospital tradition of recognizing excellence in medical research, is often called a predictor of the Nobel Prize. Since 1952 eight of the nineteen scientists who have received the MGH honor have gone on to become Nobel laureates.

In announcing this year's prize winners, Dr. Kurt J. Isselbacher, Chief of the MGH Gastroenterology Unit and Chairman of the Warren Triennial Prize Committee, said, "Drs. Gehring and Horvitz are two of the leaders in the study of the genetic—or molecular—basis of development. Their important work in this new field involves the study of genes that control both the time sequence and the spatial development of an embryo."

According to Dr. Isselbacher, work awarded the Warren Triennial Prize need not have an immediate clinical application. "Rather, we focus on work which we consider to be pioneering or fundamental research that will have future medical implications," he said.

The Warren Triennial Prize was established by Dr. J. Mason Warren in memory of his father, Dr. John C. Warren, cofounder of the MGH. Starting in 1871, an award was presented every three years for the best dissertation on a subject in physiology, surgery, or pathological anatomy. In 1952, lectures replaced dissertations. In addition to a small monetary award, this year's Warren Triennial Prize winners will, for the first time, receive a specially designated medal.

**In an attempt to bring the Red Sox luck before the seventh game of the World Series, Burnham 5 patient Nicole Concheri (center), her father Mark (left), and charge nurse Kathi Garvin, proudly wear their Red Sox T-shirts.**

## Medals

from page 1

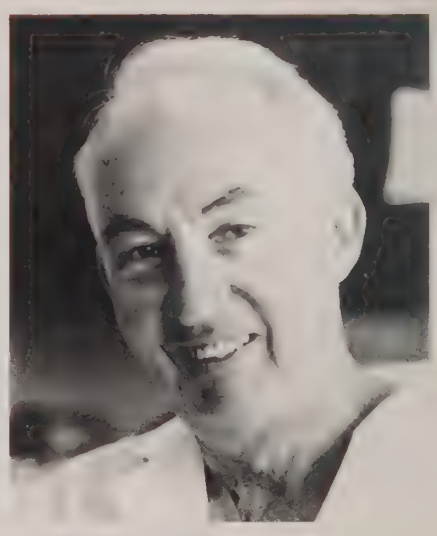
awarded to American physicians and scientists whose lifetime contributions have benefited humankind, particularly through the advancement of medical practice and care. These awards may be given no more than once a year and to no more than four persons.

In announcing the Medal winners, MGH Board of Trustees Chairman Francis H. Burr said, "With all the current attention to the issues of the cost of medical care, it is critically important to recognize the tremendous advancements made against disease in the last decade alone. These advances are the products of individuals with a sustained commitment to excellence backed by a society that is willing to fund their efforts."

Governor Michael Dukakis, Massachusetts House Speaker George Keverian, and Boston Mayor Raymond Flynn were scheduled to join other federal, state, and local officials at the dinner. Other special guests celebrating the 175th Charter Year of the MGH included Bernard Cardinal Law and Right Reverend David Johnson, distinguished MGH alumni now serving in hospitals and medical schools across the nation, and members of the Boston corporate community.

**Drs. Michael S. Brown and Joseph L. Goldstein**

**Dr. James A. Shannon**



**Dr. Norman E. Shumway**

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**Although evening signals the end of work for some, it's just the beginning for others.**

# For them, the best medicine is working

The philosophy is quite simple, really. In essence, it's that "everybody can do something."

And for nearly 20 years, members of the MGH's Patient Activities Committee have been doing a lot of somethings for almost everybody at the hospital.

Whether it involves stuffing envelopes for the General Director's Office or delivering flowers to patients, these men and women approach their tasks with professionalism and enthusiasm.

A work-oriented therapeutic community, the PAC was created in March of 1967 by Miriam Fern, who still serves as Program Director.

"It would have been very easy for many of these people to spend their time just sitting around drinking coffee and playing cards," said Mrs. Fern. "But they want to be as productive as they can. They want to keep busy."

PAC has 72 active members, 30 of whom volunteer their services at the MGH at least once a week, contributing nearly 500 hours a week to the hospital. Some of them work as often as five days a week. They range in age from 18 to 84.

Many members can be found either on White 13 stuffing envelopes for several departments or in the Warren Building Lobby transporting flowers to patients. Some also work for the General Store, the Flower Shop, and the Transport Service.

"They love to take on more responsibility," said Mrs. Fern. "A few have gone on to find paying jobs within the hospital or elsewhere."

These outpatient volunteers are referred to the program by such departments as Volunteer, Psychiatry, Gerontology, Medicine, and Surgery. The Social Service Department, under the

continued on page 2

## Inside

**Dr. Buchanan cites changes in health care**
Page 2

**MGH goes to the movies**
Page 2

**Employees to band together**
Page 3

# Institute President sees bright future ahead

Although just beginning his second year as the first President of the MGH Institute of Health Professions, Stephen Collier's thoughts are with the future.

"Up until now," he explained leaning back in his chair, "we have probably been in our childhood, learning a lot while growing. Now, you might say we're in our adolescence moving toward adulthood. We still have growing pains, but we also have a sense of stability and a definite sense of purpose and accomplishment."

While the position of President is only one year old, the Institute itself is nine. But the focus of the school has remained the same—to produce clinicians who become leaders in the health care professions.

"When I arrived here last year," recalled Dr. Collier, "I expected to find high caliber programs taught by committed faculty members. And I wasn't disappointed."

This year, more than 150 students are enrolled in the Institute's four graduate-level programs of study—Nursing, Physical Therapy, Dietetics, and Social Work.

"Through the caliber of our faculty and students, we might even be more well known outside the Boston area than we are here in the city," said Dr. Collier.

The reason, explained the President, is that many faculty members frequently attend regional and national professional meetings and conferences where they have an opportunity to talk about the school with their peers.

"Our faculty members are very visible at those meetings," said Dr. Collier. "They often present papers and have been involved in many research activities."

One of the Institute's units most active in the area of research is the new Neurolinguistics Laboratory, under the direction of Dr. John Locke. Eventually it is hoped that an academic program for students will develop out of this lab.

Just last month, the Graduate Program in Nursing was notified of its initial accreditation by the National League for Nursing. In addition, the Institute's nursing students have scored a 100% success rate on their state boards every year since they have been eligible

**Dr. Stephen Collier**

to take the exam.

"We're here to serve the entire MGH community in the best way we can," noted Dr. Collier. "We are deeply committed to excellence in education in a community that has a long tradition of excellence."

The Institute President pointed out, however, that establishing something new in a place like the MGH can be a double-edged sword.

"It helps as far as being able to build on the MGH's reputation," he said.

continued on page 4

# Nursing program wins accreditation

The MGH Institute of Health Professions Graduate Program in Nursing has received its initial accreditation by the National League of Nursing (NLN).

**Dr. Elizabeth Grady (left), Director of the Institute's Graduate Program in Nursing, and Ruth Sleeper, former Director of the MGH School of Nursing, had a lot to smile about at a reception held to honor the Nursing Program's accreditation.**

Accreditation was approved after the Nursing Program graduated its first class, received full approval by the Board of Registration in Nursing, and after the Institute received accreditation from the New England Association of Schools and Colleges. Only after completing these three requirements could the Institute apply for NLN accreditation.

The MGH program, one of only five in the country that accepts applicants with nonnursing bachelor degrees, accepted its first students in September of 1982. The three-year program prepares patient care specialists in cardiopulmonary, gerontology, oncology, and women's health nursing. Following the second year of study, students are eligible for registered nurse licensure.

## Comments from the General Director

*This is the first in a series of occasional interviews with Dr. J. Robert Buchanan, General Director, to be published in the HOTLINE. These questions and answers will deal with current topics affecting health care, in general, and the MGH, in particular. This conversation pertains to Health Maintenance Organizations (HMOs).*

*HOTLINE: A major characteristic of the changing health care system is the emergence of primary care physicians as "gatekeepers." The physician works for an HMO and other kinds of insurance plans and really controls a patient's access to specialty care. How do you think that's going to affect the way health care consumers behave?*

Dr. Buchanan: There isn't any question that a growing number of these new in surance plans and HMOs impose on the primary care physician the responsibility for controlling what services shall be available to a patient under his or her care. And usually the insurance com pany provides a strong economic incen tive to control the access to expensive services. So it could be said that, more than ever, the primary care physician may be the principal control over the entire provider system since the patient is not going to enter the remainder of the system without the permission of the primary care practitioner.

How effective gatekeeper models are going to be when a patient feels that his or her condition is serious and warrants the best there is, I really don't know. Last evening, a friend called me about his daughter in the western part of this state who was diagnosed as having pneumonia. She's a member of an HMO. I asked about who would be available to her through an HMO, and he said: "I don't care. I want her to have the best care there is, and I'll pay for it." I thought that was an interesting comment, and it was a real-life situation. I have a sense it's going to be a lot more common than most people think.

When somebody's really ill, the family, the loved ones, if not the patient himself wants the best care available. So I do believe that while the primary care provider has an enhanced and a more important role in the system than he's had in the past, I'm not sure there won't be significant numbers of people who bolt out from under the limits imposed by a specific insurance coverage, particularly if they have the money to pay for it.

I think what this also shows is that the patient, the consumer, has a new im portance. Typically, American patients have been compliant, if not passive, and have generally accepted the advice of their physicians.

Consumers today are far better informed about the health care system and have assumed a much more pro-active role in managing the system on their behalf. So it's a very interesting time of sorting out very rapidly occurring changes.

*HOTLINE: Consumers are going to become much more discretionary on the one hand, and on the other hand, with a surplus of physicians and hospitals, they will have more options from which to choose.*

Dr. Buchanan: I agree. In every service industry that's been deregulated, the critical and cardinal requirement has been to reorient the thinking of the ser vice provider, including all of us at the MGH, to the needs of the consumer. Look at banking; look at the airlines; look at the telephone company; the minute you deregulate, you put the consumer in a much more dominant position.

*HOTLINE: Has the MGH contracted with HMOs to provide hospital ser vices?*

Dr. Buchanan: Yes. We have contracts with the Harvard Community Health Plan for certain services, and with MultiGroup, which is merging with the Harvard plan, and with Bay State, to mention a few. Our approach has been to remain pluralistic, not to commit ourselves only to one major HMO. And we have discussions under way at the moment in terms of establishing a major relationship with one of the large in surance carriers in this state to create an Independent Practice Association, a type of HMO, in a joint venture with the in surance company. We expect to be a major participant in it, although we will not be a primary sponsor of our own HMO as far as I can see.

*HOTLINE: If you were advising us employees about signing up for an HMO, what would you tell us to make sure that the HMO offered?*

Dr. Buchanan: I think I'd say be sure you feel comfortable with the physicians you can go to, those physicians who are going to play that gatekeeper role, and if you have a sense that the services the HMO is willing to provide are consis tent with what you conceivably could anticipate needing in the future. The other thing I would say is that you want to be sure that the hospitals the HMO allows you to go to are institutions you respect and feel will provide you and your family, your loved ones, with the quality of care you want. I do not believe that the only consideration most people have in this choice is what it costs. It's easy to think about its cost when you're not ill. But when you are ill, the cost issue diminishes rapidly, and the quality issue increases rapidly. So that I think one has to try to make a choice in the abstract in the sense that you don't know quite how you'll feel when you're sick, but you're reasonably certain that you're going to want to go first-class.

*HOTLINE: And that means that you're going to want to be sure that the HMO covers your care at the MGH.*

Dr. Buchanan: Well, if I were making that selection, that's where I'd want to go, but, of course, I have obvious reasons for bias.

**Members of the Patient Activities Committee often work on special projects.**

## Work

from page 1

direction of Evelyn Bonander, oversees the operation of the PAC.

While some members view the PAC as an opportunity to work, others join just for the companionship the program offers. The group holds outings several times a year with money raised either from delivering flowers for a fee from outside florists or through a grant from the MGH Service League and the Ladies' Visiting Committee.

"They do sometimes quarrel among themselves," related Mrs. Fern. "But they stick up for each other, too. It's just like any family."

Such as the time years ago when one member was beaten and robbed of $200, the group sprung into action to replace the money through a book and plant sale.

"I know that sometimes their contributions to the hospital may go unnoticed," said Mrs. Fern. "However, what they contribute to each other through their friendships is never taken for granted. Many of them often remark that if it wasn't for this program, they wouldn't know what they would be doing with their lives."

## Movie premiere to benefit MGH-SRH

"The Morning After" promises to be a big night for the MGH.

The Boston premiere of "The Morning After," a murder mystery starring Jane Fonda, is the featured attraction at the second annual MGH-SRH movie benefit on December 15, at the USA-Cinema, Charles River Plaza.

At last year's benefit more than $40,000 was raised for the MGH and Spaulding Rehabilitation Hospital. "We don't doubt it will be a sellout this year," said Donna Kausek, chairman of the Friends of the MGH Children's Service and of the Benefit Committee.

## Life-style

The MGH Cardiovascular Health Center (CHC) is now on tape.

The CHC, in conjunction with the MGH-TV Department, has written and produced two videos on the prevention of heart disease. One video, entitled "Towards a Healthy Heart," is targeted at the lay person, while the second video, "Maximizing Good Health: Perspectives on Preventing Heart Disease," is intended to educate the medical community.

The premiere showing of the videos was held on October 29, in the Walcott Room.

The purpose of these tapes is to inform the public that a large proportion of our society is at risk for coronary heart disease and to establish positive goals to prevent the development and progression of this illness.

Reducing risk factors can help prevent atherosclerotic disease. The physician videotape provides a detailed understanding of the cholesterol hypothesis. The value of life-style management and pharmacologic intervention for patients are also presented.

The project was funded through an educational grant from Parke-Davis. Continuing medical education (CME) credits from Harvard Medical School will be granted to physicians who view the medical community videotape. This is the first time in the history of Harvard Medical School that CME accreditation has been granted for a videotape.

If you are interested in viewing or using either tape, please contact Carolyn Crimmins at Ext. 5908.

**Employees proved they "can," and they did by donating more than 40 boxes of canned goods to help needy families during this holiday season. Here Charlie Reese from the Department of Dietetics packs up one of the last boxes.**

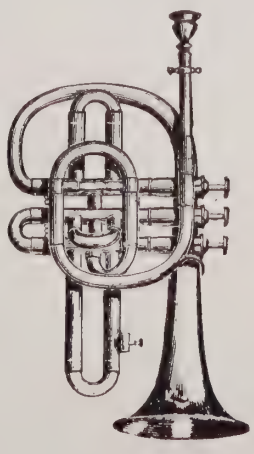
## In General

**Dr. Nicholas T. Zervas,** Chief of Neurosurgery at the MGH, has been elected to the prestigious Higgins Professorship in Neurosurgery at Harvard University. One of the leading neurosurgeons in the country, Dr. Zervas is noted for developing a surgical procedure that benefits patients suffering from a number of diseases related in various ways to hormone production from the pituitary gland. By reaching the pituitary through the nasal passages, this technique avoids the previous necessity of opening the skull. In addition, he has worked on procedures to prevent stroke, especially before and after aneurysm surgery. He is the author or coauthor of 200 publications and holds memberships in a number of leading medical, surgical, and neurological societies. An accomplished amateur musician, Dr. Zervas currently serves as chairman of the Mass. Council on the Arts and Humanities. The Higgins Professorships in Natural and Physical Science were established in 1949 through a gift from Eugene Higgins, who took a modest New York carpet company and made it into a multimillion dollar business. Upon his death, he bequeathed to Harvard and three other Ivy League colleges a $40 million trust fund (most of his estate) to be used for endowed chairs for "education in natural and physical science...to promote the general advancement of science by investigation, research, and experiment [and] to encourage in the broadest and most liberal manner...the application of the knowledge so obtained to the improvement and benefit of mankind." Dr. Zervas thus becomes the second MGH physician to be elected to a Higgins Professorship and the first surgeon at Harvard to hold that chair.

Start the new year off right with a new 1987 MGH calendar. These calendars show pictures of the MGH from its early years to the present. Calendars are $4.75 each, or three for $13.50. They are on sale in the General Store, the Warren Library, the MGH Photo Lab, and selected hospital lobbies at lunch hour while supplies last. Proceeds go to the Employee Capital Fund Drive.

As a result of construction, the Patio Room adjacent to the General Cafeteria will be available in 1987 only between the hours of 6:30 a.m. to 10:00 a.m. and 2:00 p.m. to 7:00 p.m. Please put your requests in writing and mail to Ms. Marlene Tomeo, Department of Dietetics, Gray Basement. Be sure to include your name, department, time needed, dates, number of people, and telephone extension. We will honor requests on a first come, first served basis.

Can you play a musical instrument? If the answer is yes, the MGH is looking for you to play in the hospital's Christmas Band.
The band will be performing in the Wang ACC Lobby on December 22, at noon; December 23, at 1:00 p.m.; and December 24, at noon.
If you would like to participate, please contact Maeve Blackman at Ext. 6953.



# Doctors make contributions to Treadwell Library

Dr. Fitzpatrick does it. So does Dr. Stoeckle. And Drs. Fishman and Firestone, too.

What these MGH staff members and others regularly do is donate books to the Treadwell Library. In so doing, the physicians make a significant contribution to the resources available to the nearly 2,000 people who use the library each week.

Dr. Thomas B. Fitzpatrick, Chief of Dermatology, for example, has given the library all seven volumes of his authoritative dermatology texts.

"I often receive about 10 extra copies of each volume from the publisher," explained Dr. Fitzpatrick. "Therefore, I can indeed donate a book to the library, where it can be available to help others. I really believe other physicians who regularly author or coauthor books should do the same."

Dr. John D. Stoeckle, Director of the Primary Care Training Program at the MGH, donates more than 100 books to the library every year, many of them given to him in his capacity as a book review editor for a medical journal.

"I think it's important to give books to the places where they can do the most good," said Dr. Stoeckle, who very often can be seen during the course of the year lugging to the library huge bags bulging with books. "And at Treadwell, they can definitely do the most good for the most people."

Of the nearly 25,000 books and 40,000 journal volumes contained in the library, less than one percent is the result of donations made by the staff.

"We are so grateful for every current, authoritative book contributed," said Jackie Bastille, Director of the Health Sciences Library. "And with library expansion plans under way, there will be even more room available to give any donated book a good home with us."

**Jackie Bastille of Treadwell Library doesn't mind having her hands full if it means getting more books from Dr. Thomas Fitzpatrick.**

## Recent retirements

We extend best wishes to the following employees who have recently retired:
**F. Kenneth Pilsecker,** Dietetics, 35 years
**Harry F. Harding,** Emergency Ward, 27 years
**Violet Pashalian,** Radiology, 26 years
**Unto F. Sevon,** Dietetics, 25 years
**John M. Stubbert,** Admitting, 25 years
**Carol N. Martens,** Research Administration, 24 years
**Lily Bucis,** Neuro. Research, 23 years
**Florence E. Fitzmaurice,** Ambulatory Care Business Office, 21 years
**Carmen A. Russo,** Dietetics, 20 years
**John H. Wechsler,** Cardiac Biochemistry, 20 years
**Marjorie C. Phillips,** Environmental Services, 19 years
**Margaret T. Quinn,** Dietetics, 18 years
**Matthias Williams,** Environmental Services, 16 years
**Emilene E. Sealy,** Dietetics, 14 years
**Charles DeGrande,** Environmental Services, 13 years
**Mammie I. Hall,** Dietetics, 12 years
**Felix Belfast,** Dietetics, 10 years
**Patrick A. Schettini,** Maintenance, 10 years
**David R. Bortman,** Pharmacy, 9 years
**Constance S. Dugan,** Neurosurgery, 5 years

Say good-bye to those balmy days of fall as winter is upon us.

And what would the first significant snowfall of the season be without a snowball or two?

## Institute

from page 1

"But it hurts when it comes to establishing our own visibility and identification. We must create our own opportunities. And we're in an environment that encourages that."

Nevertheless, given the financial environment of the 1980s with respect to health care, Dr. Collier acknowledges that creating these opportunities is fast becoming more and more of a challenge.

"Health care is going through a period of change, and the Institute is changing, as well," he said. "We recognize that it is more expensive to go to school. That's why financial aid and scholarships are given to about half our students."

As the MGH Institute of Health Professions approaches adulthood, Dr. Collier sees the school continuing to grow and mature.

"I would expect that in future years, the Institute will make increasingly meaningful contributions to the MGH and to the health care professions. The quality of our faculty in terms of teaching and research will demonstrate our strengths and capabilities. And I expect the Institute will become synonymous with what the MGH has typified over the years."

## Health centers get boost from state

Through the efforts of House Ways and Means Committee Chairman Richard A. Voke (D-Chelsea), the MGH and its health centers will be receiving much needed state aid.

This year's Massachusetts budget contains $200,000 for centers, such as the MGH, involved in research into Alzheimer's disease. In addition, another $70,000 was appropriated specifically to the MGH for the hospital's continuing work in primary care and community outreach at the neighborhood health centers.

Because the Revere Health Associates already received $28,000 of this money, the remaining $42,000 will be divided between the centers in Chelsea and Charlestown.

"This state revenue is very important, especially in light of continuing federal cutbacks in funding for health centers nationwide," remarked Vincent Cucchiara, Vice President for Program Facilities Development at the MGH.

"We are so grateful to Representative Voke and his committee for their continued support of the MGH and for the patients we serve," said Dr. Roger H. Sweet, Director of the Health Centers.

Many from the MGH attempt to "go for the gold" at a recent gold jewelry sale held in the General Store.

## MGH staff reaches a cute proportions

The MGH, as we all know, is the place to come when you're sick. But did you know it's also the place to come to see attractive physicians?

A recent survey by COSMOPOLITAN magazine has concluded that among Boston hospitals, the MGH is the one "with the cutest doctors."

No, the magazine did not name any names or indicate what criteria was used in reaching that conclusion.

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MGH HOTLINE UPDATE

# Navy Yard Recruits MGH Research

The MGH is negotiating to lease a large research area in the former Charlestown Navy Yard, providing the hospital with a substantial increase in research space.

Under terms of the proposal, which was made public just last week before the Boston Redevelopment Authority (BRA), the MGH would lease space at the Navy Yard in building 149, situated near the first exit ramp leading to the Mystic Tobin Bridge and overlooking the harbor. Each floor leased would offer an estimated 55,000 square feet of space. A parking garage is adjacent to the building, which was built in the 1920s and formerly used as a warehouse for engine parts.

Dr. J. Robert Buchanan, MGH General Director, said that negotiations to lease the space have not as yet been completed "but we have every expectation that we will satisfactorily reach such an agreement."

"It is too early to describe the research projects that will be moved to Charlestown," said Dr. Buchanan. "We are in the process of reviewing that now."

Dr. Buchanan added that research into cancer and heart disease are the MGH's two biggest areas of investigation and that research in those areas, among others, will benefit directly by acquiring space in Charlestown or indirectly by moving into areas of the MGH campus made available when other studies move.

He added that for years the hospital has been searching for off-campus research sites. "We hope and believe that, in Charlestown, we have found such a location," he said. "We are eager to go forward as long as we can successfully conclude negotiations for a long-term lease.

Ipswich developer Neil St. John Raymond is acquiring a major share of the Navy Yard and is negotiating with the MGH for the expansion in Charlestown.

The MGH is believed to have the most research funding of any general hospital in the country. Success in the laboratories has led to success in competing for new funding.

"The growth of our research program over the last few years has been extraordinary," said Dr. Buchanan. "In fiscal year 1986, $71,500,000 in research funding was given to the MGH, an increase of 78 percent in a five-year period."

Almost all of these funds came from outside Massachusetts, thus pumping money and jobs into the state's economy.

Sixty to sixty-five percent of the MGH's research money comes from the federal government. Industry, foundations, and miscellaneous other sources account for most of the remainder.

None of the money given to the hospital for research can be used for any other purpose.

"And we also attract outstanding physicians to the MGH because of the

*(continued on page 2)*

opportunity to be on the forefront of new advances in patient care," said Dr. Buchanan. "So much research is being carried on at the General that we have no further space for the imaginative new studies that our investigators want to undertake. And we don't have sufficient space available on our 13 1/2 acre campus to adequately expand our research program."

Presently, the hospital occupies a total of 1.3 million net square feet of space, of which 276,383 feet is devoted to research.

Each year achievements in research grow more numerous. During the past year alone, research studies at the MGH led to advances in many areas. Some examples:

--A new diagnostic test administered hours after a heart attack is helping MGH cardiologists determine precisely how much of the heart muscle is still alive and likely to recover.

--A test developed at the MGH and being given here helps to predict whether a person at risk for Huntington's disease is likely to be afflicted later in life or escape the inherited, fatal disorder.

--MGH endocrinologists may have narrowed a search for a way to halt osteoporosis, a bone-thinning disorder which affects as many as 20 million Americans.

--Two investigators in the MGH Cancer Center have received a major grant from the National Cancer Institute to test the effectiveness of a technique developed at the hospital to fight lung tumors.

--Genetic engineering techniques have enabled researchers at the MGH and at Biogen, Inc., to provide an anti-tumor human protein, which will be tried against several types of cancer in the female reproductive tract.

--MGH urologists and laser experts have developed a treatment which uses a laser to break up kidney stones caught in a ureter. This procedure has the potential for use in treating up to 100,000 people a year.

--A radio telemetric device imbedded in an MGH patient's hip prosthesis is providing orthopedic surgeons and MIT engineers with invaluable additional knowledge about the functioning of joints. These data already have led to improvements in techniques for artifical hip implant surgery.

View of the proposed MGH research site in Charlestown. Building 149 can be seen next to the arrow.

MGH HOTLINE

18 December 1986

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# MGH's dearest mummy comes home

The woman slowly made her way down Blossom Street past the entrance to the Gray Building. All the while, she kept a watchful eye on the crowd of still photographers, TV cameramen, and curious onlookers gathering in the late morning autumn chill.

''Who's the celebrity?'' she finally asked to no one in particular.

''He's wrapped up in the back of that station wagon,'' replied one person in the crowd.

Incredulous, the woman stared into the window of the nearby parked car.

''He looks like he belongs in the hospital,'' she mumbled walking away.

Indeed, Padihershef is now home where he belongs...in the Ether Dome of the MGH.

While most people come to the MGH to be made well, Padi, as he is affectionately called, had to leave the hospital for his treatment.

He spent the last two and a half years as the main attraction at the George Walter Vincent Smith Art Museum in Springfield. There, besides being on special exhibit, the 2,500-year-old Egyptian mummy received a much needed face lift.

The last few decades had seen Padi fall into a state of disrepair. His linens needed rewrapping, his beads restringing, and his head, which for some reason had been dislodged, needed affixing. In addition, his colorful coffin needed to be cleaned and fumigated. He clearly needed the works. And that's exactly what he got.

''The mummy should easily last another 2,500 years,'' remarked Emil Schnorr, the Smith Museum's Chief Conservator, who painstakingly performed the six-month restoration.

For example, Mr. Schnorr used 900 cotton swabs a day moistened with his saliva to remove centuries of dirt from the surfaces of the coffins. A cleaning solvent would have made the swab too wet and might have harmed the fragile colors painted on the coffin.

continued on page 4

**For Padihershef, it's home sweet home once again.**

# Honor to patient makes grandpa proud

*A little girl cannot walk*
*Always has a smile on her face*
*With all the pains and suffering, too,*
*She holds her head up high.*
*With the sun shining so bright*
*Her face beams in the light.*
*Oh, God, please help her to walk*
*In every way*
*Show her the way.*

*Grandpa looks at her in every way*
*To see what she's going to say.*
*He looks at her with staring eyes,*
*She always has a smile.*

The ''Grandpa'' is Amando Pagluica, a member of Environmental Services. He wrote this poem in 1982 about his granddaughter, Amanda, then two, who was born with spina bifida, a congenital defect of the vertebrae.

Five years later, Amanda has made remarkable progress in her ability to

continued on page 4

**Alfonso Welch's stay at the MGH was surely made more "bearable" by the recent visit of Teddy Ruxpin to the floors of the Burnham Building. (Photo by Ted Fitzgerald, Boston Herald)**

# For Mr. Fix-It, this season is no holiday

No, Frank Contrado should not be mistaken for Santa Claus. However, the holiday season at the MGH would not be quite the same without both of them.

For the past eight years, Mr. Contrado, also known as ''Mr. Fix-It,'' has been the person responsible for putting up wreaths and Christmas trees around the hospital. Members of the Ladies' Visiting Committee provide the decorative expertise and, this year, Jim Driscoll and Rick Marino of the Electric Shop strung the lights.

For most of the year, ''Mr. Fix-It'' can be seen fixing things that don't work and hanging bulletin boards and pictures. But come the first week of December, the Maintenance Department employee uses his ladder for other purposes.

Some of us might find positioning a 12-foot Christmas tree on top of the entrance to the White Building on a cold, rainy day with the wind whistling about to be a less than ideal way to get into the holiday spirit. But not Mr. Contrado.

''I like it,'' he said. ''It's not that different from doing it at home, except there are more things to put up and more places to cover.''

Come January, of course, it's time for Mr. Contrado to take everything down once again. Somehow, he says, it's not as much fun as his job in December.

**With the assistance of Paul Forde from the Carpenter Shop, Frank Contrado (left) makes sure this wreath will stay put until he's ready to take it down next month.**

## Inside

**Take a new course in your life**
page 2

**When it comes to helping, they speak the same language**
page 2

**Thanks to the United Way, they're winners**
page 3

**Along with many others who watched her on "Talent Showcase," Lynne Dewey obviously likes what she saw.**

# Secretary's talent is music to the ears

Last year, Lynne Dewey made an important decision in her life. She committed herself to developing what, up to that point, had been a hidden talent.

This past November 23, that talent came out of hiding in full view of thousands of people watching on television.

Ms. Dewey, a secretary in the Baker Social Service office, made her TV singing debut, appearing as a contestant on "Dave Manyard's Talent Showcase" (formerly "Community Auditions.") The song she selected was *"As Time Goes By."*

For the 26-year-old native of Malden, many years had certainly elapsed from the time she sang her first song in the bathtub when she was 5 to her first performance in front of the camera last month.

"Growing up, I always sang around the house," related Ms. Dewey, who has worked at the MGH for three years, the last two years in Social Service. "I would also sing very informally for friends and sometimes at weddings, but I never took it seriously until last year."

That's when she heard Steve Lawrence and Eydie Gormé perform in Cohasset.

"They seemed like well-adjusted, normal people," she said. "And I guess it was then when I realized that you don't have to be bizarre to be a professional singer and entertain people. I also decided that my desire to perform outweighed any fear I had of singing on TV or in front of a large audience."

Last fall, Ms. Dewey hired a local voice instructor to work with her on such things as voice control and breathing and to develop what raw talent she had.

During the past year she practiced long hours. Her hard work was occasionally rewarded by singing at a restaurant near her home. She didn't get paid, but she did receive valuable experience.

This past September, Lynne Dewey decided it was high time for the big time...or any time.

Eager to test her talent, the Social Service secretary tried to get an audition to be on the nationally syndicated program "Star Search." She was told, however, that the show had no openings available for new talent from the Boston area.

Although her first attempt at breaking into show business didn't hit a high note, her next attempt produced a far different tune.

"I called 'Dave Maynard's Talent Showcase' program to see if I could be a contestant," Ms. Dewey explained. "It wasn't until six weeks later that they invited me to come in for an audition. About a week after that, they called to say I would be on the show."

Eight days later, the MGH secretary was under the lights, in front of the cameras, on top of the world.

"I always thought the program was geared more to children in tap shoes than for people in their twenties," admitted Ms. Dewey, "but I watched the show a few times and thought it would be a good experience for me. I was nervous, but I tried not to show it. I was really excited."

The day of Ms. Dewey's appearance featured performances by four other singers, all in their twenties or early thirties. However, the MGH employee didn't mind the competition. "We were all just glad to be on," she remarked.

Although she didn't win the competition, Lynne Dewey says she isn't discouraged. Her new career, she believes, has only just begun.

"Singing is something I definitely want to pursue," said Ms. Dewey. "If I have any regret, it's that I waited so long before doing something about it."

# Their contributions speak for themselves

Although this is a story about words, some figures paint at least part of the picture.

In the past year, the Volunteer Department handled 1,781 calls for interpreters who translated in 26 different languages.

Most of these languages are common to many of us—French, Spanish, Italian, and Portuguese. But others probably aren't, such as Flemish, Yugoslavian, Latvian, and Swahili.

While the Interpreter Program can easily be described in terms of numbers, the most important aspect is undoubtedly the people who unselfishly devote their time and energy to helping others in the vital process of communication.

Recognizing this, the Volunteer Department honored several employee and volunteer interpreters at a recent luncheon in the Walcott Room.

Although the words expressed at the gathering sounded very different—*Gracias, Evkharisto, Spasibo, Obrigado, Danke*—the message conveyed was definitely the same.

"The key word," explained Pat Rowell, Director of the Volunteer Department, "was 'thank-you.' And I think our appreciation to these special men and women can be understood in almost any language."

**When communication is a problem, these are some of the employees who serve the vital role of interpreter.**

## Life-style

Start 1987 off right with some New Year's resolutions that will last a lifetime.

The Office of Training and Development is offering some programs to help you do it:

*Fresh Start* is a program to help you stop smoking and will be held in four sessions of an hour and a half each on January 5, 12, 20, and 26. These sessions will be from 4:30 to 6:00 p.m. in the classroom on Bulfinch 2.

*Back Care Management* is a four-session program to help you keep that aching back from getting you down. This program will help you at work and at home and is designed for anyone who has ever experienced that ache at the end of the day. The program is on Tuesdays, January 6, 13, 20, and 27, from noon to 1:00 p.m. in the Bulfinch 2 classroom.

*Parenting Can be Frighteningly Wonderful* is comprised of eight one-hour sessions to explore the wonder of parenting and children. Discussions focus on pregnancy, childbirth, relationship changes, and normal growth and development. Time is also spent in exploration of the separation and needs of the working parent.

*Stress.* We all need it. We all have it. But what we sometimes don't know is how to make the most of it. Two programs are offered that explore this concept. Care for the Caregiver is a three-hour program that discusses burnout and relaxation mechanisms. It will be held on January 12, from 8:30-11:30 a.m. Energy for all reasons is a two-hour program that looks at our ability to make the most of stress and to save our energy to have some in reserve. This program is offered on January 26, from 1:00-3:00 p.m. Both are in the Bulfinch 2 classroom.

Because space is limited, advanced registration is required. Book now and give yourself an early Christmas gift with a wonderful New Year's resolution. For more information, come by Training and Development on Bulfinch 2, or call Ext.2230.

The MGH Institute of Health Professions is offering a number of graduate courses for special students beginning January 5. Late afternoon and evening courses include:

*Cardiopulmonary Rehabilitation*

*Clinical Care of the Aged Person*

*Clinical Research*

*Neurological Disorders*

*Living with Death, Living with Grief*

*Management and Organization of Food Service Systems*

*Evaluation and Treatment of Sports Injuries*

For more information on these and other courses, contact Deneya Jackson in the Admissions Office at Ext. 3140.

# Employees who work with numbers recognized as people who count

Patient Accounting Day was observed recently at the MGH with Dr. J. Robert Buchanan, General Director, visiting employees in the Ambulatory Care Business and Registration Offices (Wang ACC Lobby) and in the Patient Accounts Department (Staniford Street).

The Business and Registration Offices provide the registration, billing, and account management of the hospital's outpatient population, numbering about 225,000 patients a year.

**On his visit to Outpatient Accounts on Staniford Street, Dr. Buchanan had a chance to meet with many employees, including Deborah Wayne. Looking on is the department's new Associate Director Charlene Mills.**

**Richard Michaud of Staniford 5 (seated) sharing a joke with Richard R. Crater, Director of Fiscal Affairs; Dr. Buchanan; and David T. O'Brien, Director of Inpatient Accounts.**

These offices also processed revenues of about $53.5 million in cash receipts in fiscal year 1986.

The Patient Accounts Department is responsible for all inpatient and surgical day care accounting functions. These include revenue control, patient billing, accounts receivable and collections, and statistical reporting.

During the past fiscal year, the Inpatient Accounts Department processed $232 million in payments.

It was the first time that Patient Accounting Day was celebrated at the MGH. The state-proclaimed observance is designed to bring recognition to the men and women who handle patient accounts, including the 137 employees who work in the MGH departments.

## In General

Polish your jump shots and lay-ups because it's recruiting time again for the Women's Basketball League, sponsored by the Boston Parks and Recreation Department.

The MGH team is looking for players for all positions. Games are played once a week in either Dorchester or Jamaica Plain.

If you are interested, please contact Nancy Schaeffer, at Ext. 8556.

Don't forget, the MGH Christmas Band will be leading the caroling in the Wang ACC Lobby on December 22, from noon to 1 p.m.; December 23, from 1:00 to 2:00 p.m.; and December 24, from noon to 1:00 p.m. Your musical talents are needed in the band, and your voice is most welcome in the singing.

The patient with genital herpes often feels depressed and isolated. To respond to the needs of this population, the GID Unit and the Social Service Department are offering a support group.

The group, led by Kathy Hamilton, ANP, MSN, and Elsa Ramin, LICSW, will meet for eight sessions on Tuesday evenings. The fee is covered by insurance.

If you have any questions or would like to schedule a screening interview, please call Elsa Ramin at Ext. 2623.

Congratulations to the following employees who were winners of a special prize drawing in connection with the MGH United Way campaign:

**Katherine Button,** Treadwell Library, two tickets to a Celtics game

**Bertha M. Thomas,** Linen Control/ Sewing Room, two tickets to a Bruins game

**Donna M. Dmuchowski,** Rehabilitation Medicine, two tickets to the Boston Symphony Orchestra's performance of the Christmas Pops

**Evelyn D. Wilson,** Research Administration, a family membership for one year to the Museum of Fine Arts

**Frances B. Clark,** Journal of Investigative Dermatology, a family membership for one year to the Museum of Science

**Peter W. Raynes,** Commuter and Parking Services, a $25.00 gift certificate at the General Store

**Donna L. Nicolora,** Ladies' Visiting Committee, a $25.00 gift certificate at the Flower Shop

**Dr. David D. Stark** of the Department of Radiology has received a Junior Faculty Research Award from the American Cancer Society.

The MGH was one of four Boston teaching hospitals honored recently for its involvement with the state's Employment and Training Choices (ET) program for welfare recipients.

Governor Michael Dukakis presented special awards to the four hospitals, which collectively have hired more than 60 ET graduates for positions as operating room technicians, medical secretaries, and general secretaries.

Since the ET program began in October of 1983, more than 30,000 welfare recipients and applicants have entered full- or part-time jobs throughout the Commonwealth.

In addition to the MGH, the other hospitals honored were Beth Israel, Brigham and Women's, and New England Medical Center.

**Helen R. Gray,** former President of the Ladies' Visiting Committee and wife of the late Francis C. Gray, a long-time MGH trustee, has died at the age of 94.

**It was a lot more than baking dough that was being exchanged at last month's bake sale to benefit the Warren Library. Nearly $1,300 was raised in just a few hours.**

## Mummy

from page 1

The Springfield exhibition was a homecoming of sorts for Padi. It marked the first time in nearly 100 years that the entire burial ensemble was reunited. The outer coffin became separated from the inner coffin and the mummy around the turn of the century and eventually made its way to the Smith Art Museum in 1932.

Through the exhaustive efforts of Charles Hayward, a professor of art history at Bay Path Junior College in Longmeadow, and his wife Irene, a graduate of the MGH School of Nursing, it was determined that the outer coffin at the Smith Museum was indeed part of the MGH mummy's burial ensemble. The Haywards were the driving force behind the Springfield exhibit, which broke all attendance records with more than 21,000 people coming to view Padi during one month alone.

The mummy and his two coffins are believed to be the first complete burial ensemble sent to the United States from Egypt. An 1823 gift to the MGH from Dutch merchant Jacob Van Lennep, Padihershef, a stone cutter from Thebes, spent most of the last 160 years in the Ether Dome, watching the events of history unfold, including the first public demonstration of anesthesia in 1846.

The 6th century B.C. mummy made the two-hour ride from Springfield encased in a 21st century bubble intended to transport nuclear accident victims.

With the news media following closely, behind, Padi was carefully moved through the Gray Building Lobby, into the Bulfinch Building, and by elevator to the Ether Dome.

For the news media, Padi's return was also a little unusual. After all, how often is it that the person they come to cover is seen but not heard and also can be counted on not to react to the coverage?

**What was once "Temporary 1" is now permanently gone.**

**Secure in his bubble, "Padi" begins the short trip to his Ether Dome home.**

**A 2,500-year-old mummy being wheeled down the Bulfinch corridor has a way of attracting attention.**

**Emil Schnorr (standing right), Chief Conservator of the Smith Museum in Springfield, makes sure that "Padi" is properly secured in his case.**

## Grandpa

from page 1

walk with the assistance of crutches. And despite her handicap and several major operations at the MGH, the brown-eyed, seven-year-old never did lose her smile.

Which is one of the reasons Amanda Cicero was just named the "1987 Easter Seal Child for Massachusetts."

But this honor came as no real surprise to the grandfather.

"I always knew she was special," said Mr. Pagluica with a gleam in his eye. "She's worked very hard to overcome her handicap. I've always been very proud of her."

A second-grader at the Eliot School on Charter Street in the nearby North End, Amanda said that although she is the only handicapped student at the school, she doesn't believe anyone treats her any differently from the others.

"I like the other kids in my class," she remarked. "We play together. We have fun."

The coming year should also be a lot of fun for the seven-year-old. She will be making public appearances around the state and will participate in the annual Easter Seal telethon in March.

"We chose Amanda because she is a perfect example of the independent and determined people Easter Seal serves every day," explained Society Chairman James McLaughlin.

Amanda undergoes extensive therapy as part of an Easter Seal contract with the Boston Public School System. And at home, her mother Lorraine continues Amanda's therapy.

However, Mr. Pagluica also gives a great deal of credit to Amanda's physicians at the MGH, including Drs. Michael G. Ehrlich, Paul H. Chapman, and Samuel H. Kim.

"They've all been great," said Mr. Pagluica, who has been employed at the hospital for the past 11 years. "They've always been there when we needed them and have gone out of their way for us."

Amanda still comes to the MGH for periodic examinations and, of course, to see a certain someone in Environmental Services.

"He does lots of things for me like take me to school and stuff," related Amanda about her grandfather.

"Did you know he even wrote a poem about you?" she was asked.

"Ya," responded the seven-year-old, "but I like him anyway."

**Amanda Cicero gives her grandfather Amando Pagluica some tips on how to clean up.**

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